THE Sun

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Maya ex Ruben's playing at home!

DIAS & THE MODEL: SEE PAGE 3

FULHAM..2 CHELSEA..3

BLUES BLOW HOT & COLE

SEE SUNSPORT

AS 12 HELD OVER SMASH..

WAR ON DEADLY JOYRIDE VIDS

Killed . . . PC Tom Clough

Killed . . . PC Matt Blades

By PAUL SIMS

PM Andy Burnham yesterday declared war on joyride videos.

He slammed the "truly reprehensible" TikTok trend after we uncovered scores of clips showing youths goading police into chases.

It came as 12 people, aged 19 to 61, were held over the wrong-way crash that killed two cops and five others in Middlesbrough.

Full Story — Pages 4 and 5

PM TikTok vow after crash kills 7

PM 'BOLDER' ON EU LINKS

BURNHAM 'BREXIT BETRAYAL' ALARM

Talks . . Burnham and Costa

ANDY Burnham sparked fears of a Brexit betrayal yesterday as he promised to be bolder in bringing Britain closer to the EU.

He told European Council president Antonio Costa that the UK must seek "greater co-operation" with Brussels across all areas as the pair both visited Kyiv.

The PM ruled out rejoining but previously said he wanted to see Britain back inside the EU in his lifetime.

By TOM SCOTSON

His comments come ahead of a delayed UK-EU summit set to take place later this year, aimed at delivering a switch in approach.

Downing Street said: "Turning to the UK's relationship with the European Union, the two leaders underlined the importance of being ambitious to drive a step change in relations.

"The UK had to be bolder in terms of getting closer to the bloc, the Prime Minister said." Tory shadow foreign secretary Priti Patel accused Mr Burnham of wanting to reopen old wounds by fighting the battles of the Brexit years all over again.

Ms Patel said: "Labour should be focused on reversing the terrible damage done by Keir Starmer and Rachel Reeves. Their tax rises and red tape have hammered business, destroyed jobs and driven bills up for hard-working families.

"Instead of trying to take our country back to 2016, he should lay out a coherent, costed plan to take Britain forwards"

The PM blasted Brexit as "damaging" in his by-election campaign in June but warned against re-running the old arguments.

Reform UK said: "The British people voted to leave, not slowly hand back powers to Brussels bureaucrats."

Mr Burnham visited war-torn Ukraine after Britain agreed to hand Kyiv blueprints to long-range missiles.

Russia: UK Is Target Pages 8-9

Warning . . . Anderson

Squalor tenants face axe

By TOM SCOTSON

COUNCIL tenants could be given the boot if they live in squalor and fail to maintain gardens, Reform UK has warned.

Party chairman Lee Anderson said hard-up Brits do not want to see "the house next door with 4ft of weeds, bins unemptied for weeks, and a waft of weed".

He warned councils' failure to screen tenants properly was creating mayhem and disturbances on new estates.

Reform is pledging a major shake-up, including building more than 50,000 council homes a year. Young married couples who work and have children would be moved to the front of the queue, along with veterans.

Foreign nationals would be evicted from social housing after a short time.

Oil exec: UK gone Caracas

By MARTINA BET

THE boss of one of Britain's oldest energy firms has branded the UK "uninvestable" and vowed never to put money into the country again.

Hunting chief Jim Johnson blamed "crazy" politics, soaring taxes and constant policy changes.

His 152-year-old company has already closed four of its five UK sites and cut dozens of jobs.

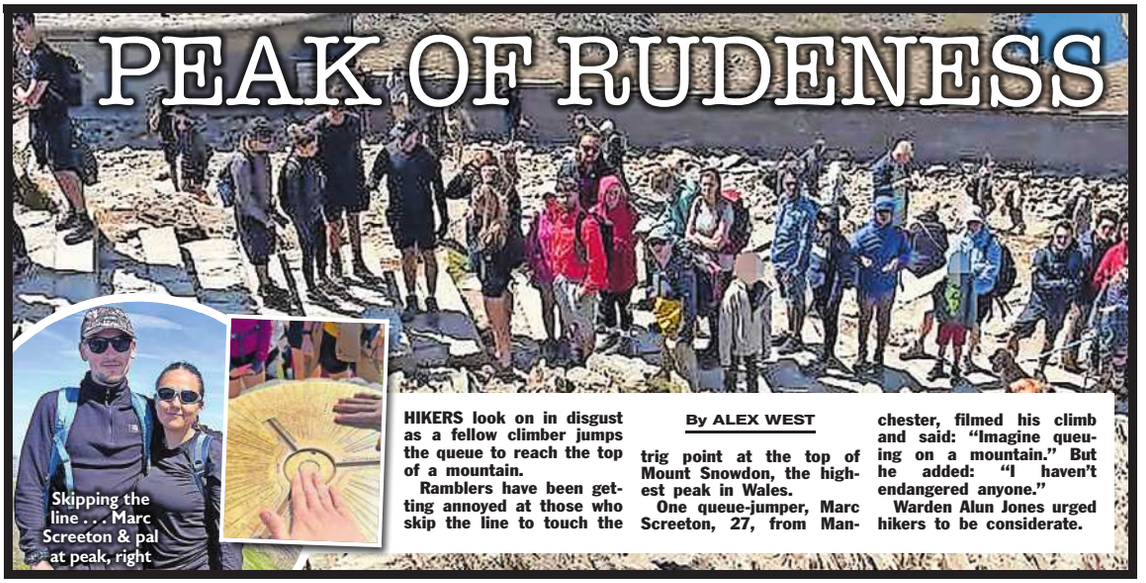
He said: "Everything your politicians have done has shown me that we cannot trust them.

"The UK's become less investable than Venezuela."

His blast follows a 78 per cent windfall tax on the oil and gas industry.

The Sun Says — Page Ten

PEAK OF RUDENESS



Skipping the line . . . Marc Screeton & pal at peak, right

HIKERS look on in disgust as a fellow climber jumps the queue to reach the top of a mountain.

Ramblers have been getting annoyed at those who skip the line to touch the trig point at the top of Mount Snowdon, the highest peak in Wales.

By ALEX WEST

One queue-jumper, Marc Screeton, 27, from Manchester, filmed his climb and said: "Imagine queuing on a mountain." But he added: "I haven't endangered anyone."

Warden Alun Jones urged hikers to be considerate.

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ipso. Regulated

Yeast jab fights flu

A UNIVERSAL flu vaccine derived from yeast could replace annual jabs, scientists believe.

American researchers found that engineered bakers' yeast produces particles that protect mice against multiple strains of the virus.

Current jabs require the design of a new vaccine – and another jab – every year.

Professor Fei Wen, who led the Michigan University study, said: "It sounds like science fiction but we're very excited by its potential."

LAB'S ECO ROW

LABOUR MPs turned on each other over Net Zero yesterday as a backbencher warned that green taxes were killing British jobs.

Henry Tufnell, for Mid and South Pembrokeshire, said it was unwise to import oil and gas from environmentally-unfriendly countries.

He urged: "We need to have renewable energy, but it can't come at the cost of people who live and work at this part of the world."

But party colleague Mike Reader said reversing the UK's eco commitments would be "nonsense".

Britain is meant to get all its electricity from renewable or nuclear power by 2030.

PM: TAX RISES NOT DEFINITE

ANDY Burnham has said Brits do not "necessarily" have to accept higher taxes to fund his plans.

The PM told ITV: "I won't take risks with people's jobs, livelihoods or their family finances."

He insisted ditching pricey projects, such as digital ID, can help.

CALL TO CUT N.I.

THE PM must reverse Rachel Reeves' jobs tax raid to get Britain's youth into work, say business chiefs.

The CBI warned that staff costs are now seen as the single biggest threat to firms, as bosses focus on staying afloat rather than recruiting.

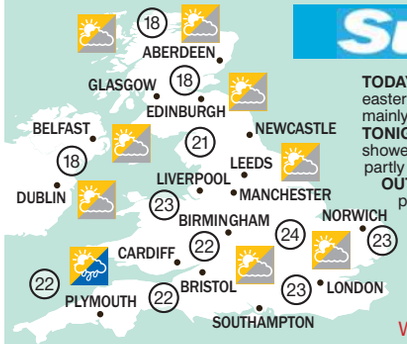
The lobby said cutting National Insurance would have a bigger impact than giving firms tax relief for employing youngsters.

CBI chief executive Rain Newton-Smith said fixing the jobs crisis was a "social and moral imperative".

More than a million young people remain out of work, education, or training.

The Sun Says — Page Ten

Sun WEATHER



TODAY: Cloudy in northern England, sunny intervals in eastern regions. Rain showers in south-west England, mainly dry elsewhere with easterly winds.

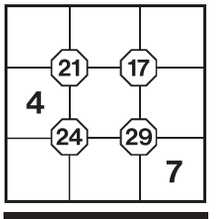
TONIGHT: Cloudy across most of England with rain showers in the south-west. Eastern regions remain partly cloudy with light easterly winds.

OUTLOOK: On Wednesday, cloudy in most parts with warm temperatures. By Thursday, thunderstorms hit western England while eastern areas stay mostly dry.

WED 26°	THU 25°	FRI 23°	SAT 23°

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGES 38 – 39

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TODAY'S BIRTHDAYS

ACTORS **BLAKE LIVELY, 39**, *left*, and **ALEXANDER SKARSGARD, 50**, F1 driver **KIMI ANTONELLI, 20**, *right*, film director **TIM BURTON, 68**, country singer **BILLY RAY CYRUS, 65**, and Middlesbrough defender **LUKE AYLING, 35.**

●**Monday's Health Lottery numbers: 6, 8, 10, 28, 45. Bonus ball: 19.**

MODEL'S PICS IN DIAS' HOUSE

Model . . Vally, left, and in selfie

Home match . . . Maya and, inset, the £4million Omaze pad she shared with Dias until April

Maya's ex gets pally with Vally

CITY ACE MOVES ON FROM MAYA WITH VALENTINA

FOOTIE star Ruben Dias's new romance with a model has been rumbled after she posted videos from his bed.

The Manchester City defender invited Valentina Best, known as Vally, to the mansion he shared with his TV star ex Maya Jama until April.

Fans recognised the bedroom decor from Maya's previous shots and the road outside the modern £4million home from a Vally selfie.

The four-bed pad's kitchen and gym also featured – matching snaps in the home's listing when it was a prize in an Omaze charity draw.

Ruben, 29, and Love Island host Maya, 32, bought the home from the winner just before last Christmas, but broke up in April.

The final clue for online sleuths was seeing a snap showing the nearby Costa Coffee shop in Alderley Edge, Cheshire.

Dias was first linked to German Vally, 28, in 2024. She has 170,000 followers online and shares snaps as she travels the world.

The Sun revealed Dias and Maya's split after sources said the couple had "reached a crossroads" ahead of a hectic summer.

Portugal star Ruben was playing in the World Cup while Maya was facing a busy filming schedule.

Last month Dias told magazine Esquire Portugal that he still hoped to find a serious relationship "just like anyone else".

EXCLUSIVE by FELICITY CROSS

felicity.cross@thesun.co.uk

Player . . . City ace Dias

"Social media has so many positives. But it's brought a mental health epidemic and now this awful, awful driving tragedy. In America, a reckoning is coming..."

CLEMMIE Moodie

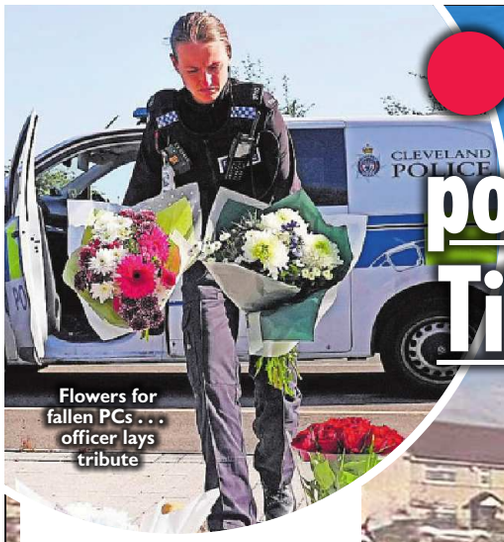
PAGE 15

CRAZE LINKED TO GANG IN

Fury over police chase TikTok vids

Joyrider's pals in balloon & flare tribute

DYING FOR LIKES



Flowers for fallen PCs . . . officer lays tribute

MICHAEL CAHILL, 23

Bike youths' vigil . . . masked kids let off flares last night. Right, five dead pals

By **PAUL SIMS,** Special Correspondent **and MARTINA BET**

SOCIAL media giants were yesterday ordered to remove "truly reprehensible" videos which glorify high-speed police chases.

Prime Minister Andy Burnham condemned those sharing the footage, with No10 calling it "utterly disgraceful".

Last night masked pals of five joyriders killed in a wrong-way crash on the A66 in Middlesbrough set off flares and balloons and revved motorbikes in their memory.

Michael Cahill, 23, Theo Rae, 17, Jakub Matusiak, 23, Makai Saddington, 18, and 17-year-old Cole Worthy died in their VW Passat. All except Cahill had previous convictions.

Saddington was awaiting trial over an alleged assault of a cop.

PC Matthew Blades, 37, and PC Tom Clough, 38, also died in Saturday's crash when the Passat hit their marked police car.

Mr Burnham hit out on a visit to Ukraine, saying: "People who share footage glorifying dangerous driving are doing something that's truly reprehensible."

A No10 spokeswoman added: "The glorification of dangerous driving for clips and entertainment is utterly disgraceful. That is why we have raised the issue of this appalling content with social media companies since the tragedy.

"Ofcom is already investigating TikTok's compliance with its child safety duties and has our full backing to take tough action against platforms that fail to act."

Last night around 20 masked youths rode off-road motorbikes and e-bikes on a housing estate field in South Bank, near the crash scene.

They launched flares and balloons in orange, the favourite colour of Matusiak.

One appalled gran, 58, said: "This is nothing but a mockery of the lives of those two policemen.

"I've watched them walking down there drinking and smoking weed and razzing about on their bikes. There's nothing here to celebrate."

Two of the five joyriders had previously posted videos on TikTok goading cops into chases.

Rae uploaded phone footage taken through the rear windscreen of a night-time pursuit in Middlesbrough.

It showed the car screeching and swerving across the road as cops in patrol cars gave chase. One passenger yells: "Step on it!"

The driver appears to head towards oncoming traffic while taunting cops: "Wrong side. You can't follow, bruv."

Pal Saddington had posted footage of a police chase across a field. TikTok says it has since removed the videos and taken the account down for violating its terms and conditions.

Fatal crash . . . our report

A Sun investigation found scores more videos showing feral youths trying to bait cops.

One channel, GTA UK, named after computer game Grand Theft Auto, was removed after we notified TikTok, which serves more than a billion users a month.

A clip filmed last year showed a balaclava-clad driver leaning out of the window as cops gave chase. Captions read, "Boyos take chase with the door open" and "police chase going crazy". Another clip was captioned: "Trying to get the chase on has to be the funniest thing ever."

We found clips celebrating speeding and dangerous driving on other social media platforms. One on Instagram captioned BRZ VS POLICE showed a thug on a motorbike, gesturing to officers and saying: "Here we go. Come on then."

An Instagram page called Bikes Running Cops shows a rider flipping officers the middle finger before performing wheelies on a dual carriageway.

Ex-Met cop Graham Wettone said the number of police chase videos online has escalated. He added: "People seem to be doing it now to actually film the pursuit then post the clip on their social media accounts to get likes.

"There seems to be an increase in driving very dangerously and recklessly, on the wrong side of the road, on motorways and dual carriageways."

The Middlesbrough crash came less than a week after five teens were killed when their BMW drove the wrong way down the M9 motorway in Ireland.

The funeral of 18-year-old Jeremy O'Brien took place yesterday, where there was a heavy police presence.

Under the Online Safety Act, videos that show illegal activity are not automatically ruled out as illegal. Instead, it is left to social network bosses to decide whether the material breaks the law.

There are now calls for the Act, which became law in October 2023, to be toughened.

Last month, Ofcom announced it had launched an investigation into whether TikTok is failing to protect children from harmful content.

Reform UK said it wanted the Government to go further and called for the likes of TikTok to be hit with huge fines.

Party chairman Lee Anderson said: "The only way you are going to stop these social media companies from allowing these

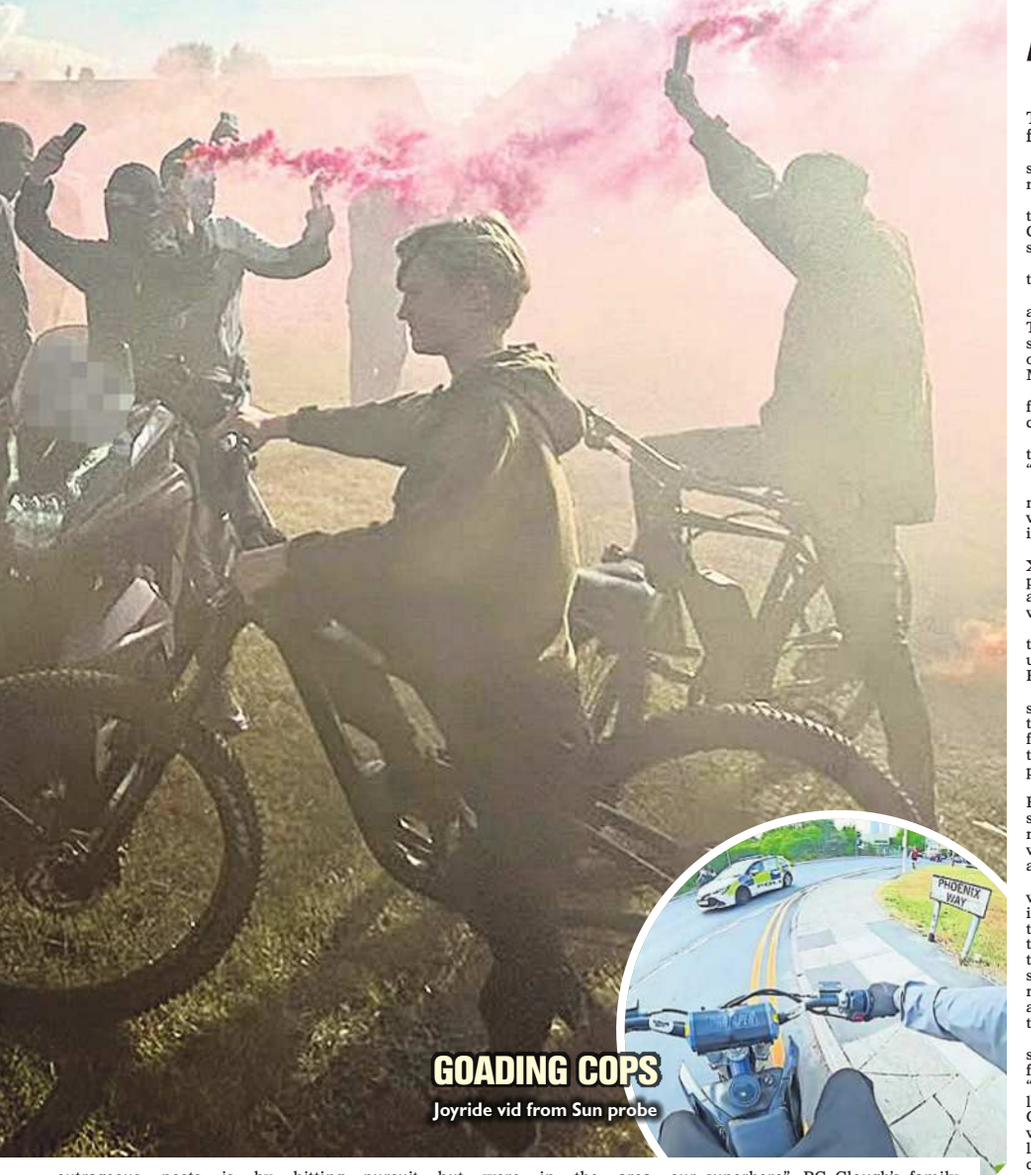
CRASH THAT KILLED 2 COPS

MAKAI SADDINGTON, 18

JAKUB MATUSIAK, 23

THEO RAE, 17

COLE WORTHY, 17



GOADING COPS

Joyride vid from Sun probe

9 MEN, 3 WOMEN ARRESTED

By PAUL SIMS, Special Correspondent

TWELVE people were arrested yesterday as part of "a fast-moving and complex" probe into the fatal head-on crash.

Nine men and three women, aged between 19 and 61, were held on suspicion of several offences linked to the tragedy. One, a 21-year-old man, has been recalled to prison.

The offences range from possession of a firearm to participating in the activities of an organised crime group. Last night one of the 12 – Cameron George, 26 – was charged with possession with intent to supply class A and class B drugs and possession of criminal property.

Police officers Matthew Blades, 37, and Tom Clough, 38, were among those killed when their car was hit by a VW Passat.

Five people inside the VW, which was driving on the wrong side of a dual carriageway, also died. They were fleeing police at high speed when they headed towards oncoming traffic on the A66 near Middlesbrough.

Yesterday it was revealed that four of those in the Passat had 37 convictions between them.

Police also said yesterday that the crash was the result of "serious criminal activity".

Cleveland Police said it had received several reports of two vehicles being driven dangerously in the early hours of Saturday.

One car, believed to be a Volvo XC60, was spotted "ramming properties" in the Middlesbrough area. The Passat was "associated" with the Volvo.

Both vehicles used cloned plates to avoid detection but were picked up by Automatic Number Plate Recognition cameras.

Police have since traced and seized the Volvo. They also said there was no evidence that filming on Friday night and into the early hours of Saturday took place for use on TikTok.

Assistant Chief Constable Wayne Fox, who is overseeing the probe, said: "This has been a fast-moving and complex investigation, with significant links to serious and organised criminal activity.

"The events of that tragic night will have a lasting and profound impact on the Cleveland area and the communities we seek to protect. We have a duty to respond to, and thoroughly investigate, the serious criminal activity that resulted in this fatal incident, and to bring all those responsible to justice."

He also praised officers for showing "incredible resilience" following the tragedy. He said: "Two of their colleagues lost their lives while serving the people of Cleveland and, while the impact will be felt by our people for a long time to come, they have continued to act with the utmost professionalism."

Of the five inside the Passat, only Michael Cahill, 23, had no previous convictions.

Makai Saddington, 18, had convictions for possession of a Class C drug and a knife, assaulting a police officer and racially aggravated intentional harassment.

Cole Worthy, 17, had been convicted of using threatening and abusive language to cause harassment, alarm and distress, common assault of a police officer, failing to surrender to custody, driving without a licence and insurance, and using a phone while driving.

Jakub Matusiak, 23, also had convictions for using a vehicle without insurance or a licence.

Theo Rae, 17, was convicted of assaulting a police officer, shoplifting, stealing cars, theft, drug-possession and breaching a youth rehabilitation order.

Local Labour MP Anna Turley said: "We know there's been a massive issue and Cleveland Police have been battling away extremely hard with excellent officers.

"I just can't imagine what the families are going through.

"It's unimaginable grief to have parents, husbands, not come home from work. And it just reminds us every day about the bravery of our police officers who are out there, protecting us, keeping us safe, putting themselves on the line, running towards danger."

PC TOM CLOUGH

PC MATTHEW BLADES

outrageous posts is by hitting them, strongly, in the pocket."

TikTok said its policies "strictly prohibit" content that could cause significant physical harm, including dangerous driving.

Yesterday a GoFundMe appeal set up by Cleveland Police Federation for the officers' families had reached a target of £700,000. A new target of £1.2million was set.

Another appeal set up by former cop Paul Cooper had raised more than £39,000.

Married dad-of-two PC Blades and Iraq war veteran PC Clough were part of the force's serious and organised crime unit, Matrix.

They were not part of Saturday's pursuit but were in the area searching for the Passat. It had been linked to numerous incidents and was driving on cloned plates when it activated an automatic number plate recognition camera.

The Passat was later sighted by another armed response vehicle which gave chase, said the Independent Office for Police Conduct.

Analysis of in-car footage shows the pursuit lasted under seven minutes before the Passat drove towards oncoming traffic.

Cops abandoned their pursuit but ten seconds later, at 3.39am, it ploughed into PC Blades and PC Clough's car. PC Blades' widow Sarah has said he was "forever our superhero". PC Clough's family said he devoted his life to serving his country. Flowers and cards were left at the entrance to Cleveland Police's Roads Policing Unit.

One message in a framed force badge read: "Tommy, Bladesy, you will be remembered as two of the very best. I'm proud of you both and you'll be forever missed.

"I don't have the words to describe the loss we all feel. Genuine real-life heroes."

Chief Supt Richard Clark, PC Clough's ex-commanding officer at the Civil Nuclear Constabulary, paid tribute to his "warmth, humour and authenticity".

The Sun Says — Page Ten

OU teen increase

A RECORD number of teenagers have started distance-learning degrees at the Open University, figures show.

In total, 3,389 students were 18 or 19 at the start of the last academic year.

Bosses suggested they are choosing it because it allows remote, part-time studies compatible with full-time work, and do not have to leave home.

The cost of living is now said to be a major concern for applicants.

KERCHING LIKE A BEE

Muhammad Ali's robe from his 1975 "Thrilla in Manila" fight against Joe Frazier sold for £402,300 at auction in Texas.

1 COSTA CAPPUCCINO 'IS SAME AS 4 RED BULLS'

COFFEE CHAIN	CAPPUCCINO CAFFEINE CONTENT (mg)
COSTA COFFEE	325
GREGGS	235
CAFFÈ NERO	221
STARBUCKS	89

ONE Costa Coffee cappuccino has the same caffeine level as four cans of Red Bull, analysis has found.

Consumer champion Which? also found coffee caffeine content can vary wildly between different high street chains.

They found Costa's medium cappuccino contained 325mg of caffeine – almost three and a half times as much as the same drink from Starbucks, which had 89mg.

A 250ml can of energy drink Red Bull contains 80mg of caffeine.

The Which? study found that the second and third-highest cappuccino caffeine levels were found at Greggs and Caffè Nero, with 235mg and 221mg respectively.

Costa also had the most caffeine in other drinks including its espresso shot, which has 100mg per serving, and its flat white with 241mg.

Starbucks has 45mg of caffeine in its espresso shot, and 89mg in its flat white.

Costa's caffeine content for cappuccinos and single-shot espressos has not changed since the last Which? study in 2023, but Caffè Nero's has noticeably increased.

Its cappuccino now contains around double the level of caffeine than before.

Jessica Carson of Which? said: "If you drink multiple cups a day or need to cut back for health reasons, pay attention to where you shop and what you order to avoid any unwanted side effects."

Costa and Starbucks were contacted for comment.

By OSCAR JAEGER

In Store | Click & Collect | Delivery Selected stores. Subject to availability. In store prices shown. Dairylea Lunchers Chicken 'N' Cheese 60g £1.50 (£2.50 per 100g), Cheestrings Cheddar 80g £1.50 (£1.88 per 100g), Attack A Snack Ham & Cheese 86g £1.50 (£1.74 per 100g), Dairylea Triangles 125g £1.50 (£1.20 per 100g), Dairylea Cheese Slices 150g £1.50 (£1 per 100g), Honey Roast Ham 125g £1 (80p per 100g), Utterly Butterly Original 500g £1 (20p per 100g), Mini Melton Mowbray Pork Pies 100g 98p (98p per 100g), Arla Greek Style Natural Yogurt 450g £1.50 (33p per 100g), Aero Mousse Milk Chocolate 4x59g £1.98 (84p per 100g), Don Simon Mango & Passionfruit 1.5L £1 (7p per 100ml), Cheestrings Twisted 80g £1.50 (£1.88 per 100g), Pork Sausage Rolls 120g £1.30 (£1.08 per 100g), Dairylea Lunchers Ham 'N' Cheese 65g £1.50 (£2.50 per 100g). Collection, delivery and minimum basket charges may apply. Collection/delivery slots subject to availability. Excludes Asda Express and small stores, see ASDA.com/smallstores

'Wishes'. . Jason Arday

Ex-prof's book out this week

By ODHRAN GALLAGHER

FORMER professor Jason Arday's memoir will be published on Thursday to "honour his wishes", his family said yesterday.

The University of Cambridge academic, 41, was found dead at his South London flat on August 14, days after resigning amid a plagiarism row.

Questions were also raised about his claims that he'd run 600 miles in six days.

Great And Unfortunate Things will be published by Simon & Schuster.

His family said: "To the very end, Jason was clear that he wanted his memoir to be published and it is only right that we honour his wishes."

Last week JK Rowling joined criticism of the university over his death.

She said he would not have been "exposed in such a public way" if Cambridge had "kindly and privately" challenged some of his claims.

Migrant's coke rap

AN ASYLUM seeker caught with eight wraps of cocaine declared his love for Britain as he walked free with a fine.

Mohammad Alturk, originally from Jordan, gave a thumbs-up outside Basildon crown court, declaring: "All the best for all British. Love."

The 39-year-old, from Hinckley, Leics, admitted possession of the Class A drug and driving without insurance in Rayleigh, Essex, in December.

Judge Recorder Suki Dhadda fined him £120.

I Crossed On Dinghy — Page 17

LOUD SNORING

Seven people were arrested when police shut down an illegal rave in Little Snoring, Norfolk, early on Sunday.

I've p-p-put on weight

Picture: SWNS & YUI MOK/PA WIRE

By SEBASTIAN HAW

A HUMBOLDT penguin finds out whether it has piled on the pounds at a weigh-in.

Keepers at London Zoo check the vital statistics of its 14,000 mammals, birds, reptiles, fish and invertebrates once a year.

Native to the Pacific coasts of Peru and Chile, the average adult Humboldt penguin weighs between 8lbs and 13lbs.

A Bolivian black-capped squirrel monkey, *left*, was also weighed and measured at the zoo in Regent's Park, central London.

SUSSEXES' PECKING ORDER

Police mugshot . . York

Leeds & Rangers owner's sex arrest

By OSCAR JAEGER

LEEDS United and Glasgow Rangers co-owner Jed York has been sentenced to a day in jail in the US for trying to pay for sex in a trailer park.

Married dad-of-two York, 46, was arrested in Columbiana county, Ohio, on Sunday morning.

He was reported to have been held on suspicion of engaging in prostitution before a plea deal changed it to a charge of disorderly conduct.

The American businessman was also charged with possessing "criminal tools".

He was sentenced to one day on each count, to be served concurrently, and fined $1,150 (£843).

York has stakes in Leeds United and Rangers through 49ers Enterprises, which owns the San Francisco 49ers in the NFL.

He has been married to Danielle Belluomini for over a decade and the couple have two sons together.

Michael . . . and Louise

Owen: I quit & felt unloved by wife

By SEBASTIAN HAW

MICHAEL Owen has revealed he felt "unloved" by his wife after he retired from football.

The former Liverpool and England star, 46, said he wanted to spend more time with other half Louise Bonsall, but she was busy looking after their four kids.

He explained he would bring up certain subjects trying to hurt her when he was feeling low after quitting in 2013.

Owen told a podcast: "I retired and you look at how many footballers divorced in the first year after this, it's massive.

"You feel no longer wanted, no longer needed, no longer loved. No one sings your name, asks for your autograph."

The Ballon d'Or winner said he realised he was taking it out on Louise while in therapy.

Owen is the dad of Love Island star Gemma, 23, as well as James, 20, Emily, 18, and Jessica, 16.

COOP SCOOP

Smiling Meghan and Archie in the coop named after him

EGGXIT

Harry and Meghan leaving chickens behind in California with staff...hinting at return

By ED SOUTHGATE

THE Duke and Duchess of Sussex will leave their chickens behind when they move to Britain this week.

Prince Harry and his wife Meghan will bring their dogs Mia and Pula while household staff will look after the birds.

Their decision has been seen as another sign they will likely continue to spend time in California regularly.

Harry, 41, and Meghan, 45, will be keeping both their Montecito mansion and a holiday home in Portugal, which they plan to visit throughout the year.

Meghan's mum Doria Ragland, 69, will stay in California.

Their chickens made an appearance in their explosive Oprah Winfrey interview and in one of the Duchess's Netflix programmes.

They originally had ten hens, which they rescued from a commercial factory farm in California.

Neighbour Ellen DeGeneres then gave them one of hers.

They kept them in a coop named Archie's Chick Inn after their son Prince Archie.

Meanwhile, Harry has stepped down from the board of a controversial African wildlife charity and is no longer a trustee of African Parks.

The major conservation organisation admitted last year that human rights abuses were committed by its rangers in the Republic of the Congo.

It followed an independent human rights investigation into allegations that guards had beaten, raped and tortured indigenous people in the Odzala-Kokoua National Park.

A spokesman for Harry said the Duke, who was president of the charity for six years before becoming a director in 2023, remains an active and avid supporter of African Parks.

The charity said last year that it had improved its safeguarding processes both in the Odzala-Kokoua National Park and institutionally.

The Sun last week revealed Harry and Meghan were heading back to Britain for an "extended period" after six years away.

They will be living in a non-royal residence outside of London, rumoured to be in the Cotswolds.

They've enrolled their two children Archie, seven, and Princess Lilibet, five, in a British prep school.

The Royal Family meanwhile have been in Balmoral for their annual holiday.

Charles and William are understood to be in agreement that there can be no half-in, half-out royal status for the Sussexes.

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BURNHAM VOWS TO STAY

RUSSIA: UK

Kremlin ramps up threat over missile aid to Ukraine

Warmonger . . . Vladimir Putin

By MARTINA BET
Chief Political Correspondent

RUSSIA ramped up its war of words with Britain yesterday after Andy Burnham handed Ukraine the blueprints for long-range missiles that could one day target Moscow.

Russian foreign minister Sergei Lavrov warned the Kremlin had the right to regard the "direct involvement of British missile forces" as "participation in the war, with all the ensuing consequences".

And a spokesman for tyrant Vladimir Putin menacingly accused Britain of "adding fuel to the fire".

Mr Burnham shot back: "Who started the fire?" He added: "Despite Russia's outrageous threats to my country, we will continue our support for Ukraine."

He was in capital Kyiv on his first foreign trip as PM for the 35th anniversary of the country's independence from the Soviet Union.

The PM visited the wall of remembrance in the capital.

During the visit he also announced defence giant MBDA would be allowed to release classified information on British-made components used in SCALP cruise missiles. They are a French version of Britain's Storm Shadow, *below*, already being used. It will help France and Ukraine set up assembly lines on Ukrainian soil.

Britain also vowed to provide more long-range missiles and drones to strike Putin's invaders.

Former Ukrainian defence chief Major General Volodymyr Havrylov told the BBC the growing firepower could be a "game changer". He said Ukraine's developing ballistic and cruise missiles could eventually put key targets around Moscow and St Petersburg within range.

Kremlin spokesman Dmitry Peskov said Britain's involvement was viewed "extremely negatively".

He added: "Britain is participating in this war on the side of the Kyiv regime. Britain is methodically and consistently adding fuel to the fire and methodically and consistently plotting to prevent a peaceful settlement process."

And he said Russian forces are already identifying potential sites where SCALP missiles could be made, and "taking measures" to destroy them.

Asked about Mr Peskov's "fuel to the fire" jibe, Mr Burnham replied: "Who started the fire? That's the question, isn't it?"

Relations between London and Moscow are at rock bottom. Russia has recalled ambassador Andrei Kelin and is yet to name a successor. Its embassy accused Britain of choosing a "path of confrontation".

But speaking outside the historic St Sophia Cathedral, Mr Burnham praised the "sheer strength" of the Ukrainian people and hailed their country as "Europe's protector".

Invoking Britain's stand in World War Two, he said: "My nation kept the flame of European freedom alive in the 20th century, you hold that flame in the 21st."

Mr Burnham also chaired his first meeting of the Anglo-French-led Coalition of the Willing, with Ukraine's shortage of interceptor missiles high on the agenda.

Kyiv desperately needs the weapons to defend its cities from Russian attacks. But stocks have been squeezed as supplies are diverted to the war in Iran.

Mr Burnham later sang The Smiths song Rusholme Ruffians and strummed a guitar he was handed by Ukrainian troops. He said music could provide a vital boost to troops facing the horrors of front-line warfare.

Meanwhile, Mr Zelensky revealed Ukraine, the US and Europe have drawn up fresh peace proposals including a ceasefire, troops pulling back from the front line and the creation of a buffer zone.

He said: "There are several more ideas from the American side, as far as we know. They want to find the right moment to share them. We are waiting for them." Yesterday a Vatican envoy arrived in Russia amid speculation that the proposals could be passed to Moscow, though hopes of a breakthrough remain slim after Putin's regime vowed to fight on until Mr Zelensky's government is toppled.

However, around two in three Russians now back peace talks, according to independent pollster the Levada Center.

Britain also struck a deal to use Ukraine's battlefield data to develop AI weapons and protect critical infrastructure at home.

The UK will become the first country granted access to Ukraine's

Army strummer . . . Mr Burnham with guitar

Britain is participating in this war on the side of the Kyiv regime
– KREMLIN SPOKESMAN

THE COURSE ON KYIV VISIT IS TARGET

PM denies adding 'fuel to the fire', saying: Who started fire?

Poignant moment . . . Mr Zelensky and Mr Burnham mark Ukraine's independence day

Picture: EFREM LUKATSKY/AP

Ukraine has been Europe's protector, not a drain on our security
– ANDY BURNHAM

Ruins . . . a bombed DIY store in Odesa, Ukraine

coveted Avengers AI Labs, which hold millions of pieces of combat data gathered from the war.

Thousands of cameras and infrared sensors have tracked Russian tanks, troops, artillery, air defences and drones, creating a "gold mine" for training AI. The first system, using buried fibre optic cables, is to be deployed at a UK military site. Similar defences could one day be used to protect airports, prisons, railways and power stations.

In return, Britain will give Ukraine access to its universities, researchers and tech firms to help Kyiv develop battlefield technology.

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The Sun Says — Page Ten

PM . . . at remembrance wall

KREMLIN BOMBS STORES

By JULIA ATHERLEY

RUSSIA continued to attack shopping centres and warehouses in Ukraine overnight on Sunday.

Two major outlets, both run by Ukrainian DIY chain Epicentre, were hit outside the southern city of Odesa.

Spokeswoman Yuliia Chudnovets said: "Efforts to put the fires out continue. We're working to clarify information about the aftermath and casualties."

Oleh Kiper, the head of the Odesa regional administration, said the area came under a "massive missile and drone attack", which injured five people.

In Kharkiv, in the north-east of the country, five people were killed and 15 wounded in a Russian onslaught. Elsewhere, Moscow's defence ministry claimed it had captured three Ukrainian villages.

They were named as Novokostyantynivka, in the northern Sumy region, Kucheriv Yar in eastern Donetsk and Dolynka in south-eastern Zaporizhzhia.

Groomed . . . Townsend

Angling fan traitor is killed by drone

By PAUL SIMS

A KEEN angler who fled the UK to fight for Putin has been killed in action after being sent to the front line with barely any training.

Bradley Townsend is believed to have died in a Ukrainian drone strike on Russian-occupied Donetsk on June 10.

He had been sent into battle two weeks earlier after enlisting in Moscow.

Townsend, 33, was groomed into signing up by fellow traitors Aiden Minnis and Ben Stimson.

Minnis, 39, confirmed his death, saying: "He sacrificed his life for our cause. His service was brief but he blazed the brightest star."

The Foreign Office is liaising with Townsend's family. He had spent his days fishing in Barnsley before leaving for Russia on April Fools' Day.

In a video before he enlisted he admitted: "I'm not here for a suicide mission, but I understand that's what can happen.

"I came with the idea that I probably wouldn't be able to go home. I'd definitely get persecuted if I went back."

Blaze dig at Sir Keir

By MIKE SULLIVAN

RUSSIA'S "add fuel to the fire" remark was last night being viewed as a cryptic reference to the arson attacks linked to former PM Keir Starmer.

In May 2025, three attacks with a personal connection to Sir Keir hit North London.

A Toyota RAV4 he once owned was burned out in Kentish Town and there were fires at homes associated with him in Kentish Town and Islington.

Police found the arsonists were local recruits, acting on instructions from a Russian handler.

Russian intelligence is also suspected of being responsible for a blaze at a Birmingham DHL depot in July 2024.

Retired Met detective chief inspector Mick Neville said: "Putin appears to be cocking a snook at the UK with a cryptic comment about the fires."

THE Sun SAYS

Video nasties

SOCIAL media sites have no business making money from allowing teens to glory in driving at shocking speeds on the wrong side of the road.

It is wholly irresponsible for the likes of TikTok to encourage reckless law-breaking with such fatal consequences.

Two brave armed officers — one an Iraq war hero — were killed by a runaway car in Middlesbrough.

Two of the "joyriders" were thugs who previously posted videos of high-speed chases for mindless "likes". Other social media accounts linked to the car's passengers show men in balaclavas on motorbikes and speeding cars.

That investigators say there is no evidence of filming in this particular case doesn't lessen the shattering senselessness of the deaths of PCs Tom Clough and Matthew Blades.

How social media giants respond to public outrage over algorithms that push such violent content will tell us whether they prize profit over responsibility.

Breaking Vlad

ANDY Burnham's steadfast support of Ukraine might be the most welcome move of his premiership so far.

Providing the blueprints so Kyiv can make its own long-range Storm Shadow missiles will worry Putin, even if they will take time to build.

But Burnham must also realise how much Britain is at risk, too.

So far he has been less than clear over spending plans for our Armed Forces.

It's no use handing cash to Ukraine while leaving our own defence well short.

Gas blast

BRITAIN'S dash for Net Zero has made our country worse than the economic basket case of Venezuela.

So says Jim Johnson, boss of one of the country's oldest energy firms Hunting, who says "crazy" Government policies mean he'll never invest in the UK again.

He said: "The reality is that Britain has become uninvestable. Everything your politicians have done has shown me that we cannot trust them."

Johnson's words make for grim reading for Chancellor John Healey, desperate for growth to balance the books.

It's also another reminder of the folly of smashing our North Sea gas and oil industry with massive taxes.

Free enterprise

ANDY Burnham must understand he will never fix soaring youth unemployment without freeing up businesses to grow.

Labour seems to think only State schemes and subsidies are the answer.

But cutting the sky-high taxes that stop firms hiring youngsters would be faster, cheaper, and far more likely to work.

PRIMED . . . Burnham selfie with Labour colleagues on his return as an MP in June

BEHIND YOU! (BUT ARE THEY?)

Why Burnham MUST ignore his Leftie backbenchers and push on with migrants and welfare crackdowns

By **LORD AUSTIN**
Independent peer

PARLIAMENT'S summer holiday finishes next week and Andy Burnham's honeymoon could end with it.

Labour have gone ahead in the polls since he took over, but there's a long list of problems piling up on his desk that could bring it all crashing down again.

And one of the biggest headaches is immigration, which has caused every other recent Prime Minister huge problems.

More than 100 Labour MPs are already demanding he drops Shabana Mahmood's plans to make migrants wait for ten years before claiming benefits or applying for social housing.

They must be mad. Opposing the Home Secretary might make them feel virtuous but, if anything, the rest of us think her changes don't go far enough.

Instead of listening to his backbenchers, the PM should pay attention to former Labour Home Secretary Alan Johnson, who has urged Ms Mahmood to stick to her guns.

The more she listens to out-of-touch MPs, "the worse it will be" because it is a "very big issue" for voters, he said.

"Pictures of people coming illegally into this country, people feel really, really strongly about it.

"Don't listen to your Labour colleagues — press ahead," he told her.

"When you're doing something that really needs to be done, particularly on illegal immigration, you always get a kickback, and she's got to carry on."

And he warned that if they block her plans, voters will quickly lose patience and back a party with a plan to get a grip of immigration.

He said: "We need to have the right policies to address it, or someone else will. This is Shabana's main argument — 'If we don't do it there's a very, very different approach from a very different party and they'll end up in government'."

Wise words.

But if they don't believe him, they should just remember what happened to the last Tory government.

The country lost confidence when they crashed the economy, but voters were absolutely furious when they broke their promise to stop the small boats — let alone allowing 3.5million people to come here legally in just four years. That changed our country for good and is one of the biggest reasons the Tories are still struggling to get a hearing.

With numbers like that, it's impossible to know who was allowed in, what they believe or how they'll behave.

The result is the shocking news that the Government has had to start handing out leaflets telling migrants not to rape women, that sex with children is illegal and domestic violence is a crime.

And it's why the Home Secretary knows she's got to press ahead and sort the system out — no matter how much her backbenchers complain.

Her changes so far have seen the number of criminals and immigration offenders booted out hitting its highest level for a decade.

More than 80,000 foreign criminals, immigration offenders and failed asylum seekers have been deported since the election, but just 6,000 of them had arrived on the small boats, which is why she now wants to strike deals to send those refused asylum to other countries.

That obviously makes sense, but we also need stronger rules to keep out those who don't share our values — let alone people who support terrorism and extremism, racist bigots or anyone who believes women are second-class citizens.

Labour MPs need to wake up and smell the coffee when it comes to welfare too.

Anyone who looks at the numbers can see the country is going broke and we need to cut the cost of benefits if we're going to avoid a terrible reckoning.

The economy is barely growing, rising energy bills have increased inflation, unemployment is increasing, too, and the benefits bill drove up government borrowing by £1.8billion last month.

Taxes are sky high and we're mortgaged to the hilt with national debt approaching a whopping £3trillion.

Lenders have such little confidence in our ability to pay our way that our borrowing costs are the highest of any major economy.

That means we're wasting well over £100billion on interest payments alone — almost as much as we spend on education.

In fact, we're spending billions more on benefits than on education, defence and policing put together.

Pat McFadden, the Work and Pensions Secretary, knows we can't carry on like this and he's appalled that a million young people are out of work, not at college and don't have a training place.

That will ruin their lives, cost the rest of us a fortune and he's determined to do something about it by getting them off the dole, on to apprenticeships and into work.

Labour lefties bleat when anyone tries to curb the benefits bill or dares to tackle immigration, but Burnham reappointed Mahmood and McFadden and must back them now.

Labour MPs need to get behind them too, or they'll be off to the Jobcentre as well after the next election.

HOME TRUTHS . . . Shabana Mahmood, Alan Johnson and Pat McFadden

Destroyed . . . site cars

140 cars wrecked in airport park fire

By ETHAN SINGH

AROUND 140 cars were destroyed after fire ripped through a Gatwick Airport parking site – with drivers unable to find out if their vehicles were damaged.

Police and firefighters scrambled to Caldyne Business Park in Rowfant, West Sussex, just after 9pm on Saturday.

Power was shut off to 2,000 homes while crews tackled the blaze. No one was injured.

A 67-year-old man was arrested on suspicion of arson and bailed.

Car owner George Smith, 53, who paid £105 to Sapphire Parking, which uses the site, said: "You just can't get hold of them.

"You can't tell if your car is destroyed or not. We're in the dark, we don't know anything."

Sapphire said it would be allowed to access the site today – and would let drivers know if their cars were damaged.

Rare . . . leather holdall

£450 tag for M&S 'collector' tote bag

EXCLUSIVE by RICHARD MORIARTY

SOLD-OUT Marks & Spencer tote bags are fetching nearly £450 in online sales.

The retailer put just 16 of the green leather hold-alls on sale this week at £90 a pop and they were snapped up in seconds.

But many of the retro-look bags have turned up on resale marketplaces.

One seller is asking for £446 on Vinted while another started bidding at £414.70 on eBay.

On its website, M&S says the item – a collaboration with street-wear brand Aries – is now out of stock, with no indication if there will be more to come.

It describes the item as: "The bag with collector status written all over it.

"Twin handles and a detachable shoulder strap give you two ways to carry it. A one-of-a-kind collaboration piece – get it before it's gone."

Picture: CARLIJN JACOBS / VOGUE ITALIA

DUA'S BIG GLOVE-IN

By RICHARD MORIARTY

DUA Lipa has looked black on her wedding to Callum Turner — calling the day "magical".

The One Kiss singer, who turned 31 over the weekend, wore a lace glove in a Gothic photoshoot for Vogue Italia after honeymooning in Sicily with actor Callum, 36.

Dua — worth an estimated £150million — told the magazine: "The day of the wedding was magical. We lived it as if we were guests too, and constantly looked for each other among the crowd. It meant we have a lot of memories together."

Bra-vo . . . Dua's gothic shoot for Vogue Italia

£500M BEEB BUDGET BLOW

NEWSFRIGHT

'At risk' . . current host Victoria Derbyshire

Prestigious . . . former host Jeremy Paxman

BBC staff fear Newsnight show faces axe in next round of cuts

NEWSNIGHT staff fear the BBC current affairs show will be axed by the end of next year.

Beeb bosses must save £500million and sources say they are determined to preserve the News at Six and News at Ten.

Newsnight's team has fallen from 57 to 23 after its special investigations team was axed.

And staff fear it is a sitting duck as focus switches to short, shareable social media clips and

EXCLUSIVE by JACK HARDWICK

iPlayer. One told The Sun: "Everyone is concerned for Newsnight and how it will fare in the next cuts. We've been warned there are likely budget reductions and revisions next year. It's a worrying time.

"The new Director-General *(Matt Brittin)* has made it clear that success is down to clicks."

In June, the BBC merged the production of Newsnight and Sunday With Laura Kuenssberg.

BBC Radio was also heavily hit by the first round of cuts.

Launched in 1980, Newsnight has been hosted by the likes of Jeremy Paxman and Kirsty Wark. In November 2019, two million watched Emily Maitlis grill then-Prince Andrew over his connection to paedo financier Jeffrey Epstein.

Now hosted by Victoria Derbyshire, the show has been cut from 45 minutes to 30. The BBC said: "Since its reformat it has significantly increased its audiences and won an award.

"The BBC needs to save £500million over the next three years. News will play its part in contributing to those savings."

Dress code . . . Bowen

Sex rap Miss 'not clad like Thatcher'

By ED SOUTHGATE

A TEACHER accused of having sex with two pupils has denied wearing short skirts at school but said she "wasn't going to dress like Margaret Thatcher" in her mid-20s.

Sally-Anne Bowen, 65, is said to have indecently assaulted the lads when they were aged 14 to 15 and pupils at the all-boys Christ's College in Finchley, North London.

Harrow crown court heard she had been described as dressing in a "sexually provocative" way at school, with tight tops and mini skirts.

She said she would not have been allowed to get away with such clothes.

But she also said she would have been in her mid-20s at the time of the accusations and said: "I wasn't going to dress like Margaret Thatcher."

Bowen, of Hemel Hempstead, Herts, denies seven indecent assault counts. Trial continues.

'Lonely' . . . Takaichi

Japan's PM 'sad' at roach clearout

By ODHRAN GALLAGHER

JAPAN'S prime minister has said she felt "lonely" after her staff got rid of cockroaches at her official residence.

Sanae Takaichi, 65, was sworn in last October and later moved into the Tokyo property.

In an online post, she said she had made an effort to keep it clean and tidy so she was "shocked when, one day, a cockroach suddenly scurried past my feet".

She said she could not bring herself to kill it as she believes in the idea of reincarnation.

Ms Takaichi said: "But when I told my secretaries about it, they were appalled. It's unclean.

"'I'll handle it', one of the secretaries said firmly, and arranged for Operation Combat.

"After that, the cockroaches stopped appearing. I felt relieved, but also a little lonely, or maybe sad."

SQUEAKY CLEAN TV QUEEN NO

SILLY SAUSAGE . . . Holly jokes about the meat stuffing nozzle while making toad in the hole

MATRIMONEY . . . the show, produced by Holly's husband Dan, *left*, netted £5million from sponsor Voy

Sex stunts, porn problems...and a designer vagina

SAUCY . . . Holly and Stanley with courgette

Holly goes

By FAY LEYFIELD
Showbiz Features Editor

FROM saucy jokes about sausages and discussing sex marathons with a porn star, Holly Willoughby's unfiltered return is a world away from This Morning.

Since launching her YouTube show Together four weeks ago, it is clear the presenter has ditched her squeaky-clean ITV persona in favour of provocative content that will, hopefully, attract viewers.

And the tone was set from the first five seconds of the show's opener, when Holly, 45, dropped an unexpected F-bomb.

Further X-rated antics followed, including games of "Sh*g, Marry, Kill" with her famous guests and revealing that she would strip "anywhere" and once accidentally flashed her boob while filming a children's TV show.

That, however, was nothing compared to the controversy that followed her eighth episode, which saw Holly quiz adult content creator Lily Phillips, who has claimed to have slept with 1,113 men in 12 hours.

In their one-hour chat, released on Friday, Holly fired questions at the OnlyFans star, which touched on everything from Lily's sex drive, to the intimate details of her viral stunts involving hundreds of men. (Spoiler alert: They are painful.)

And when the topic turned to Lily's "designer vagina" – an operation she had aged 19 – Holly took the opportunity to give her own verdict on X-rated content, declaring: "My big issue with porn is where I just go, 'Please just show normal fannies'."

The episode sparked a massive backlash from viewers outraged that Lily – who went viral in 2024 for the documentary I Slept With 100 Men In One Day, chronicling one of her first controversial stunts – had been given a platform again.

One remarked: "There are so many people you could have chosen. It's so disappointing and disgusting you would choose to advertise and promote her."

Another questioned: "I wonder if Holly would be happy for her daughter to see this interview splashed all over social media? This is exactly why my girls are not allowed social media."

A third viewer added: "How has it come to this, Holly? A new low."

One TV insider told The Sun: "Like any new YouTuber, Holly is trying lots of different things to see what lands and what doesn't.

"She gets she has to make content for the YouTube generation and if that means getting down and dirty and interviewing a porn star then so be it.

"The new Holly might be raising eyebrows, but it's all a learning curve and she's enjoying the challenge."

Enjoy the challenge she might, but Holly's Together has yet to crack the YouTube market despite recent guest appearances from celebrity pals including singers Nicole Appleton and Emma Bunton. Her first episode saw viewing figures peak at 86,000 views, thanks to an appearance from Hollywood actor Stanley Tucci.

But her second outing, featuring comic Katherine Ryan, was watched by 50,000 viewers. In the days before her chat with Lily, a 24-minute episode with Holly making her mum's chicken Caesar salad was viewed just 8,000 times.

'Lubricate the nozzle'

Perhaps unsurprisingly given its controversial nature, Holly's episode featuring Lily succeeded in boosting her ratings – 56,000 views so far – but she is still a long way off breaking the 100,000 mark.

The show has not fared much better among critics, with some commenting that her efforts feel "cringe", "forced" and "too long". The content has been unfavourably compared to the Duchess of Sussex's series With Love, Meghan – although of course with more smut and far fewer viewers.

Series one of Meghan's Netflix lifestyle show got about 2.6million views in its first week.

Meanwhile, apparently undeterred, Holly has been ploughing ahead with episodes packed full of swearing and sexual innuendoes.

None more so than in the fifth episode when she spent 30 minutes making a classic toad in the hole.

After preparing the sausage meat, Holly sniggered as she told the camera crew that the next step of the recipe required using oil to "lubricate" the meat grinder's stuffing nozzle. Removing her wedding ring to

MORE AS SHE GRILLS ONLY FANS LILY

UNFILTERED . . . Holly on her YouTube show

SEX CHAT . . . Holly interviews porn star Lily Phillips

CHEEKY . . . Lily discusses her viral stunts during episode and, *right*, posing at an adult expo in Las Vegas last year

'She's making YouTube content. If has to be down and dirty, so be it'

to Hollyrude

avoid it getting mucky, she joked that it felt like she was cheating on her husband, TV producer Dan Baldwin.

And when the episode was uploaded to YouTube, each chapter was given a suggestive heading including "Holly gets grinding", "Holly lubricates the nozzle" and "To prick or not to prick".

One viewer commented: "I feel like I'm on OnlyFans watching this."

Speaking out about the response to her series earlier this month, Holly insisted she is receptive to feedback.

In a video post, she told followers: "Thanks for all your feedback as well, because it's really great hearing what you think, and what you like, and what you don't like, because that's equally as important as well. So, keep it coming."

Insiders claim Holly and Dan, whose TV company Hungry Bear produced Together, can afford to be relaxed about ratings as it has still been a huge money-spinner.

It is thought Together's sponsorship partnership with health firm Voy has netted the couple £5million.

In the launch episode, Holly gushed over its backers, describing Voy's healthcare as "truly effective" before then directing viewers to its website.

She went on to add that Voy felt like a "natural founding partner" for her, because of its work across weight loss, menopause, hormones, hair loss and preventative health.

But the partnership prompted surprise from marketing experts.

Voy's parent company, Menwell, has been told off six times in just over two years for breaching advertising rules surrounding prescription medicines.

Marketing expert Alex Williams told The Sun it was "incredible" someone of Holly's profile would promote a company that had repeatedly breached advertising rules – warning the association could "weaken her personal brand".

There is no suggestion that Holly or Voy have breached any rules on Together.

Holly will likely be hoping to avoid much more controversy following her turbulent departure from This Morning in 2023.

It came five months after her co-star, and once-close friend Phillip Schofield, quit the show amid revelations of an affair with a younger colleague.

Holly stepped down after police uncovered a plot to kidnap her, which ended with Gavin Plumb being jailed for life with a 16-year minimum term.

Sources say Holly has other irons in the fire, including a secret chat show pilot with Disney+.

While her sit-down with Lily is unlikely to have been the catalyst for it, the episode certainly showcased a very different side to her interview skills.

An insider said: "The pilot called The Holding Space with Holly Willoughby will see her interviewing a host of high-profile women.

"The whole premise of the show is empowerment and authenticity, with Holly leading the conversation."

However, the insider added that there are no plans for Holly to abandon Together in favour of a shinier model on the streaming channel.

Her YouTube series had initally been tipped for a four-week run and the team are hoping for an influx of viewers after the school holidays.

They should brace themselves for an edgier, more expletive-ridden version of Holly, though.

FALLOUT . . . with former co-host Phil

THE Sun

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Clemmie Moodie

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How many more must die before apps ban kids' lethal clickbait?

TEENAGERS, as both Shakespeare and worrying parents have long testified, have always been inveterate risk-takers.

But where once upon an innocent time 17-year-olds got their thrills from a quick fumble in the back row of the cinema, or drinking cider in a park, now the stakes are so much higher. And lethal.

Take the awful, awful case of the fatal car crash which killed two police officers and five young men on Saturday.

PC Tom Clough and PC Matthew Blades died when a Volkswagen Passat, which officers had been pursuing until seconds before, collided with their marked armed response car on the A66 near Middlesbrough.

Two brave, decent men killed so cruelly and so utterly needlessly. My thoughts are with their friends, family and colleagues – victims, all of them.

The young men's car had been speeding the wrong way down a dual carriageway. Two of the youngsters in the car had shared high-speed police chase videos.

Kids looking for clicks, dying for likes.

The Government has urged social media companies to remove such posts, as Andy Burnham branded sharing them "truly reprehensible".

It was, quite literally, an accident waiting to happen.

Because filmed high-speed car chases have become a terrifying "thing" on this app, one which averages around two BILLION users monthly.

Other current or recent trends include "bridge jumping", which is every bit as dangerous as it sounds, "chroming", which sees youngsters inhaling from household objects to get high, and a challenge which involves consuming excessive amounts of over-the-counter allergy medication to trigger hallucinations.

GRIEF . . . floral tributes

Of course, parents have a responsibility in all of this, to do all they can to monitor their children's online viewing.

But that is easier said than done.

Stateside, a landmark trial against Meta – the owner of Facebook and Instagram – started last Tuesday.

According to prosecuting lawyer Megan O'Neill, the company's business model can be boiled down to four words: Hook, hold, harvest and hide.

It is alleged the world's largest social media company "hooks" in users, "holds" them on its platforms for as long as possible, "harvests" their data and then "hides" the truth from the public. If proven, sinister stuff, for sure.

California – where its HQ lies – has joined 28 other US states in suing the £1trillion company for allegedly designing addictive products that lead to children being harmed.

The reckoning for social media over here surely follows. Not if, but when.

Social media, something that started out as a way of bridging long-lost friends and making our online world ever smaller, has so many positives.

Community, charity endeavours, humour and irreverence. It has allowed anyone, irrespective of class, colour or sex, to forge a career path that simply did not exist 20 years ago. In that sense, it is meritocratic and should be lauded.

But now so many kids see influencing as their get-out-of-jail-free card, a means to make millions from the comfort of their smartphones.

Not surprisingly, we are also seeing a mental health epidemic, with young people glued to their phones, seeking validation from strangers.

Dangerous driving is the tip of the digital iceberg.

How many more people must die before decisive action is taken?

BACKGRID

Beckhams – from salad scoffer to the veneer-ly normal

IF David Attenborough had been narrating the Beckham family last week, he'd have had a field day.

First up, we were treated to a very rare sighting of Victoria Beckham eating.

A creature infrequently spotted before food, here she was heartily tucking into a salad while on holiday. Granted, this is largely the same meal she has apparently eaten daily for the past 25 years, but still, eagle-eyed watchers rarely get to see the process.

Indeed, the number of times she has been pictured actually consuming food can probably be counted on one hand.

And then, three days later, almost an equally unheard-of phenomenon: Man with normal teeth.

Youngest Cruz, *inset*, who is rapidly proving to be the funniest member of the clan, took to social media to plug his new record, and DIDN'T have gleaming white veneers.

Something, as Attenborough would surely testify, that is a sight to behold in the modern animal kingdom. And long may it continue.

LASHING OUT . . . Pernice

A HIGH KICK BY GIO

GIOVANNI PERNICE'S recently serialised autobiography couldn't have made for fun reading for BBC bosses.

The Sicilian dancer, let go from Strictly Come Dancing in the wake of his torrid falling-out with Amanda Abbington, lashed out in spectacular fashion.

Effectively accusing the corporation of failing in its duty of care to him, he also threw the current crop of pros under the bus.

"There are still people on Strictly whose behaviour is far worse," he writes. "Others drink before the live show. Yet I'm paying the price because I danced with a woman I don't think should have been on the show in the first place, who didn't like my teaching style."

A gentleman scorned. . .

BACK in my day we had Trolls: Little creatures with furry, bright colours, upturned hair, stocky, plasticky bodies and smiling faces.

Thirty odd years later, here we are again.

Apparently, this purple-haired K Pop doll, *below left*, is on Gen Alpha's Most Wanted Christmas list.

The resemblance is sort-of uncanny.

PYJAMA DRAMA

THOUGHTS and prayers with John Barrowman at this difficult time.

The former Doctor Who star launched into a tirade about his recent business-class flight from LA to London . . . bemoaning the lack of free pyjamas.

"The tickets were very expensive and we get on thinking we'd get pyjamas with the flagship service," he whined on X.

"Then you apparently only give them to the first two rows in business class. What's that all about?"

That's about time you lost your entitlement, pal.

TEE-HEE . . . fan's fun shirt

BEES' BUZZ, I GIT IT

IF I had my time again, I'd come back as a Brentford supporter.

On Saturday afternoon I took my father to watch Spurs get trounced 3-0 at Brentford's Gtech Community Stadium.

Tottenham were terrible, but absolutely everything about the Bees was first-rate.

Chatting to a member of the backroom staff in the corporate lounge at half-time, he told me the club had a "no d*head-signing policy". Alas, unlike my own club.**

Another highlight was meeting this gent.

After homing in on his Old Git shirt, I asked this local legend where I could get a similar one made for my poor dad.

"Not in the official Brentford shop," replied Mr Git (I'd had three pints by the time we started chatting so failed to ask the lovely man his name).

"They told me 'Old Git' was discriminatory, so I had to go to Snappy Snaps to get it printed."

Brilliant.

meme of the week

CAN'T say I shared the same breathy excitement as much of the population upon discovering Meghan and Harry are headed back to these shores.

Certainly, in the past – and on this page – I've questioned some of their motives, and haven't always been an uber-fan.

But times move, and people change. And Harry's Invictus Games is a truly brilliant and worthy initiative, one that deserves all the plaudits. Here's to them making a fresh start, reconciling with Charles, and generally new beginnings.

TV RACE JO DIES YEAR AFTER SON

RACE Across the World star Jo Gardiner has died aged 61 — a year after her son and co-star Sam was killed in a car crash.

The duo competed in the BBC's global travel competition during its second series in 2020, journeying across South America together.

Jo died "following a long and courageous battle with cancer", her family said. The physiotherapist, from Manchester, was "an intrepid adventurer, brave, kind, witty and endlessly loving".

By RICHARD MORIARTY

Sam died in June last year aged 24 after his car came off the road.

The mother and son had competed on Race Across the World because Jo wanted a travel adventure with Sam, who had ADHD. A Race Across the World spokeswoman said: "At the time of filming, Sam described his mum as amazing – and that is how we will always remember her." Jo had type 1 diabetes and her family has set up a JustGiving page in her name in aid of Diabetes UK, for which she was an ambassador.

TV pair . . . Jo & Sam

She is survived by her other son, Charlie.

richard.moriarty@news.co.uk

MARKET STREET

• SPECIALS •

More reasons to shop at Morrisons

morrisons.com

Majority of stores. Excludes Morrisons Daily. Online varies. More Card/App required (18+) for Courgettes, Salad Potatoes and Mangetout offers. Courgettes 3 pack, 46p per courgette or 24.6p per courgette with More Card. The Best Salad Potatoes, £1.73/kg or 99p/kg with More Card. Trimmed Mangetout £8.96/kg or £4.77/kg with More Card. Mangetout offer ends 30/08/26. Serving suggestions.

GRAB A BARGAIN BREAK!

THE Sun HOLS FROM £9.50

LOCHING GOOD . . . Lesley Jackson and Lee Bennett on Sun Hol on the banks of Loch Tummel, Perthshire

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REPORTER GOES UNDERCOVER

Albanian cannabis crook in UK boot

By JULIA ATHERLEY

AN illegal migrant who helped transport cannabis worth £132,000 is to be deported after his "search for a better life" failed.

Albanian Edison Hadaa, 23, was spotted by locals clearing out a dope plant farm in Carmarthen, West Wales, in January.

Police caught him and two other men on the M50 in Herefordshire in a van that contained dozens of cannabis cuttings and potted plants.

The driver, Bilal Shabir, told cops "the Albanian boy" — accepted to be Hadaa — regularly got "jobs" for him.

Hadaa, who entered the UK illegally in a lorry in

Mugshot . . . Hadaa

2023, admitted being concerned in the supply of cannabis at Swansea crown court.

Emily Bennett, defending, said his wife was still in Albania and he had accepted a voluntary deportation there.

Hadaa, of Stoke, was jailed for 27 months.

Judge Paul Thomas, KC, told him: "By my calculations, you will be back in Albania soon."

Driver Shabir was previously jailed for 40 weeks.

The third man failed to attend and will be sentenced at a later date.

Wed cuz case win

A MIGRANT from Sudan can remain in Britain with the cousin she is married to after winning a case under the European Convention on Human Rights.

Isra Abdallah Ibrahim successfully appealed a Home Office ruling that she only got married in order to come to Europe.

It refused her application to join her "husband" when he was granted refugee status here in 2015.

There was no proof of a wedding but Mrs Ibrahim said it was "local tradition" in the African nation not to record a marriage.

That was accepted by an Upper Tribunal hearing in Manchester, which granted her appeal under Article 8 of the ECHR which protects a person's right to a family life.

Judge Paul Lodato ruled the refusal was "demonstrably disproportionate".

Wading in . . . migrant heads for small boat

Tight fit . . clambering on the packed inflatable

On their way . . . boat leaves northern France

I crossed Channel on illegal migrant dinghy

All on film . . . Drogan on boat

Picture: TalkTV

Rescue . . . Border Force vessel picked up migrants from small boat

EXCLUSIVE by JULIA ATHERLEY

JOURNO POSED AS CRIM

AN UNDERCOVER reporter crossed the Channel in a small boat posing as a migrant and claims French police give smugglers lifts back to the camps.

Christian Drogan spent weeks in Calais and said he was a criminal on the run before getting on a UK-bound dinghy.

Working with TV channel Talk's Isabel Oakeshott, he filmed his route to the UK, and his interactions with the criminal gangs who control it.

He says it was obvious who the smugglers behind the illegal crossings were — but French police did not arrest them.

Footage shows Drogan boarding an inflatable on the northern French coast along with dozens of migrants.

After setting off in relatively calm seas, a French police patrol boat approaches, with officers heard warning them of danger ahead by saying in English: "The sea is very rough, here it is quiet, when you go further it's very dangerous. The best way today is to go back."

Danger trip . . . Drogan

Drogan, 35, a former builder of Rochdale, Gtr Manchester, said the cops offered to take anyone back to shore if they had changed their mind about crossing.

He claims only the four smugglers accepted — and they were dropped back on the beach to continue organising illegal journeys for migrants. Drogan says it took seven hours for the illegal boat to get halfway to Britain.

Once in UK waters, his footage shows Border Force staff helping migrants on to a rescue vessel.

It quickly became obvious that he was not a real migrant and he was told: "You're on the wrong boat."

He says he was taken to a small boat migrant processing point in Dover and quizzed by terror cops.

Drogan said: "I rolled the dice with my life for this investigation, and its findings have only cemented my scepticism towards the establishment." The Government claimed he had been "reckless".

● **INVADING** Britain, The Undercover Migrant Returns will be broadcast on Talk at 5pm today.

biz

DANI ADS TO WORKLOAD

THE countdown to endless celebrity Christmas adverts is on.

DANI DYER is one of the first out of the blocks to film a new festive campaign.

I'm told the Strictly Come Dancing contestant and ex-Love Islander, *right*, has landed a bumper pay-day for renewing her deal with high street clothing chain Peacocks.

She's filmed a telly ad alongside former England footballer MICHAEL OWEN, *right*, and singer LOUISE REDKNAPP.

A source said: "The Christmas ads are all being filmed now and Dani's one for Peacocks is already in the can.

"Louise and Michael are seen getting a bit flirty in a lift, while Dani stays true to form and just snaps loads of selfies.

"It's the easiest money she's ever earned."

I'd say. Peacocks is preparing to roll out the campaign just in time for Strictly, meaning Dani is going to be on the box non-stop this year.

I revealed earlier this year she re-signed for the BBC dancing show after being forced to pull out of last year's series.

She had been paired with pro dancer NIKITA KUZMIN but fractured her ankle during rehearsals, meaning she never got a chance to have a whirl on the dancefloor.

But this time around, I'm told Dani is absolutely nailing her training and is pushing herself to try to lift the Glitterball trophy.

OZZY GIG FILM FOR CRIMBO

A DOCUMENTARY film on **OZZY OSBOURNE**'s last live performance will finally be released in December, nearly 18 months after it happened.

The project, centred around the Back To The Beginning show at Villa Park in Birmingham, had been slated for release at the beginning of this year.

But the late rocker's wife **SHARON** pushed it back as she was finding the editing process difficult.

I am now told the documentary is finished and will be on screens by Christmas.

"It's going to be a great Christmas gift for fans of Ozzy and **BLACK SABBATH**," my mole explained.

"The film is looking really good and features so many moving moments of Ozzy interacting with his friends and performers.

"It moves around from footage of the gig to artists backstage. It is very powerful because it captures Ozzy's final moments in the limelight."

Following the release of the film, Sharon will be looking ahead to Ozzfest next summer. The rock festival, started by Sharon and Ozzy, *above*, in 1996, will return to Villa Park.

GOTTA GET A MOVE RON

RONNIE WOOD was forced to rush through his set after the venue threatened to pull the plug.

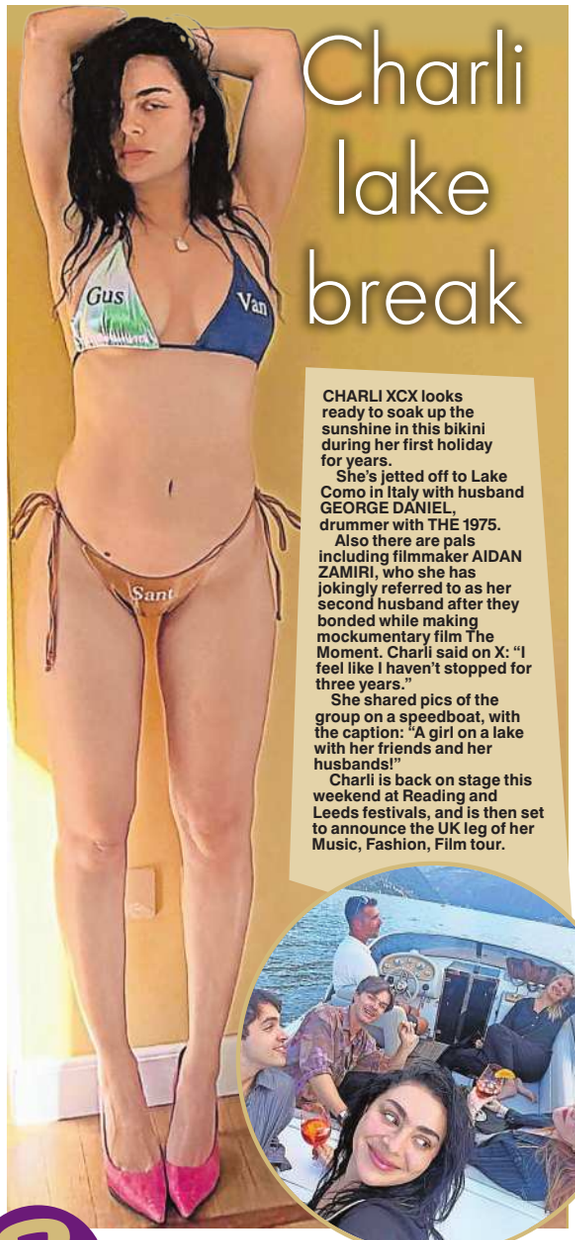
The **ROLLING STONES** guitarist spent too long on stage at North London's Kentish Town Forum on Friday, so organisers warned they'd shut him down if he didn't hurry up.

Ronnie, who was performing songs from throughout his career with the help of Irish singer **IMELDA MAY**, moaned: "We've got to move on or they're gonna cut the power."

He then steamed through a series of tracks, including **FACES** hit Stay With Me and Stones rarity Country Honk, so he could finish the set in time.

Despite the faff, Ronnie was beaming as he headed off stage. He got a hug from his wife Sally, who was watching from the side of the stage with their ten-year-old twins Gracie and Alice.

Charli lake break



CHARLI XCX looks ready to soak up the sunshine in this bikini during her first holiday for years.

She's jetted off to Lake Como in Italy with husband GEORGE DANIEL, drummer with THE 1975.

Also there are pals including filmmaker AIDAN ZAMIRI, who she has jokingly referred to as her second husband after they bonded while making mockumentary film The Moment. Charli said on X: "I feel like I haven't stopped for three years."

She shared pics of the group on a speedboat, with the caption: "A girl on a lake with her friends and her husbands!"

Charli is back on stage this weekend at Reading and Leeds festivals, and is then set to announce the UK leg of her Music, Fashion, Film tour.

Adela's Sombr moment

SOMBR was joined by special guest ADELA to make his grand entrance at Belgium's Pukkelpop Festival.

They posed for this snap before cameras captured them driving backstage and then making their way to the main stage.

It has become a staple of the American singer's festival shows to be joined by a "walk-up girl", with ZARA LARSSON accompanying him earlier this month.

They are both having huge years, with Sombr still riding high on the success of his hits including Homewrecker, 12 To 12 and Back To Friends.

Meanwhile, pink-haired Adela has just scored a Top 40 hit with Ain't In LA and will release her debut album Prima on September 4.

ELLIE HENMAN'S

arse

JORDAN HELP FOR JADE SPLIT

JORDAN STEPHENS is getting a helping hand after splitting from **JADE THIRLWALL** – by doing a one-day workshop on "healing through relationships".

The **RIZZLE KICKS** singer, *right*, revealed he went on a £175 course with therapist Donna Lancaster, which is aimed at stopping people "repeating the same old negative cycles".

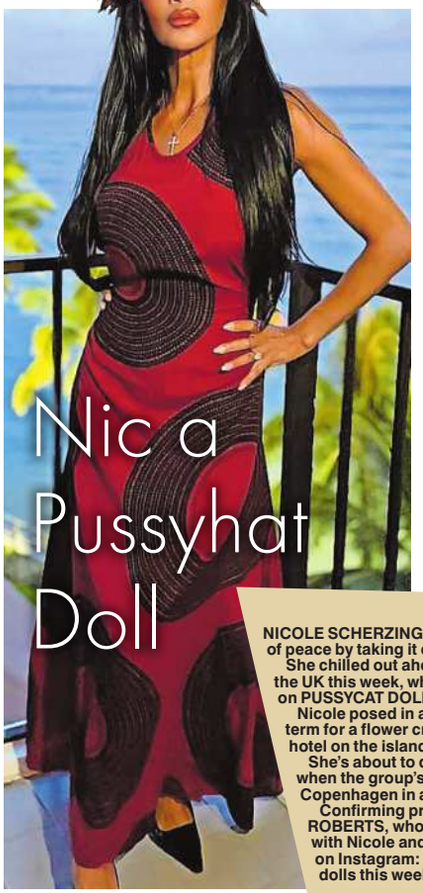
A blurb on the website says it helps people "understand why you might struggle with certain relationships and offer resources as to how to heal and connect in new healthier ways".

And it sounds like it's done wonders.

In a testimonial on the website, Jordan, who has split with the former **LITTLE MIX** singer after six years, said: "Within 20 minutes of Donna's relationship workshop, I was spun into awareness seemingly without a choice.

"I left with a sense of understanding and promise. I would recommend it to literally everyone."

Good for him.



Nic a Pussyhat Doll

NICOLE SCHERZINGER enjoyed her last days of peace by taking it easy in Hawaii.

She chilled out ahead of a 16-hour flight to the UK this week, where she will get cracking on PUSSYCAT DOLLS rehearsals.

Nicole posed in a lei po'o – the traditional term for a flower crown – as she relaxed at a hotel on the island.

She's about to do a hell of a lot of dancing when the group's European tour kicks off in Copenhagen in a fortnight.

Confirming preparations, ASHLEY ROBERTS, who is in the current line-up with Nicole and KIMBERLY WYATT, wrote on Instagram: "Back to rehearsals with my dolls this week."

LOUIS A SOPRANO WISE GUY

LOUIS WALSH steered some of the world's biggest pop acts – but now has his sights set on opera.

The former **BOYZONE** and **WESTLIFE** manager, *below*, has jumped on board to guide the career of vocal powerhouse **CLAUDIA BOYLE**.

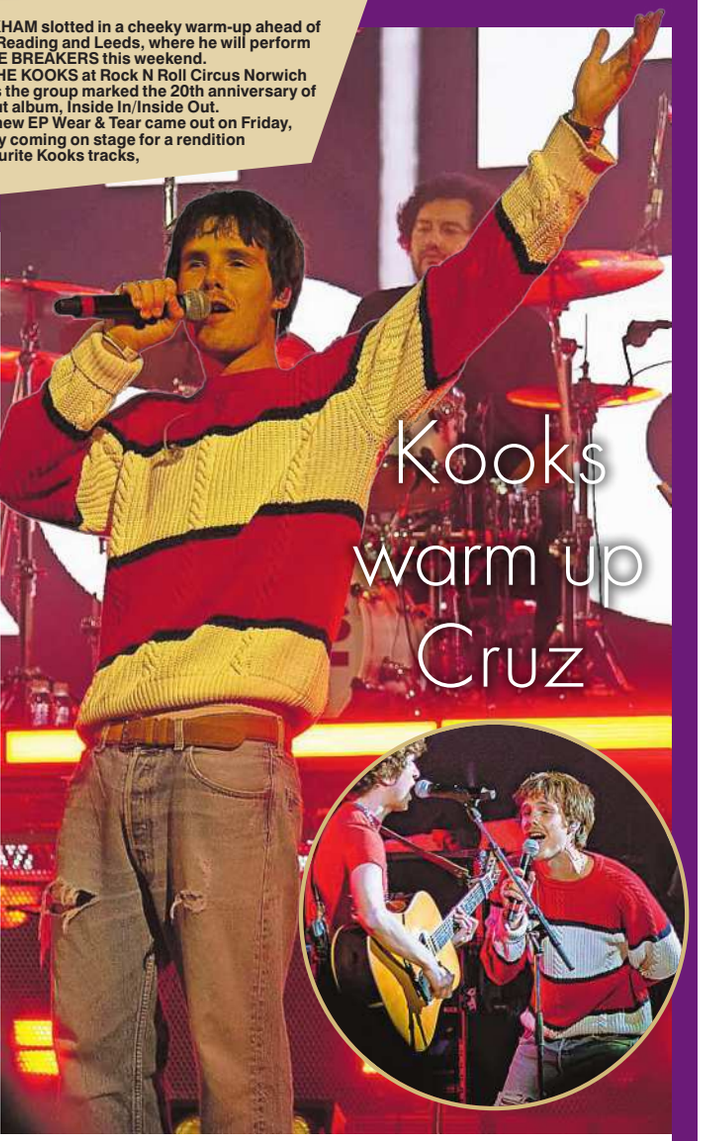
The Irish soprano was shocked that the one-time X Factor judge came knocking and she said: "I never really watched The X Factor, but of course I knew who Louis was. Who doesn't? This is a new thing for me."

With Louis' showbiz connections, I am sure Claudia will break into the mainstream in no time.

CRUZ BECKHAM slotted in a cheeky warm-up ahead of his debut at Reading and Leeds, where he will perform with band THE BREAKERS this weekend.

He joined THE KOOKS at Rock N Roll Circus Norwich on Saturday as the group marked the 20th anniversary of their killer debut album, Inside In/Inside Out.

Cruz, whose new EP Wear & Tear came out on Friday, surprised fans by coming on stage for a rendition of one of my favourite Kooks tracks, Jackie Big T*ts.



Kooks warm up Cruz

BACK WHERE WE BEYLONG

Jay-Z and Beyonce return to Cotswolds for huge UK shows

JAY-Z and BEYONCE have returned to the Cotswolds just months after calling off a permanent move to the celebrity hotspot.

I'm told the power couple are back in the idyllic region ahead of his two huge concerts at the Tottenham Stadium next week.

And while they will be staying in the countryside during their short time in the UK, my music insiders have told me Jay-Z has locked down a huge music space in East London for his rehearsals.

No expense is being spared, with Jay chartering a helicopter to fly him to and fro every day.

A source said: "It's like the circus has come to town now Jay-Z and Beyonce have arrived.

"They're staying on an estate in the Cotswolds but Jay is rehearsing in London.

"The set-up is massive. They've taken over a whole unit and have blocked off a car park so Jay's helicopter can land on the site.

"Yesterday morning there were almost 30 box vans with his crew and dancers arriving on the site.

"Loads of precautions have been put in place to make sure he has total privacy.

"The walk from the helicopter landing site to the entrance Jay is using is only about 30 yards, but there is a van on standby to drive him.

"He likes to have his sets totally locked down and this one is no exception.

"The shows at Tottenham are going to be a real spectacle and Jay will be in rehearsals with his team for the next ten days to make sure everything is perfect."

Jay-Z will take to the stage on September 4 and 5, his only dates in the UK this year.

He is celebrating two major milestones with the performances – the 30th anniversary of his debut album Reasonable Doubt and the 25th anniversary of his critically acclaimed sixth record, The Blueprint.

Beyonce will be marking her birthday at the first show next Friday, along with the 20th anniversary of her album B'Day.

So I won't be surprised if she pops up on stage too.

With HOWELL DAVIES & JACK HARDWICK

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DEAL OF DAY

FIRE up a feast on the Neo Black Steel 2 Burner Gas Grill. RRP £149.99, now £69.99 at neodirect.com. New customers get an extra five per cent off first orders using code FIRST5.

SAVE: £84 with discount code

CHEAP TREAT

DUNK a Jammie Dodger into your tea this week. A pack was £1, now 65p with a Tesco Clubcard.

SAVE: 35p

Switch it up

HOW TO BEAT THE NINTENDO PRICE RISE

NINTENDO has confirmed the Switch 2 price is jumping by £24 from September 1 2026.

From next month, the console will cost £419.99.

But here's how to bag a bargain before the deadline . . .

SHOP AROUND: Pick up the new Nintendo Switch 2 now to avoid next week's rise. Find it in stock at nintendo.com for that £395.99 price. But use a smart price comparison tool such as pricerunner.com, pricespy.co.uk, or idealo.co.uk to help you find it for less.

When we last checked, you could pick up a new Switch 2 for under £360 including delivery via Idealo.co.uk, plus, set up an alert so you're notified if the price drops. If you want to pick up the console in person, find one at Argos or John Lewis for £380.

CASHBACK STEALS: If you're buying from an online store, check all cashback sites first to earn a little extra. TopCashback.co.uk, is currently running a deal where new members can get an extra £10 off qualifying purchases.

That could bring your Switch 2 down to around £370 after cashback and a saving of nearly £50 on the September price. Pick up a Switch 2 at Currys and get two per cent back on all games consoles, when you shop via Quidco.com.

SECONDHAND SAVIOUR: Don't overlook a refurbished or secondhand console for a better price. At BackMarket.co.uk, get the Nintendo Switch 2 in 'good' condition from £359 with a one-year guarantee. That's a saving of just under £60 compared to the new September price.

At CEX, you can pick up a range of secondhand Switch 2's from £315 and you get a five-year warranty with purchase.

TRADE IN: Got an old games console gathering dust? Trade it in to cut the cost of a new Switch. Try musicmagpie.co.uk who offer around £260 for a Microsoft Xbox Series X 1TB. CEX also buys used consoles so pop into a store near you to see if you can trade in the old and bag a new Nintendo Switch 2 before the price shoots up.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

What's new?

BAG a free Lego set of Harry Potter's Dumbledore's office at Smyths Toys from 9am this Saturday, while stocks last.

Little helper

TOMORROW is the last chance to take part in Pho restaurants' Pink Wednesdays. Wear pink clothing to unlock a special £5 menu, including spicy margs and chicken wings.

TOP SWAP

£23

MAKE notes in a Moleskine classic notebook, £23, Moleskine.com, *above*, or the Ryman A5 soft cover version, £8.99, Ryman, *below*.

SAVE: £14.01

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SAVE: £6.50

HOT RIGHT NOW

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Probe . . . crypto deals

Crypto's 'Hitman' in billions fraud rap

EXCLUSIVE by NICK PARKER

A CRYPTOCURRENCY company boss calling himself "Manny the Hitman" has been arrested in the UK on a US extradition warrant.

Manpreet Singh Kohli, 44, is accused of swindling billions, with thousands of British investors feared to be among victims of the alleged scam.

It is claimed he and others manipulated the online currency market.

US prosecutors launched a global investigation into his firm Saitama, which once had a market value of about £5.7billion.

They claim Kohli personally made £14million from the 2021-23 fraud.

Kohli, whose X handle is mannythehitman, faced Westminster JPs last week and is on £200,000 bail at his Surrey home.

Home Secretary Shabana Mahmood will decide on his removal.

He said: "I didn't do it, and I have all the proof."

Dogs . . Riley & Buster

First paw patrol at UK train stations

By ALEX WEST

DOG patrols have joined a train station's security team in a British first.

Cocker spaniels Riley, 11, and Buster, nine, and ten-year-old labrador Flo have started work at London Waterloo.

They are being deployed by South Western Railway and Network Rail Wessex in partnership with Alpha Canine Specialists in a three-month trial.

It is the dogs' last job before they retire.

Dan Harrison, station manager for SWR and NR Wessex, said: "Deploying these dogs is not linked to any increased threat. It's part of providing more visual deterrence and offering our customers some additional reassurance."

South Western Railway said the scheme is part of a wider programme that will also include equipping guards with bodycams and upgrading CCTV cameras.

PADDINGTON BORES

EXCLUSIVE by ROD McPHEE

ITV in woke trigger alert

WOKE ITV bosses have issued a trigger warning on a classic Paddington Bear show featuring him doing the can-can in burlesque gear.

Viewers on ITVX are told that some episodes of the original 1976 animated series for children contain "outdated attitudes".

One of the programmes, called Paddington Goes to School, features the bear performing the can-can while wearing an orange skirt, frilly bloomers and a feather boa.

An insider said: "It's not something that you would see in modern day kids' telly, so bosses slapped a warning on it. But it's unlikely any viewers would be offended."

DOUBLE BUBBLE FOR BALLAS

SHIRLEY WALTZES OFF TO U.S.

Strictly judge lands extra job

EXCLUSIVE by ROD McPHEE
TV Editor

STRICTLY Come Dancing's Shirley Ballas is set to make an American smooth move with a judging role on the show's US version.

The Dancing with the Stars job would mean her criss-crossing the Atlantic to also continue as the BBC One hit's head judge.

Shirley, 65, *left*, impressed execs in the States with her appearance on their spin-off The Next Pro alongside dancer son Mark Ballas, 40.

An insider said: "The US audience love a no-nonsense Brit on the panel.

"After all, the UK is the home of ballroom so we're still seen as the authority.

"That's why Strictly's Len Goodman was on the panel from 2005 to 2022 and was incredibly well-liked. But discussions are still in the early stages."

Shirley lives in Britain with her mother Audrey, 88. But only child Mark and grandson Banksi, two, live in the US. Her representatives were approached for comment.

rod.mcphee@the-sun.co.uk

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Diggers . . . meerkats

Meerkats killed by collapse of tunnel

By SAM CREED

A WILDLIFE park lost a mob of meerkats when a tunnel collapsed due to a heavy downpour.

Just one of the burrowing animals survived the "catastrophic turn of events" as heavy rainfall "compromised the structure" and it caved in.

They began digging the tunnel in hot weather at Tropical Birdland in Desford near Leicester.

But sudden rainfall after the long dry spell made the tunnel fall in.

A spokesman said: "This has been incredibly distressing and heartbreaking for the team.

"Most of last week, our matriarch 'Big Mama' had her mob digging out a fresh chamber underground, ready for the arrival of her next litter of pups."

He said after the collapse "staff were able to locate where the meerkats were underground and were able to rescue one" – but the rest had died.

Haul . . . Creamfields

Cops dig up drugs hidden at festival

By RICHARD MORIARTY

COPS have found ecstasy, ketamine and 204 canisters of nitrous oxide buried at the Creamfields site ahead of this weekend's music festival.

Green tablets in the shape of Cornetto logos were among those found, with searches continuing.

Around 80,000 people are expected to attend the dance music event at Daresbury, Cheshire from Thursday to Monday.

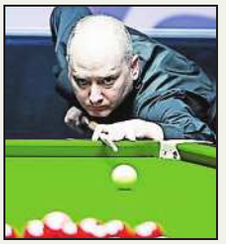
Supt Andy Blizard said: "Every year we remind those attending there is a zero-tolerance policy regarding drugs and, every year, we counter a number of brazen individuals who think they can outsmart us.

"Anyone who has buried a rucksack or holdall bag at the site and would like it back is asked to get in contact with us.

"We are conducting enquiries to identify their owners and look forward to speaking to them soon."

SNOOKER CHAMP CONVICTED

DOTT GUILTY OF KIDS SEX ABUSE



Match . . . Dott in 2024

FORMER world snooker champion Graeme Dott has been convicted of the historical sex abuse of two children.

The 49-year-old exposed himself in front of the primary school-age boy and girl, touched them inappropriately and kissed them.

The female victim, now in her 40s, said Dott abused her repeatedly. He began by "caressing" her bottom during a piggy-back and went on to expose himself and touch her with parts of his body.

The male victim, now in his late 20s, said much of the abuse happened in a shower, where Dott would enter partly or fully undressed and touch him "in inappropriate places".

The girl was abused between 1993 and 1996, and the boy between 2006 – the year Dott was world snooker champ – and 2010, both in the Glasgow area, its high court heard.

He was found guilty yesterday of two charges of lewd, indecent and libidinous behaviour towards a girl and a boy, which he denied, and was remanded in custody until he is sentenced next month.

NSPCC Scotland said: "His victims have shown immense courage in coming forward and helping bring Dott to justice."

By PAUL SIMS

Disgraced . . . player yesterday

BRIDEGERTON HEN DO

Party girls . . Bridgerton star Phoebe, left, with her sister Hattie and their mum Sally

By HOWELL DAVIES

THE Dynevor acting dynasty lines up for a family photo on Bridgerton star Phoebe's hen-do.

The 31-year-old was joined by her sister and Waterloo Road star Hattie, 22, and their Coronation Street veteran mum Sally, 63.

They were at a party for Phoebe at central London's five-star Broadwick Soho hotel, where her £1,500-a-night suite was decorated with bride-to-be balloons.

Phoebe, best known for playing Daphne Bridgerton in the first two series of the Netflix hit, is due to marry 32-year-old American actor and producer Cameron Fuller in the coming weeks.

She and some close friends, along with Hattie and Sally, enjoyed drinks at a cocktail bar at the hotel before a £76-a-head curated dinner at Italian restaurant Nina in Marylebone.

Hattie posted pics online and, referencing her sister's future surname, wrote: "Fuller love for Phoebe."

Balloons . . . and Phoebe with fiancé

CAR TV NEWBIES' BOOST FROM THE MASTER

TOUGH MUDDERS . . . new hosts, *from left*, James Engelsman, Francis Bourgeois and Thomas Holland filming in Wales

Grand Tour gets Clarkson's balm

'I really like them. I'm happy to endorse' – Jezza

JEREMY CLARKSON has given the new hosts of The Grand Tour his blessing – but won't be returning the show's famous giant tent that now sits in the grounds of his Farmer's Dog pub.

EXCLUSIVE by **ROD McPHEE** TV Editor

The latest era of the Prime Video series kicks off on September 4 with social media stars Francis Bourgeois, Thomas Holland and James Engelsman replacing Jezza, Richard Hammond and James May.

After taking on board the advice of the Clarkson's Farm favourite, Prime bosses chose the three relatively unknown petrolheads to front the show, rather than celebrities.

And Jeremy is happy to give his approval – as long as they "don't f*** it up".

Executive producer Andy Wilman, the man who created the hit Prime Video show with his old school pal, told The Sun: "Jeremy said he'd 'only endorse them as long as I like them'.

"So he watches the tapes and he's like, 'Yes, I really like them. I'm happy to endorse'.

"There's no way he'd endorse someone for a show he helped to create if he didn't like them. He wouldn't.

"He was on the front foot as soon as he saw them."

Andy added: "Richard and James were the same."

The feeling is mutual, and Francis, Thomas and James wanted to celebrate their predecessors' work in the new series.

It's a move that pleased Andy, who had hit out at the BBC for pretending the old trio "ever existed" when they left Top Gear.

In the first episode, the young hosts film a scene where they meet Jezza in his pub and ask for the Grand Tour tent back, which he now uses as a farm shop.

Jeremy jokingly rejects their request in amusing scenes, and the exchange acts as a passing of the baton from the old guard, who will make cameo appearances throughout the series, to the delight of fans.

Another reason why Clarkson, Hammond and May are so in awe of their replacements is that they know just as much, if not more, about cars than they do.

During the recruitment process, Jeremy said that every candidate should be quizzed on their knowledge of motors. And according to train enthusiast Francis, that is what happened during his audition.

He told the Radio Times: "We were shown images of parts – a panel, the rear quarter, a wheel – and had to say what car it was. I nailed that. It showed my car enthusiasm is as deeply wired as my railway enthusiasm.

"We're not doing this because it's a good gig, we're doing it because we love cars."

His knowledge hugely impressed ex-presenter James. Francis added: "One of my favourite moments was James telling me I had actually outnerded him."

Francis, 26, is arguably the better known of the new trio due to his trainspotting TikTok videos. But don't be fooled into thinking his passions start and end there.

As a boy he would carry a notebook and fill it with the names of cars he saw, arming him with the facts and stats that so impressed producers.

And it doesn't matter what shoes he is wearing behind the wheel – as his screen test proved.

Francis explained: "I wore high heels while reversing a trailer into a bay, trying not to knock eggs off cones. It was about putting us in tricky situations and seeing how we worked together. I was trying to show off my best form, but what shone through was that we were having a brilliant time, and that's what ultimately got us cast."

Thomas and James have an established on-screen chemistry, having hosted the popular YouTube channel Throttle House for a decade.

But according to James, one of the biggest challenges on The Grand Tour was getting Francis to crack a smile. The 34-year-old said: "It's actually really difficult to make Francis laugh, so that became my mission.

"I've spent years making Thomas laugh.

"But if I could break Francis, I knew it had to be genuinely funny." Canadian Thomas, 39, added: "Francis fitted right in.

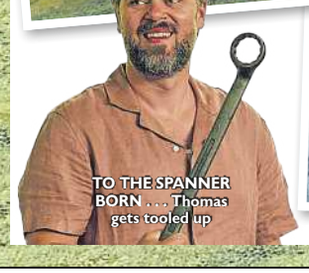
"I think viewers might notice that the dynamic is quite wholesome, for want of a better word.

"That's not to say we don't give each other a hard time – we absolutely do. But we didn't try to manufacture anything. What you see is literally how the three of us are when we are together."

The upcoming six-part series will include TV's newest petrolhead mates driving across Colorado in a Japanese micro-car, testing out muscle motors in California and also zooming around Malaysia and Angola.

GRAND EXIT . . . Clarkson, May and Hammond in the final scene of Grand Tour in 2024

WELSH BONNET . . . mucking about in Wales



TO THE SPANNER BORN . . . Thomas gets tooled up

STATESIDE . . . James in California

GETTING STICK . . . *right*, Francis gear shift and *above*, on location in Malaysia

US-bound . . . Declan

Declan's Pokémon world title bid.. at 11

By GEORGE LOMAS

A BRITISH boy of 11 is to take on hundreds of players in the Pokémon World Championships.

Declan Peers began playing the trading card game when he was eight and will face around 400 rivals in the under-12 age group this weekend in San Francisco.

Declan, from Portsmouth, has previously travelled to LA and Honolulu to compete.

He is hoping to improve on his 199th place finish last year as he looks to become a Junior Pokémon master.

But he said: "I'm much more nervous about starting secondary school the day after I get back."

Mum Fiona said: "My favourite place we've been to is Honolulu. Let's just say it's a little bit different to Portsmouth."

Declan finished second on the European circuit in Germany this year – his best-ever finish.

A total of 2,000 players will be competing.

'Nothing left' . . . Phil

House of fire hero goes up in flames

By ALEX WEST

A FIREFIGHTER who battled wildfires over the summer has lost his family home in a blaze.

Colleagues were called to the property where Phil Morris, 47, lived with wife Donna, 43, and their three children.

But they could not stop the flames gutting the barn conversion in Cefn Gorwydd, Powys.

None of the family was at home. Phil, a group manager with Mid and West Wales Fire Service, said: "There's nothing salvageable.

"We're all still here but we lost all the little things you build up that makes you you."

Brecon Fire Station said Phil devoted so much of his life to helping others when they need it most, adding: "Now it's our opportunity to be there for him and his family."

A fundraising page has already raised more than £29,000 for the family.

War of the roses

WOMEN IN PUNCH-UP AT FLOWER ARRANGING CLASS

A FRUSTRATED housewife punched another woman in a row at a flower arranging class.

Lorraine Jae, 51, had a meltdown after the tutor criticised her coursework.

As she argued with the teacher, fellow student Tracey Musker told her to stop being "childish". A court heard that

By RICHARD MORIARTY

Jae told Miss Musker to "shut the f*** up" and began picking up her belongings.

Jae directed further verbal abuse at Miss Musker – which she laughed off.

But while the victim was still sitting down Jae ran over and punched her in the face.

Prosecutor Tony Carey said: "When Miss Musker stood up, the defendant picked up a full protein drink from the victim's desk and threw it at her." Another student broke up the fight last December before Jae stormed out of St Helens College in Merseyside.

She was suspended from the floristry diploma course.

Miss Musker suffered bruises and a cut to her chin and a mark on her lip. Jae, of Leigh, Gtr Manchester, admitted assault by beating. Her lawyer, Helen Clarke, said: "It was a heat of the moment reaction when the defendant felt extremely frustrated. She is apologetic to Miss Musker."

Jae was ordered to pay £200 compensation plus £505 in fines and costs at Liverpool magistrates' court.

District Judge James Clarke called it "a bad situation that went in the wrong direction".

Attack . . Jae, left, and Miss Musker

Dentists' NHS exit

AT least 600 dental practices in England have left the NHS since 2017, latest analysis shows.

The number of surgeries rose by more than 400 to 10,160 – but those offering health service treatment fell from 64.6 per cent to 55.6 per cent, health think tank The Nuffield Trust found.

Just 38 per cent of adults who attempted to book a new patient appointment were successful, Nuffield found.

FAB FORTUNE

A life-sized bronze John Lennon statue by late celeb sculptor Laura Lian sold for £78,000 at a North Yorkshire auction.

CIP CIP HOORAY

Picture: BACKGRID

By ELLIE HENMAN

FORMER England rugby union player Danny Cipriani celebrates getting married to American actress AnnaLynne McCord.

Danny, 38, and the 39-year-old star of TV's 90210 wed in Los Angeles after crowdfunding £10,600 from guests.

The couple are planning two further ceremonies, one in London and one in Cambodia at the Angkor Wat temple.

Roles . . . Keating

Enders' star left £7k will

By THOMAS GODFREY

ACTOR Michael Keating, who played Rev George Stevens in EastEnders, left £6,800 in his will.

He also portrayed crook Vila Restal in all 52 episodes of sci-fi hit Blake's 7 from 1978 to 1981.

Michael died aged 79 in April after dementia.

Probate records reveal he left £141,903 reduced after liabilities to a net estate of £6,800.

The 2010 will shows he left £2,000 to each of his grandchildren, and his share of any property he owned to second wife Sue Conner.

Michael, of Peckham, South East London, also left possessions including theatre programmes, a stamp collection and gold medal to daughter Lisa.

His character was in 'Enders from 2005-17, and helped Dot Cotton with her spiritual struggles.

He also appeared in Yes Minister, Casualty and Midsomer Murders.

Big hols fall short

MORE than four in ten Brits prefer several short breaks to one annual holiday, a survey found.

And one in five is planning a mini-break this bank holiday weekend.

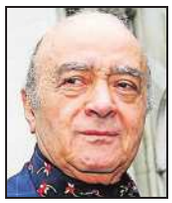
Three-quarters of the 2,000 polled by Smart Energy GB said short breaks helped them discover local hidden gems.

Almost half said they are now taking more short holidays than they were five years ago.

And a third said they use the cash saved by not going abroad to fund additional mini-breaks.

CUTTING IT FINE

Kids' haircut bookings are 36 per cent higher in the last two weeks of the summer holidays, data from Fresha found.



Network . . . Fayed

Man in 80s may face rap on Fayed

By SEBASTIAN HAW

THE Crown Prosecution Service is considering charging a man in his 80s for allegedly helping the late Harrods owner Mohamed Fayed rape and sexually assault women.

The Met Police handed over its evidence to the CPS yesterday as the investigation into Fayed's network continues.

A man and a woman, in their 80s, were interviewed under caution last month on suspicion of aiding and abetting rape and sexual assault, and assisting the commission of sexual offences.

Earlier this year, three women in their 40s, 50s and 60s, and a man in his 60s were questioned.

Fayed died three years ago aged 94, having never faced any charges. He was accused by 20 women of sexual assault on the BBC in 2024.

The Met said the new file "relates to two indecent assaults on two women in London".

Fears . . . fatal window

Aalim, 5, killed in 'fly leap' tragedy

By SEBASTIAN HAW

AN AUTISTIC boy of five jumped from a "compromised" 15th-floor window thinking he could fly, an inquest heard.

Aalim Ahmed died instantly in the early hours tower block fall in Plaistow, East London.

Coroner Ian Wade said Aalim woke and went to the kitchen. He said: "He climbed on to a chair and then on to the windowsill of an insecure double turn and tilt window.

"He opened the window and in a naive belief that he could fly, or alternatively could come to no harm, he leapt."

Aalim's mum Sahra felt the flat's windows opened too wide and she had reported other safety concerns about them. But a council engineer found the windows and handles were "functioning".

In a narrative verdict at East London coroner's court, Mr Wade said the windows "had become compromised".

AMAZING GLIMPSE OF THE FU

WHEN Usain Bolt became the fastest man on Earth in 2009, he performed that trademark victory pose — stretching out his arm towards adoring fans.

In sharp contrast, Tiangong Ultra — the robot that beat the Jamaican sprint legend's 9.58-second record in the 100m at the weekend — needs to do a bit of work on its celebration.

After crossing the finish line in a blistering 9.39 seconds, it crashed into a padded wall, collapsed on the ground and went to sleep.

Welcome to the 2nd World Humanoid Robot Games — part sci-fi fantasy and part knockabout comedy. The five-day event in Beijing, which began on Saturday, has revealed both how far machines have come and how far they have yet to go.

By GRANT ROLLINGS

The crowd laughed as some of the ungainly robots smashed into pieces, bumped into each other or fell over.

Others burst into flames and had to be doused down by marshals — a far worse outcome than the false starts or pulled muscles witnessed in the traditional Olympics.

But the audience also cheered as the best of the machines surpassed humans in speed and distance, breaking records in the 100m, 400m, 1,500m and high jump.

And for the tech companies taking part — the vast majority of them Chinese — there is fierce rivalry as they jostle to become leaders in a field that is projected to earn vast fortunes.

At last year's games, Unitree Robotics' androids showed off their kung fu and kickboxing skills.

Last week Unitree, based in Hangzhou, launched on the Shanghai stock market to great fanfare.

On its first day of trading, its share value rose more than 460 per cent.

Despite the excitement, at this year's games there have been plenty of empty seats in the arena, suggesting audiences still prefer to watch human athletes over soulless robots.

But robotics expert David Levy told The Sun: "The idea of the robot Olympics is a great one because the companies taking part are pushing forward the frontiers of knowledge.

"This is what happened in computer chess — programs got better and better due to championships.

"Although there have been some problems this year with the robots crashing, it is very good for the development of robotics."

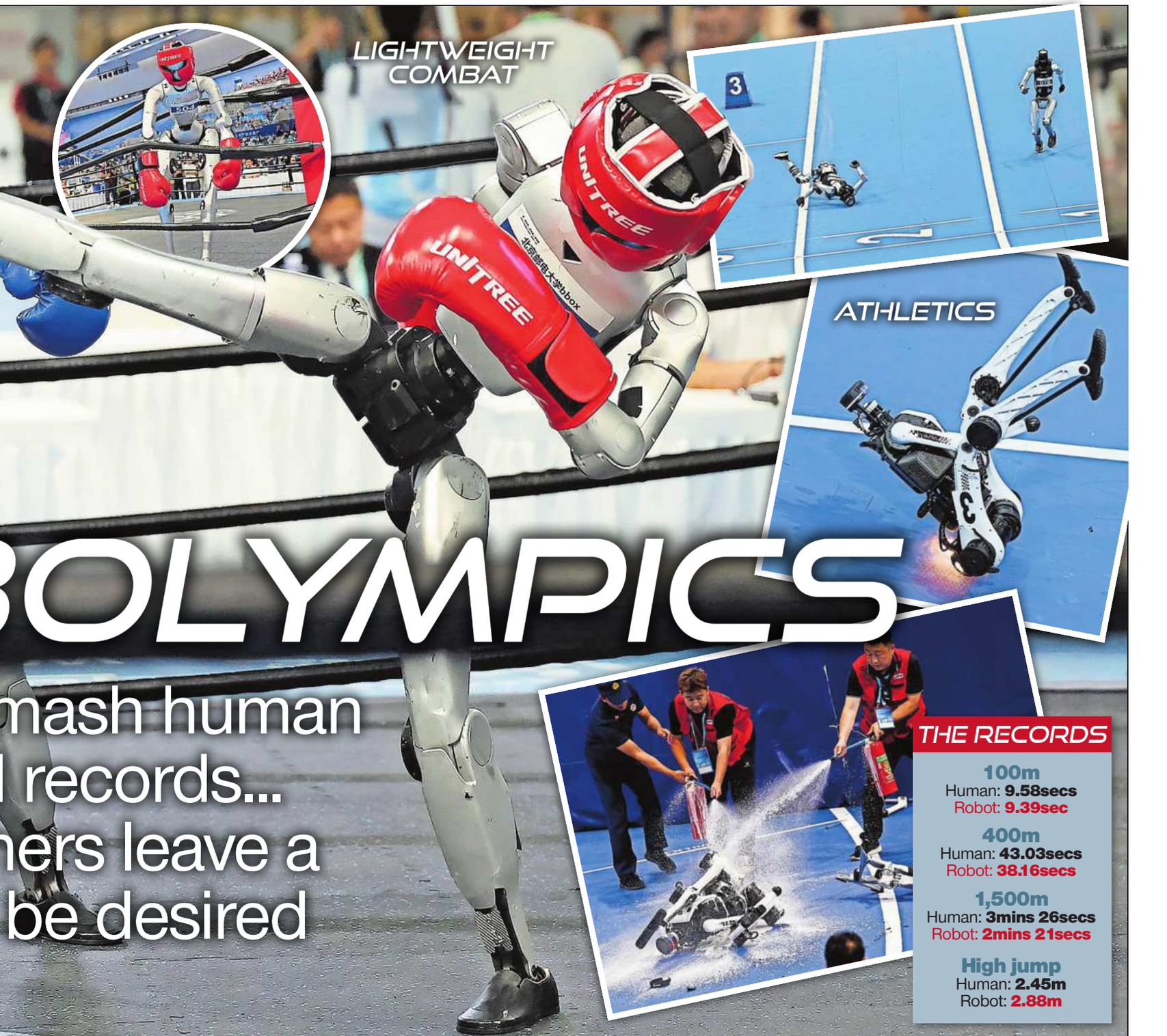
More than 2,000 human-like machines from 666 teams across the globe are taking part in 51 events at the games, more than double the number that attended last year.

As well as showing off their sporting prowess, the androids are also competing to show how fast they are at such events as Power Tool Assembly and Tweezers Bean Picking, and how dextrous they are at Jenga.

Among the sporting events are

TEC

UTURE AT CHINA'S HUMANOID GAMES



BOLYMPICS

mash human l records... hers leave a be desired

THE RECORDS

100m
Human: **9.58secs**
Robot: **9.39sec**

400m
Human: **43.03secs**
Robot: **38.16secs**

1,500m
Human: **3mins 26secs**
Robot: **2mins 21secs**

High jump
Human: **2.45m**
Robot: **2.88m**

is, table tennis, football, boxing, nastics, tug of war, weightlifting cheerleading, with probably the t entertaining events being 100m and 400m obstacles.

ven though the hurdles were lower than the ones faced by an athletes in the steeple-se, many of the bots still ped over them.

anchester City's goal hine Erling Haa-l can also rest easy he knowledge that won't lose his place robot any time soon.

e football bots bumped each other, swung ly at the ball and hud-together, though one

H-TICS . . . tai chi robot

of the more talented ones did perform Cristiano Ronaldo's jumping "Siuuu" celebration without mishap.

Similarly, the robot boxers would not have troubled late heavyweight legend Muhammad Ali – although one punch was able to send a droid flying out of the ring.

Where human Olympians *might* need to worry is in sprint events and the high jump.

After smashing Usain Bolt's 100m world record by nearly a fifth of a second, Tiangong Ultra broke the decade-old 400m world record set by South Africa's Wayde van Niekerk at Rio's Olympic Games.

It finished in 38.16 seconds, beating Wayde's 43.03 seconds, while lesser competitors strayed into the wrong lane, wobbled about while trying to keep up and fell over before reaching the finish line.

The 1,500m was over in two minutes, 21 seconds, annihilating Moroccan Hicham El Guerrouj's 1998 record time of three minutes, 26 seconds.

Cuban Javier Sotomayor's high-jump record of 2.45 metres has stood since 1993, but robotics firm X-Humanoid's machine smashed that achievement by managing 2.88m.

All these headline-grabbing triumphs were achieved by robots made in China. More than 90 per cent of the androids competing in the games are from the Communist nation, which leads the world in robotics.

David, author of the book Love And Sex With Robots, warned: "We should be sitting up and taking notice. The Chinese are way ahead in robotics. Development of robotics is expensive and the Chinese Communist Party is making sure all the research universities have the funds to add to the current state of knowledge."

At the moment the United States leads the way in artificial intelligence and is trying to catch up with China when it comes to robots.

Powder Weighing

The world's richest man Elon Musk wants to build massive factories to build his two-legged Optimus bots, which he hopes will become commonplace in people's homes.

The truth is that the robots on display on the athletics track this week are not likely to replace the likes of Usain Bolt one day – they are there to showcase what these firms' products can do on the domestic and work front.

In future they will be carrying out domestic chores and replacing jobs, and for that reason the Robot Games also had less spectacular events such as Garden Management, Book Sorting and Powder Weighing.

Even so, rapid improvements in AI are sure to lead to further leaps at next year's games.

The faster that machines can learn by themselves – which is where AI comes in – the sooner they will be able to replicate human dexterity.

David said: "Any AI can be added to robots to make them more human."

Except they won't be making mistakes like we do.

We might be laughing at the bumbling bots right now, but this is a very serious competition.

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Sun health+

Your essential guide to fat loss PILLS

By EMILY STEARN

STEP aside fat jabs – pills are the new weight-loss game changer in town.

The latest addition, orforglipron, sold under brand name Foundayo, became available in the UK yesterday.

And it may be the easiest slimming option yet, even more so than the Wegovy pill, which launched last month.

Wegovy (semaglutide) is made by Danish pharma company Novo Nordisk, while Foundayo is manufactured by Lilly, the same US pharma giant behind blockbuster jab Mounjaro (tirzepatide).

At the moment, both pills are only available privately for eligible patients.

Promising to replicate some of the benefits of weight-loss jabs – but without the need for needles or refrigeration – the pills have been hailed as transformational by doctors.

The need for such medication has never been greater.

Worldwide, one in eight people are now obese, putting them at higher risk of type 2 diabetes, heart disease, arthritis, fatty-liver disease and many cancers. Obesity is now estimated to cost the NHS more than £9billion a year.

Weight-loss pills, part of the GLP-1 class of medicines, have made slimming even more convenient.

Just like the jabs, they work by mimicking the GLP hormones that tell the brain your stomach is full.

But there are some differences to be aware of, including weight-loss expectations and side effects.

So what's the most effective? And how much does Foundayo cost?

Here's our essential guide.

WHEN CAN I GET IT ON THE NHS?

NOT yet. Neither pill is currently available on the NHS because they need to be signed off as good value for money by the spending watchdog NICE.

Experts believe it could be another year yet.

A NICE review of Foundayo is scheduled for November 2026.

"If recommended and the standard three-month funding period applies, it could become available by February 2027," Dr Marie Spreckley, an expert in diabetes and metabolic disorder prevention at the University of Cambridge, told Sun Health.

But leading doctors are apprehensive about what the NHS rollout could look like, given the "terrible" slow struggle patients have faced accessing the jabs.

Lilly is optimistic that the pill will be easier for the NHS to roll out to more eligible patients than the jabs.

Khalil Asmar, Lilly UK's vice president for cardiometabolic health said: "The reality is, if we really want to open up access in the NHS, we need to think about a new way of delivering obesity care across the NHS."

WHAT IS THE COST?

THE Wegovy pill is more expensive than Foundayo because the tablet has a different chemical structure.

Foundayo is a non-peptide small molecule GLP-1 drug, meaning it is significantly less complex and cheaper to make and manufacture than the Wegovy pill, which is a peptide-based GLP-1. But prices between the two are difficult to compare, as are the doses.

NEW HOPE . . . Foundayo pill from Mounjaro makers Lilly

The Wegovy pill has four doses, ranging from £80 to £225 per month. Foundayo has six doses between £100 and £200.

Many pharmacies have offers, such as for new patients. Voy is today charging £64 for the first month of the lowest dose of Foundayo (0.8mg), while MedExpress is charging £59.99 and Superdrug £79 for new patients.

CAN I GET IT?

FOUNDAYO and the Wegovy pill are both available for patients with a body mass index (BMI) of 30 or above, or those with a BMI of between 27 and 30 and at least one weight-related condition, such as heart disease, high blood pressure, obstructive sleep apnoea or type 2 diabetes.

But experts have urged patients to always use reputable pharmacies instead of websites with extremely low prices or heavily discounted offers.

Due to huge global demand for weight loss drugs, counterfeit versions have flooded the market in recent years and fake meds have been topped up with potentially dangerous substances.

WHICH PILL IS MOST EFFECTIVE?

THERE is no straightforward answer. Studies suggest long-term Wegovy pill users at the highest dose could lose up to 17 per cent body weight, compared with 21 per cent on the jab.

Patients lost roughly 12 per cent on Foundayo, and 20 per cent on sister jab Mounjaro.

But no options have been trialled head-to-head.

Dr Simon Cork, a senior lecturer in physiology at Anglia Ruskin University, said: "While the weight loss experienced [on Foundayo] is typically lower than that experienced with injectable medications, patients can still expect to see significant, clinically meaningful changes."

Other research has suggested that Foundayo was more effect-

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Your health questions answered
See Page 30

BEFORE at 15st 5lb

AFTER at 14st 7lb

'I've lost 12lb on the tablets in six weeks – they have worked brilliantly for me'

LAUREN CARRIGHER is among the first to try the Wegovy weight-loss pill.

Influencer Lauren, 35, wasn't keen on injections because she is terrified of needles.

So when she heard an oral version was available, she ordered a month's supply from provider Voy, costing £99.

In a month and a half, she has lost 12lb, dropping from 15st 5lb to 14st 7lb.

Lauren, from Maldon, Essex, told Sun Health: "I feel like I have had no side effects. I've got friends who were being sick and spending ages in the bathroom after having the injections, but I haven't had anything like that.

"Losing the weight has boosted my confidence."

Lauren had put on two stone after starting a new medication, Ryeqo, that she says cured her premenstrual dysphoric disorder but put her in early menopause

She found it impossible to shift the weight with healthy eating and regular exercise.

Lauren's BMI was 30 and, with her condition, she was eligible for a prescription.

She first started taking her pills on July 11 and noticed a change in just three days.

Lauren says: "The biggest thing was that I was feeling full much more quickly. I got about a quarter of the way through my dinner and I couldn't eat any more. Normally, I would eat the whole plate and then I'd still want something afterwards.

"I always carry weight around my stomach and my hips. My stomach sticks out and I feel really bloated.

"That's already started to improve, which has been lovely to see."

Lauren's goal weight is 12st.

She says: "My family have noticed I have lost weight and think I look good.

"For me, the pills are much better because, if they don't agree with you, you just stop taking them.

"With injections, they're in your body for a month.

"There are always going to be pros and cons, but for me it's worked brilliantly so far.

"I'm eating healthy, I'm eating less and, for the first time in a long time, I'm seeing the weight come off.

"I'm really excited to see what happens over the next few weeks."

ive in patients with type 2 diabetes, and that it could be used as a "maintenance" tool.

One trial of 376 patients, who had been taking Mounjaro or Wegovy, kept 75 per cent of the lost weight off by switching to Foundayo.

At the time Dr Louis Aronne, an obesity expert based in New York, said that Foundayo should be considered "treatment for life" like blood pressure and diabetes meds.

WHY IS FOUNDAYO EASIEST?

THE clearest advantage of Foundayo is its flexibility.

Dr Spreckley says: "It can be taken at any time without food or water restrictions, whereas Wegovy requires an eight-hour fast, followed by 30 minutes without food, drink or other oral medicines."

But both medicines need to be taken as prescribed – and convenience shouldn't be the only consideration when deciding which is more appropriate.

OTHER HEALTH BENEFITS?

BEYOND weight loss, trials for both pills have found extra benefits. Patients on semaglutide, the ingredient in the Wegovy jab and pill, have experienced improved blood sugar levels, lower blood pressure and lower cholesterol levels, helping heart health.

In one major study, systolic blood pressure (the top number, showing the pressure when the heart beats) dropped by an average of 6.8mm/Hg for systolic and 2.7mm/Hg for diastolic (the bottom number and pressure between beats).

Trials of Foundayo, meanwhile, have shown that it can cut systolic blood pressure by around 6.7mm/Hg and levels of harmful blood fats called triglycerides.

WHAT ARE THE SIDE EFFECTS?

ROUGHLY one in ten people experience mild effects, including acid reflux, nausea, constipation, fatigue and stomach pain.

Doctors say we should not assume the pills have fewer side effects than injections.

In clinical trials, most digestive side effects were mild to moderate, meaning they were unpleasant but manageable for most people.

Around four per cent were severe. In rare cases, GLP-1 medications can cause pancreatitis – inflammation of the pancreas.

The symptoms are distinctive: Severe, persistent abdominal pain that may radiate to the back, with nausea, vomiting and fever.

This is quite different from mild digestive discomfort many users experience in the early weeks.

If you develop severe abdominal pain, seek medical attention. Rapid weight loss, from any cause, also increases the risk of gallstones.

WHAT'S NEXT FOR GLP-1S?

ELI Lilly is still trialling the "Godzilla" weight-loss jab retatrutide, which has been shown to help users shed up to 30 per cent of their weight. But more pills are in the pipeline.

In June, British pharmaceutical giant AstraZeneca revealed it was now developing its own oral slimming pill called elecoglipron, which resulted in weight loss "comparable to that reported for other oral" GLP-1 drugs in trials.

In March, Structure Therapeutics also announced its once-daily pill, aleniglipron, helped patients lose up to 16.3 per cent of their weight after 44 weeks.

"More oral treatments are likely to follow," Dr Spreckley says.

"The real test will be how they compare directly, how well people tolerate and continue taking them, whether benefits really last and whether the NHS can provide affordable access."

What's behind your breakouts?

HEALTH CHECK

ARE you the victim of a "perfect storm" for adult acne?

Humid heat, sweat, suncream and indulging on holiday – it's no wonder our skin is screaming out.

But could there be another underlying cause?

ADULT ACNE

WHILE the NHS says 95 per cent of people aged 11 to 30 are affected by acne to some extent, some research suggests up to a quarter of women and 12 per cent of men have acne in their 40s. Acne is caused when hair follicles in the skin become blocked, usually by oil (sebum), dead skin cells and bacteria.

SKIN DEEP

MANY people find slapping thick SPF on their skin leads to clogged pores. But don't jump straight into new products with harsh ingredients, which can weaken the skin barrier. "Damaged skin overproduces oil to compensate, which clogs pores and triggers more breakouts. It becomes a cycle of oil, irritation and breakouts," says Debbie Thomas, celeb facialist and founder of D.Thomas Clinic, in London.

SUN DANGERS

THE skin condition rosacea can be worsened by the sun. It causes redness but one type, papulopustular rosacea, also causes red bumps with whiteheads. These can be wrongly misdiagnosed as acne when the common triggers – spicy food, alcohol and stress – can be avoided.

DIET TRAP

HOLIDAYS, barbecues, weddings and festivals, it's not just your gut that's screaming for a break. The NHS says diets with a high glycaemic (GI) index – which relates to how much it pushes up blood sugar levels – may be a possible trigger for spots. High GI foods include sugary drinks, white bread, pastries and cereals.

HORMONE LEVELS

AT high levels, the male sex hormone testosterone can also cause an excess of sebum in both men and women. It's a feature of the condition PMOS, affecting one in ten women. Women may also get more spots around pregnancy and menopause. "Progesterone spikes before each period, which also ramps up sebum production," says Debbie.

TREAT IT

A LOW GI diet (whole grains, beans, vegetables, eggs, meat and fish) has some evidence to reduce acne. You can ask a pharmacist to help pick the right skincare, such as in store in Boots, or via their Online Doctor consultations. Debbie recommends starting with benzoyl peroxide to help minimise breakouts. "Start at 2.5% benzoyl peroxide and only use on the spot to avoid dryness and irritation." A GP can prescribe antibiotics for infected skin or may make an NHS dermatology referral.

Sunhealth+

Expert advice from **Dr Zoe Williams,** our very own resident specialist and practising NHS GP

All the answers to help you sort those niggling health worries

ASK Dr ZOE

Got a question for Dr Zoe? Email her at health@thesun.co.uk

WITH the year's final summer bank holiday weekend approaching, new stats reveal just how much we are drinking.

More of us than ever before are now making steps to reduce alcohol intake.

But binge-drinking is going up – 13 per cent do it once a week compared to 11 per cent last year, says Drinkaware, with the biggest increase being in people aged over 55.

Sunny days, holidays and, of course, socialising all collide to tempt people to the bottle. But you can bring moderation into big weekends, too, without being a killjoy.

Try to restrict drinking to just one day, set a limit before you start, and alternate alcoholic beverages with water.

Here's a selection of what readers asked me about this week . . .

WHAT FIX FOR DIABETES?

Q I AM 67 and was told my diabetic reading was 49, just over the guideline of 48. Through changing my diet and regular walking, it is now down to 47.

My diabetic nurse asked how I feel about taking metformin. I am not completely against it but am concerned about long-term effects. My mum, 93, has diabetes, so no doubt it is hereditary.

I will continue with healthy changes but can you advise if it's worth trying Ceylon cinnamon 7200mg equivalent, with MCT oil capsules – which I've seen recommended online?

A An HbA1c of 49 is just over the diagnostic threshold for type 2 diabetes, and bringing it down to 47 through diet and walking shows your body is responding, which is really positive.

Metformin is often the first medicine offered for type 2 diabetes.

It helps the body use insulin more effectively.

Like any medicine, it can cause side effects, most commonly nausea, diarrhoea or stomach cramps, but many people tolerate it well, especially if started at a low dose or as modified-release metformin.

Having a parent with type 2 diabetes increases your risk, but it does not mean you are powerless. Your walking and diet changes are already helping. I would be careful with Ceylon cinnamon capsules.

Cinnamon has been studied for blood sugar control, but results are mixed, and it is not recommended as a replacement for proven diabetes treatment.

The dose you mention also sounds high, and "7200mg equivalent" can be confusing because it may refer to extract strength rather than the actual amount in the capsule.

Ceylon cinnamon generally contains less coumarin than cassia cinnamon, which is better from a liver-safety point of view, but that does not mean high-dose supplements are automatically safe or effective.

Cinnamon products can also interact with medicines.

My advice would be to keep going with the walking and diet, and ask your diabetic nurse what your personal risk–benefit balance is: could you continue lifestyle measures and recheck HbA1c, or would metformin give useful extra protection now?

If you do try any supplement, tell your nurse or pharmacist first.

But I wouldn't spend money on cinnamon instead of a treatment plan with proper evidence behind it.

Q I HAVE been awaiting a prolapse procedure for almost a year, though I have had discomfort for over three years.

I am constantly getting water infections and antibiotics don't work. Unless infections clear, I'll be unable to have the procedure.

I don't get any sleep because I wake every hour needing to pee. It's causing me deep depression.

Most days, life seems pointless as I have nowhere to go and no one who will listen to me.

A I'm so sorry you are going through this. Living with prolapse discomfort, repeated urine symptoms and broken sleep for months would wear anyone down.

When you say life feels pointless, that worries me. If you feel you might harm yourself, please seek urgent help today through 999, A&E or a crisis mental health service.

On the physical side, prolapse can contribute to bladder symptoms. If the bladder or vaginal walls have dropped, it can make emptying the bladder harder. Urine left behind can increase risk of recurrent infections – and even when there is no active infection, prolapse can cause pressure, urgency and discomfort that feels very similar.

The key question is whether these are repeated proven infections, or ongoing bladder symptoms being treated as infection. After several courses of antibiotics, urine should ideally be sent for culture, so doctors know which bacteria are present and which antibiotics should work.

I would contact your GP and the hospital team and explain clearly that you are awaiting prolapse surgery, waking hourly to pass urine, not sleeping and repeatedly needing antibiotics, while your mental health is deteriorating.

Ask whether your case can be reviewed or expedited, and if there is a cancellation list.

You may also need assessment for incomplete bladder emptying, maybe with a bladder scan.

Vaginal oestrogen can help some post-menopausal women with recurrent UTIs and bladder/vaginal symptoms, and a pessary may sometimes improve symptoms while waiting for surgery. These symptoms are seriously affecting your life, and you need a joined-up plan.

Itchy scrotum wakes me up at night

Q I've had a sore scrotum for a few years. It started after a shower, and the next day it was so irritated I couldn't stop scratching. Over the next few years, this issue has come and gone. I've had a flare-up since January despite creams from the doctor and changing my underwear type.

It's keeping me awake at night sometimes, as it tingles. The doctor has said it might be a sweat rash.

A Please don't feel embarrassed – long-term scrotal itching and soreness is something GPs and dermatologists see, and after this long you deserve a proper diagnosis rather than just another cream. The fact it started after a shower may be a coincidence. But if it has been coming and going over the years, it may no longer be a simple "sweat rash". Common possibilities include scrotal eczema or dermatitis, which is often worse at night and triggered by sweat, soaps, washing powders, friction or repeated scratching.

Fungal infection can affect the groin, though usually there is a clearer rash, scaling or spread into the groin folds.

Lichen simplex is where repeated scratching makes the skin thickened, hypersensitive and very itchy.

Nerve-related itch or pain – tingling, burning or flaring out of the blue – can sometimes come from irritated nerves in the groin, pelvis or lower back. Less commonly, persistent genital skin changes can be due to conditions such as psoriasis, lichen sclerosus or pre-cancerous skin changes, so it is sensible not to ignore it.

Ask your GP for a genital skin examination and say, "This has been recurrent for years, is disturbing my sleep, and has not responded to multiple creams."

Swabs or skin scrapings for fungal infection, or a dermatology referral, may be needed.

Until reviewed, wash with water or a bland emollient wash, pat dry, wear loose cotton underwear, avoid scratching where possible, and do not keep rotating random creams because that can make dermatitis worse.

TIP of the WEEK

YOU can use the NHS app to check test results and prescriptions.

Log in to see whether your prescription is now ready – it saves an unnecessary pharmacy trip or having to call GP surgeries, which typically no longer deal with prescription requests on the phone.

NEW CREAM? NO SWEAT

A NEW treatment for excessive sweating has been recommended for the NHS.

It's thought 75,000 people in England could benefit from the cream.

Hyperhidrosis is the medical name for when a person sweats profusely without obvious reason.

Treatment ranges from tablets that block sweat glands, prescription antiperspirants, Botox in the armpits and lifestyle measures. Now, there's a new option for patients who have exhausted options, as the National Institute for Health and Care Excellence has recommended glycopyrronium bromide cream.

GPB cream made by Axunio UK and branded Axhidrox, was shown to reduce sweating by 65 per cent after 12 weeks. A fifth of patients saw sweating reduce by 90 per cent.

The most common side effects included skin reactions (15 per cent of patients), a dry mouth (12 per cent) and dry eye (three per cent), as well as blurred vision and constipation.

Richard Baderin, Axunio UK managing director, said: "Hyperhidrosis can have a profound impact on many aspects of daily life, yet treatment options have historically been limited. The NICE recommendation for GPB cream represents an important milestone for adults living with severe hyperhidrosis and provides access to the UK's only licensed topical anticholinergic treatment for this condition."

DISCOMFORT . . . heavy sweating

SMEAR TESTS AT HOME

AT-HOME smear tests will be sent to millions of women in England. The NHS is targeting those who have not attended cervical screening appointments.

The move has been described as a gamechanger, making it "easier than ever" for women to get screened, instead of having to visit a GP surgery.

The kits contain a swab, which is used to collect a sample from the vagina.

This is then posted back to NHS labs for free, where it is tested for high-risk human papillomavirus. HPV is a group of viruses that can be passed on through sexual contact and cause no symptoms, but it is the main cause of cervical cancer.

Eligible women will get a text, email or letter encouraging them to order a kit through the NHS app or online. Only two-thirds of women aged 24 to 64 are up to date with screening, leaving an estimated four million at increased risk.

Dr Sue Mann, national clinical director for women's health at NHS England, said: "There are lots of reasons that may stop women from getting cervical screening – embarrassment, lack of time or worries about discomfort – and these kits provide a discreet and convenient option we hope will encourage more women to take up the life-saving test."

Athena Lamnisos, chief executive at gynaecological cancer charity The Eve Appeal, said: "Self-testing which can be done at home will be a step-change for many."

dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

Married men are my 'go to'

Dear Deidre

SEX with married men hits the spot for me but I've come to realise that I'm no worse than my cheating ex.

He hurt me so much. I caught a girl going into our flat on the camera doorbell.

I heard him suggesting they "go upstairs for some fun". This happened while I was away at a school-friend's wedding.

She looked about 18 to 20 and he's 33. I'm a woman of 29. I confronted him and he didn't deny it.

He packed up his belongings in my flat and left.

I was heartbroken, though.

Since then I've had several flings and all of them have been with married men. They attract me because I only want the sex and so do they. I can't take any more heartbreak.

I go out with friends, meet somebody and check their relationship status. Last weekend I was out for a friend's engagement party.

I started drinking heavily and I woke up in a guy's bed at daylight. I thought to myself, "Oh no! I've done it again". I even had to ask his name in the morning. I'm so ashamed.

Only the week before, I'd bedded somebody I met on the station platform. He said he was 37 and married. I fancied him from the start.

We talked all the way home and when we arrived at my station, he suggested he come back to my place for "a coffee". We both knew what we were signing up for and he didn't disappoint until immediately after sex, when I started to feel bad.

I've even had sex with two married colleagues which I know was totally wrong. One of them is 40 and makes a big show of being committed to his wife and kids. That's music to my ears because I know I'm safe from it getting serious.

I know I can't go on like this though. How can I kick the habit?

■ DEIDRE SAYS: Having sex with strangers is putting you at risk of harm, never mind catching an STI.

Nearly everybody goes through heartbreak at some time. Sleeping around isn't numbing the pain.

You're losing your values and confidence. To break the habit, you have to ride the storm.

Go cold turkey. Be single for a while. You can still have fun.

Plan nights out, but vow that you will be home by midnight for instance, and stick to it.

You'll feel better about it the following day when you don't have a heavy head and a stranger lying next to you.

My support pack called Moving On will show you exactly where to find emotional support.

dear deidre

Scan this QR code to talk to trained counsellors, Mon-Thurs, 1pm-4pm. We're humans, not chatbots.

LIVE Chat

PARTNER AND SON AT WAR

Dear Deidre

MY son and my partner butt heads all the time but it's so much worse now they're working together.

My son is 17 and he wants to be an electrician and my partner works for a big electrical company.

After persuasion from me, my partner got him an apprenticeship with his company but they were placed together.

They argue all the time. My partner says that customers are noticing but my son is a typical stroppy teenager who thinks he knows it all.

We went on holiday and my son shadowed another guy and told me he'd learnt more in a fortnight than he'd learnt in six months with my partner.

I've asked my partner to talk to management about moving him but he says no, it's too embarrassing.

■ DEIDRE SAYS: If they argued before this, expecting them to work together was a step too far.

Talk to your partner at a time when he's not fraught after another bad day with your son. Tell him you're worried about the stress between them both.

Suggest again that he swallows his pride and tells management that your son would respond better, and be of more value to the company, if he worked alongside somebody else.

You can also get support regarding your blended family dynamics through coramfamilylives.org.uk (0808 800 2222), where you can talk about children of any age – even adults.

HE'S A BAD BOY BUT I WANT HIM

Dear Deidre

I'VE always loved a bad boy and the latest guy I've been seeing has got a really high body count. He's admitted bedding 60 women – I bet it's higher.

We shared a drunken kiss some months ago but that was all.

I'm 21 and was out with some friends at the weekend and he joined our group. He's 31 and he made his way over to me and was very flirty as the night went on.

We went back to his place for sex but I know another woman is having his baby. I asked him about it and said, "It is definitely yours?" and he said it was.

He's great in bed and I really like him. Is it worth trying to develop this relationship, or will his new status as a dad mess things up for us anyway?

■ DEIDRE SAYS: Becoming a father need not spell disaster for a relationship but if this is his child, it deserves two loving parents.

He'll have a financial responsibility towards the baby and in an ideal world, an emotional one too.

Are you prepared to take on a ready-made family?

This guy has a reputation because he can't commit to one relationship. What makes you think that he'll change his ways for you?

It would be awful if you got hurt, so tread carefully and don't have sex with him again until you trust him and know you're not going to be ghosted afterwards.

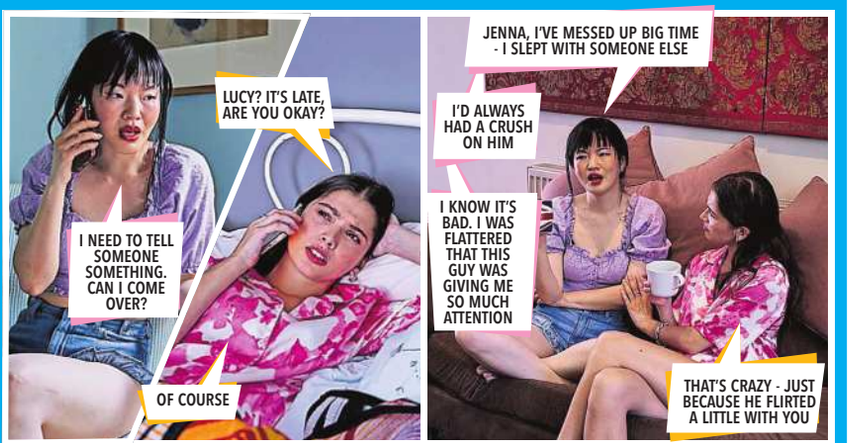
hot topic

SEX is meant to be both enjoyable and exciting, but it's not unusual for couples to find that their sex life becomes a little predictable over time.

Busy schedules, tiredness, mismatched libidos, or simply falling into the same routine can all take the spontaneity out of intimacy.

The good news is that small changes can make a big difference. My support pack 50 Ways To Add Fun To Sex is packed with ideas to help bring some of the excitement back.

stories deidre's photo casebook | JENNA'S IMPOSSIBLE SECRET: DAY 2



Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

Dear Deidre

GIRLFRIEND HAD A THREESOME IN COUPLE'S TENT

WHEN we were on holiday, I caught my girlfriend having a threesome with another couple in the tent next to ours.

She doesn't know I saw her.

We were in Benidorm when I'd just been told I'd got a job that I wanted after being in an awful job for over a year.

We didn't have a lot of money when we booked the trip, so camping seemed the obvious answer. The first few days were great fun.

When I got the phone call, we went to the clubhouse to celebrate and they had a band on.

There was a bar that was so cheap they were almost giving the booze away. We got chatting to the couple sitting on the next table and realised our tents were next to one another.

After lots to drink, I said I was going to bed and I left my girlfriend with this couple.

I woke in the night and realised she wasn't next to me. I stood outside for a moment, looking towards the clubhouse but that was in darkness.

Then I heard noises in the tent next to us. The zip wasn't fully closed so I subtly moved it to one side and there was my girlfriend, pleasuring the guy, as was his wife. I was traumatised. I haven't said anything but my girlfriend knows something is wrong.

We are both 26. What should I do?

■ DEIDRE SAYS: If you keep this bottled up, it will fester, making you just feel more and more miserable.

Find a calm and quiet moment to tell your girlfriend you saw them and see what she has to say. If she's full of remorse and you're willing to put this behind you, then my support pack Cheating, Can You Get Over It? will show you how to handle things now.

If she knew full well what she was doing and she feels no guilt, then hold your head high and tell her that it's over.

Sun TRAVEL just go holidays

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ABTOT

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.
Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial
X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Tuesday TV GUIDE

4-PAGE SECTION

BBC ONE

6am Breakfast (S)
9.30 Morning Live: Top Tips And Best Bits Advice, including the dangers of unregulated online pharmacies. (S)
10.30 Garden Rescue (R,S)
11.15 Homes Under The Hammer Featuring properties in Essex, Derbyshire and Cheshire. (S)
12.15 Bargain Hunt The teams search for collectibles in the streets of Hungerford, Berkshire, where Caroline Hawley learns about a hidden bakehouse. (R,S)
1.00 BBC News (S)
2.00 Money For Nothing Sarah Moore makes candlesticks out of old spindles. (S)
2.45 Escape To The Country A couple from Newport search for a new home in Devon. (S)
3.30 The Repair Shop Items include a silver statuette that survived a shipwreck. (R,S)
4.30 The Answer Run Quiz show hosted by Jason Manford. (R,S)
5.15 Pointless Quiz hosted by Alexander Armstrong and guest co-host Nish Kumar. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)

9pm Gladiator Emily Steel creates a signature dish in Celebrity MasterChef

7.00 The One Show Lauren Laverne and JB Gill present more reports and live studio-based chat. (S)
7.30 EastEnders Eve and Suki receive a devastating update, while a breakthrough offers Denise's family fresh hope and Penny feels overwhelmed by those around her. (S)
8.00 The Great British Sewing Bee (7/10) In the quarter final, the sewers face music week. The Pattern Challenge sees them paying homage to Madonna as they make cone bras and the Transformation Challenge puts them into two teams of three to make outfits for pop artists out of bedroom furnishings. (S)
9.00 Celebrity MasterChef (4/15) In the second week of heats, Emily Steel, Nitin Ganatra, Tom Simons, Donna Preston and Eric Underwood enter the kitchen. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 Arthur The King
FILM A professional adventure racer looking for one last chance at glory joins a team of athletes on a 435-mile, 10-day event in the Dominican Republic with the aid of a scrappy stray dog. Fact-based drama starring Mark Wahlberg, Simu Liu, Juliet Rylance and Nathalie Emmanuel. (2024) ✪✪✪ (S)
12.20 The Hit List (R,S) Followed by **Weather For The Week Ahead 1.10-6am** BBC News (S)

BBC TWO

6.30 am Bargain Hunt (R,S)
7.15 Money For Nothing (R,S)
8.00 Sign Zone: The Great British Sewing Bee (R,S,SL)
9.00 BBC News (S)
1.00 Richard Osman's House Of Games (R,S)
1.30 The Edge (R,S)
2.15 Do You Know Your Place? The contestants demonstrate their knowledge of Enniskillen. (R,S)
2.45 Animal Park Summer (R,S)
3.30 Serengeti III Many families of animals have made their homes near a beautiful lake – but when a great fire builds on the horizon, they face a difficult choice – stay or flee. (R,S)
4.30 Vintage Antiques Roadshow The team visits Dumfries. First broadcast in 2003. (R,S)
5.15 Flog It! From the Watts Gallery in Surrey. (R,S)
6.00 Richard Osman's House Of Games Jimi Famurewa, Harriet Kemsley, Colin Murray and Sara Pascoe compete. (R,S)
6.30 Great Continental Railway Journeys Michael Portillo ventures onto the European rail network. (R,S)

7.30pm Six teams must sculpt what home means to them in Race Against The Tide

7.00 Nigellissima (4/6) Dishes include liquorice pudding, fregola with clams and butterflied leg of lamb. (R,S)
7.30 Race Against The Tide (2/6) Iain Stirling challenges the six remaining teams to create sand sculptures that reflect what home means to them. Sadie Clayton and Jamie Wardley judge the efforts. (S)
8.00 Saving Lives At Sea (2/10) When a mayday comes in from a yacht breaking up off the Norfolk coast, both the Great Yarmouth and Gorleston RNLI crew and Caister's independent lifeboats race to the rescue. (S)
9.00 Emergency 24/7 (2/6) The team battles to save Paul, whose leg has been severed after being hit by a train, and they question the story of a man with a wound who denies being stabbed. (S)
10.00 Live At The Apollo (4/7) Comedy from Maisie Adam, Michael Odewale and Susie McCabe. (R,S)
10.30 Newsnight Analysis with Adam Fleming. (S) Followed by **Weather**
11.05 The Vampire Lestat: Interview With The Vampire (7/7) Armand's demands test Louis to his limits. (S)
11.55 A House Through Time (2/4) The Victorian-era. (R,S)
12.55 Sign Zone: Celebrity MasterChef (R,S,SL) **1.55-2.45am** Captive Audience: A Real American Horror Story. Part two of three. (R,S,SL)

itv1

6am Good Morning Britain (S)
10.00 This Morning A mix of celebrity chat, lifestyle features, advice and competitions. Including Local Weather. (S)
1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal The Albert Hall in Nottingham plays host to the dealer's den, where Fay Rutter is offered the Rolls-Royce of watches, and Stewart Hoffgartner examines a cowboy collection. (R,S)
3.00 Deal Or No Deal (R,S) Followed by **Local Weather**
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz show in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
5.00 The Chase Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on one of the ruthless Chasers and attempt to secure themselves a cash prize. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

7.30pm Nottingham Forest and Chris Wood face Leeds United in the Carabao Cup

7.30 EFL Carabao Cup
LIVE Nottingham Forest v Leeds United. Mark Pougatch presents action from the second-round tie at The City Ground. This is the second meeting between the sides here in the space of four days with the teams also facing each other in the Premier League on Saturday, and both teams will be looking to fare better in this competition than they did last season. Forest received a bye to the third round, but lost at that stage away to Swansea City, and Leeds went out on penalties at Sheffield Wednesday in this round. With commentary from Sam Matterface and Lucy Ward, and pitchside reports by Gabriel Clarke. Kick-off at **8.00**. (S)
10.25 ITV News At Ten (S)
11.00 Regional News (S)
11.15 Long Lost Family: Born Without Trace: What Happened Next Nicky Campbell and Davina McCall find out what happened to foundling Natasha and her full sister Lee-Ann – who were left as babies less than two years apart in the toilets of two different south London hospitals. Plus, a look at the transformational reaction to nurse Liz's story of being found as a severely ill baby in a basket in a hedge. (R,S)
12.10 Shop On TV 3.00 Love & Death (R,S,SL) **3.50** Long Lost Family: Born Without Trace: What Happened Next (R,S,SL) **4.45-6am** Unwind With ITV (S)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's 24 Hours To Hell And Back (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It The team heads to Birmingham, where Henry Cole stumbles upon a model metal tipper truck, which he is convinced will make some money. (R,S)
1.10 The Great House Giveaway In Newcastle-upon-Tyne, music agent Gemma and plumber Paul are paired up together to tackle the renovation of a four-bed family home. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 The Great B&B Challenge A delayed bakery run causes stress for Jo and Guy. (R,S)
5.00 Château DIY Tim and Krys turn an old restaurant building into a cookery school. (R,S)
6.00 American Pickers Mike and Frank encounter a collection that might turn out to be off-limits. (R,S)

8pm Twenty-five year old Liv meets Coco the dachshund in The Dog House

7.00 C4 News (S)
8.00 The Dog House (2/7) Parents Kirsty and Oliver think maybe a dog can wear out two-year-old toddler Stanley. Meanwhile, Coco the dachshund has to overcome some first date nerves as she meets 25-year-old Liv. (R,S)
9.00 Celebrity Hunted (8/8) With just 48 hours left, the remaining celebrity fugitives head to Birmingham train station to collect extraction details. But with Hunter HQ close behind, will any of them reach the pickup point before they're caught? (S)
10.00 24 Hours In A&E Documentary double bill. A 56-year-old man is airlifted in after crashing his motorbike at speed. Surgeons need to act quickly to save the patient's leg from amputation. Fifty-three-year-old Mike seeks help after injuring himself by falling off a domestic bin while trying to compact rubbish at home, while Harry needs attention having badly cut his head crashing his electric scooter. Then, three pedestrians are brought in after a roadside accident. (R,S)
12.05 Building Monaco's Superhomes (R,S) **1.05** Ramsay's Kitchen Nightmares USA (R,S,SL) **1.55** FILM The Quiet Girl. Drama. (2022) ✪✪✪✪ **3.30** The Piano: The Final (R,S,SL) **4.40** Find It, Fix It, Flog It (R,S) **4.55** Couples Come Dine With Me (R,S,SL) **5.50-6.30am** Countdown (R,S)

5

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm & Alexis Discussion and debate. (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money. (S)
2.20 A Killer In The Family
FILM A mother's world spirals out of control when her shy teenage son is arrested for the murder of a young woman he met online. Thriller starring Zoe Christie. (2023) ✪✪ (S)
4.00 Castle A famously reclusive author is murdered. (R,S)
4.55 Love Nature Cameras focus on Atlantic puffins living on Fidra, a small Scottish island. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Motorhoming With Merton & Webster Paul Merton and Suki Webster explore the Cotswolds, helping Richard and his apprentice Innis build a dry stone wall before driving to their first off-grid campsite.(R,S) Followed by **5 News Update**

9pm The Tudors With Rob Rinder And Ruth Goodman looks at the Spanish Armada

7.00 Cycling: Vuelta A España 2026 Rebecca Charlton presents action from stage four of the Grand Tour race, a 104.8km route that started and finished in Andorra la Vella, and featured four categorised climbs and 3,800 meters of elevation gain. (S) Followed by **5 News Update**
8.00 Motorway Cops: Catching Britain's Speeders On the M6, PCs Mark Gribble and Lucy Pond are called in after a car fails to stop for Cheshire Police. Intel reveals it's untaxed, uninsured, and without an MOT. (S)
9.00 The Tudors With Rob Rinder And Ruth Goodman A look at when England braced for the arrival of the Spanish Armada in 1588 with Rob following the story of a wealthy London merchant and Ruth tracing the experiences of a sailor and his wife. (S)
10.30 Murder On The Doorstep: Who Killed Alistair Wilson? Documentary examining the 2004 murder of a Scottish banker and father, executed on his own doorstep. (R,S)
12.05 Nigel Farage: Where Does The Money Come From? (R,S) **1.00** Teleshopping (R,S) **2.00** GPs: Behind Closed Doors (R,S) **2.50** Castle (R,S) **3.40** Friends (R,S) **4.30** The Highland Vet (R,S,SL) **5.25** Entertainment News On 5 (S) **5.35** Paw Patrol (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS S4C: **6am** Cyw **12.00** Newyddion S4C A'r Tywydd **12.05** Codi Pac **12.30** Heno **1.00** Bwrdd I Dri **1.30** Arfordir Cymru: Sir Benfro **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Gwesty Aduniad **4.00** Awr Fawr: Blociau Lliw **4.05** Twm Twrch **4.15** Fferm Fach **4.30** Blero Yn Mynd I Ocido **4.45** Byd Tad-Cu **5.00** Stwnsh: Dreigiau: Marchogion Berc **5.25** Y Smyrffs **5.40** Un Cwestiwn **6.00** 3 Lle: Ffion Dafis **6.30** Codi Hwyl **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Pobol Y Cwm **8.25** Nol O'r Dibyn Gyda Iolo Williams **8.55** Newyddion S4C A'r Tywydd **9.00** Siwrna Scandi Chris **10.00** Iaith Ar Daith **11.00-12.05am** Y Cosmos BBC ONE NORTH WEST: **1.35-1.45pm** North West Today; Weather

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language (HD) High Definition

PRESSURE . . . show launch shot

By ROD McPHEE
TV Editor

With
FELICITY CROSS
Deputy TV Editor
and
JANINE YAQOOB
TV Reporter

The Sun TV biz

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ROONEYS ARE REAL BUSY...

DISNEY+ has given us a taste of what's to come as WAYNE and COLEEN ROONEY promote their new fly-on-the-wall documentary.

The first image released ahead of the The Real Rooneys shows the couple dressed to the nines, looking as though they mean business.

Giving a glimpse of the daily pressures they both face, the images show a variety of hands thrusting various objects at them.

They include a make-up brush and organiser for businesswoman Coleen, who has beauty and fashion sidelines, and a microphone, reflecting Wayne's role as a TV football pundit.

Touchingly, there's also a smaller hand holding up a toy car, as the couple have four sons. The show is expected to air in late September or early October.

BILLIE PIPER has confirmed what most Doctor Who fans have long suspected – she is not the new Time Lord. Talking this week about the end of the last series, which saw **NCUTI GATWA** regenerate as her character Rose Tyler, she said: "I am not the next Doctor. I can't lie and say otherwise."

SURANNE SOCKS IT TO 'EM

VIGIL stars SURANNE JONES and ROSE LESLIE have revealed how they beat the cold and hunger while filming in the Arctic Circle.

The pair, who play police detective lovers in the third series of the BBC submarine thriller, filmed some scenes in a remote research station in sub-zero temperatures and were fuelled on the local delicacies including moose. They also had heated socks and gloves.

COLD . . . Jones

Talking on Radio 6, Rose, who plays DI Kirsten Longacre, said: "We had heated socks, they're amazing, it's like a USB stick and they just plug in and we're on top of the world in the Arctic Circle."

Suranne, who plays DCI Amy Silva, said: "There were polar bears and reinders walking around. We got that for lunch, with moose stew."

More listings: Pages 34 & 35

BRETT'S A SUPERHAIRO

BRETT GOLDSTEIN has gone from a comedy character in Ted Lasso to a Hollywood hunk, snogging **JENNIFER LOPEZ** and playing Hercules in the Marvel movies.

Having a leading man physique obviously helped – and it's one he's now showing off in fitness mag, Men's Health, *inset*.

But Brett, who made his breakthrough in 2020 playing Roy Kent in Ted Lasso, also insists he has another special selling point – a manly chest rug.

He said: "I only realised when I first went to Los Angeles what an anomaly I was. When I first went in a rooftop pool, I think someone called pest control.

"Also, Marvel didn't have any issue with it.

"It's probably why they cast me as Hercules – the chest hair."

MEN'S HEALTH UK

PITCH PERFECT . . . Brett, *left*, with his Ted Lasso co-stars

MAKING A SPLASH . . . for Men's Health shoot. *Left*, pumping iron for the mag

CHRIS TO SIGN FOR I'M A CELEB SPIN-OFF

Skate me outta here

MANY of us thought he had skated off ITV for good when Dancing On Ice was frozen last year.

But I can reveal Olympic legend **SIR CHRISTOPHER DEAN** is still part of the channel's family of talent.

The ice dancer is set to be one of the big names taking part in the new I'm A Celebrity . . . Get Me Out Of Here! spin-off, The Wild Frontier. He will appear alongside partner and Dancing On Ice co-star **KAREN BARBER**.

I revealed in July that he was in talks to appear in the standard version of the show, which takes place in the Australian jungle. Then plans changed.

A source said: "ITV bosses had a meeting and decided to move him to the new doubles show.

"It's a huge coup for ITV, as they now get both Christopher and Karen. Now Dancing On Ice is over and with his 70th birthday approaching, Christopher wanted to find something that would challenge him."

The Wild Frontier will be hosted by **ANT & DEC** and set in Canada.

The Sun revealed earlier this month that football's **RIO FERDINAND** and wife **KATE** had become the first couple to sign up for the show. They were quickly followed by **TYSON FURY**'s daughter **VENEZUELA** and her boxer husband **NOAH PRICE**.

The show will see celebrities compete with a relative, loved one, or even fellow stars. If Sir Chris and Karen can't replicate their previous success as a duo they could soon find themselves skating on thin ice . . .

WINNING DOUBLE . . . Karen and Christopher

CHEF SUE MAKES THE CUT

SUE CLEAVER had to call in the medics on Celebrity MasterChef after just 30 minutes because she "nearly cut her finger off".

The Coronation Street actress was chopping up a salad, but the razor-sharp Japanese knife her son bought her specially for the show sliced through her right index finger.

Sue, who plays Eileen Grimshaw on the ITV soap, said: "Oh, plaster already. I've cut myself. It didn't take long. I nearly cut my finger off and it's only day one. I'm panicking a bit."

CHOP . . . Sue

Show judge and Italian chef GIORGIO LOCATELLI tells her: "That's a Japanese knife. It's a very sharp one."

Luckily, on-site medics patch Sue up so she can carry on in the contest.

Co-judge GRACE DENT confessed: "I'm a massive Corrie fan. This is like meeting The Queen!"

Sue will also compete against MELVIN ODOOM and UNA HEALY on Celebrity MasterChef on Tuesday September 1 on BBC One.

KIT HARINGTON has been cast as Gilderoy Lockhart in series two of HBO's Harry Potter, replacing **NICHOLAS HOULT** who quit the role over scheduling issues. But it's a role Kit's played before as he voiced the magic teacher in last year's Harry Potter: The Full-Cast Audio Editions.

TOFF WE GO AGAIN, DANIEL

DANIEL INGS admits he's carved out a bit of niche playing "posh idiots".

This is evident as the actor reprises his role as wayward toff Freddy Horniman in series two of The Gentlemen, which drops on Netflix on September 3.

POSH . . . Ings

When he has tried to break away from posh parts it has not always gone well, as happened when he tried for the role of Theon Greyjoy in Game Of Thrones, later played by ALFIE ALLEN.

In the Radio Times, he said: "If I've learned anything, it's that you end up doing roles you're meant to do.

"I auditioned for roles in Game Of Thrones and, having seen it, there's no world in which I was right for it. And Alfie was incredible."

Tuesday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.05** Deadly 60 **8.00** Top Gear **9.00 FILM** Darkest Hour. Period drama starring Gary Oldman. (2017) **11.00** Jared Leto: Hollywood's Dark Secret **12.00** Confessions Of A Steroid Gang **1.30-2.30am** Kyle: The Gunman Who Divided America

BBC FOUR freeview 9

7pm The Architecture The Railways Built **7.45** The Flying Gardener **8.00** To The Manor Born **8.25** Keeping Up Appearances **9.00** How The Celts Saved Britain **10.00** Britain In Focus: A Photographic History **11.00** The Secret Genius Of Plants **11.55** Do We Really Need The Moon? **12.55** The Flying Gardener **1.10-2.05am** The Secret Genius Of Plants

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Potomac **8.20** The Real Housewives Of Beverly Hills **9.15** The Only Way Is Essex **10.15** Dawson's Creek **11.10** Charmed **12.05** Deal Or No Deal **1.05** Celebrity Supermarket Sweep **2.05** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** Wheel Of Fortune **8.00** The 1% Club Rollover **9.00** Olivia Attwood: The Price Of Perfection **10.00** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.30** Plebs **1.55-2.20am** Deep Fake Neighbour Wars

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **8.05** Classic Coronation Street **9.10** Poirot **11.30** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Vera **10.00** Lewis **11.50** Trial & Retribution **1.50-2.15am** George And Mildred

ITV4 freeview 26

6am Magnum, PI **8.05** Robin Of Sherwood **9.10** Boon **10.10** The Professionals **11.20** Robin Of Sherwood **12.25** Magnum, PI **2.35** The Memoirs Of Sherlock Holmes **3.45** Boon **4.50** The Professionals **5.55** Minder **7.00** Aussie Pickers **8.00** The Motorbike Show **9.00** Ice Road Truckers **10.00** All Elite Wrestling: Collision **12.00** Dark Side Of The Ring **12.55** Minder **1.50-2.45am** BattleBots

E4 freeview 13

6am Hollyoaks **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **7.00** Hollyoaks **7.30** The Simpsons **8.00** Ladies Of London: The New Reign **9.00** Below Deck Down Under **10.00** Gogglebox **11.00** First Dates **12.05** Naked Attraction **1.10-2.10am** Below Deck Down Under

MORE4 freeview 18

8.55am Find It, Fix It, Flog It **10.00** Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** PopMaster TV. Ken Bruce hosts the third heat of the music quiz, testing contestants on chart-topping classics and one-hit wonders. **10.00** Little Trains & Big Names With Pete Waterman **11.05** Police Rescue **12.05** 999: On The Front Line **1.10-2.15am** 24 Hours In A&E

FAMILY FAVOURITES . . . Roman and Martin on the road

MARTIN AND ROMAN'S IRISH ROAD TRIP

Channel 4

ROMAN KEMP is now so far beyond being just another TV nepobaby. He and Spandau Ballet dad Martin are now one of TV's best double acts.

This charming series, which is a mix between a travelogue and a history documentary, has seen them have a jolly around Ireland, exploring places and doing things that are rarely seen on TV.

It's been the perfect vehicle for them, showcased the bond they share more than any shows they've done before.

In last night's series finale they reached Northern Ireland for more unusual excursions.

That included going for a dip in the sea on the Causeway Coast . . . well, Roman went in, Martin chickened out.

They also discovered Dracula could well have been inspired by Irish folklore and stayed in a "haunted" hotel.

They then split up to do different activities with Roman meeting a pagan woman while Martin learned about Derry's Halloween parade.

That's where my attention began to drift because, for me, the big appeal is seeing the father and son together.

Thankfully they reunited for the final segment, which ended in a pub where they got to know some local singers and quizzed them about why they sing traditional music.

There's no doubt that this three-part series has highlighted just how beautiful the island is, and it's bound to boost tourist bookings.

But what has made it really special is the dynamic between

Sun TV review

SKY MIX freeview 11

7am Border Security: America's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: America's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Star Trek: The Next Generation **8.00** Hawaii Five-0 **9.00** Law & Order: Criminal Intent **11.00** Grimm **12.00** Wynonna Earp **1.00-2am** Police 24/7

ITV2 9pm Olivia Attwood looks into 'perfect' legs in The Price Of Perfection

U&DAVE freeview 19

7.25am Top Gear **8.20** Border Force: America's Gatekeepers **10.20** Rick Stein's India **11.20** Yukon Gold **12.20** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Guy's Garage **4.00** Hairy Bikers' Best Of British **5.00** Rick Stein's India **7.00** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **9.00** Have I Got A Bit More News For You **10.00** QI XL **11.00** Taskmaster **12.00** Mock The Week **12.40-2am** Would I Lie To You?

U&DRAMA freeview 20

7.20am The Bill **8.10** Doctors **9.20** Classic Holby City **10.40** Casualty **11.40** The Bill **12.40** Classic EastEnders **2.00** Classic Neighbours **3.05** Whitstable Pearl **4.10** Kingdom **5.15** As Time Goes By **6.00** Last Of The Summer Wine **8.00** 'Allo 'Allo! **9.40** New Tricks **11.00** Luther **12.20** Lovejoy **1.30-2.35am** Sister Boniface Mysteries

REALLY freeview 44

6am Fantasy Homes By The Sea **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters **12.00** The Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **5.00** Long Lost Family **6.00** The Repair Shop: Windrush Special **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** Who Do You Think You Are? **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash: Restoring Classics **10.00** Secret Nazi Bases **11.00** The World At War **12.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Secret Nazi Bases **5.00** The World At War **6.00** Antiques Roadshow **7.00** The Blue Planet **8.00** Bangers & Cash: Restoring Classics **9.00** Bangers & Cash **12.00** Bangers & Cash: Restoring Classics **1.00-2am** Find It, Fix It, Flog It

U&W freeview 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: The Big Build **12.00** DIY SOS: Homes For Veterans **1.00** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.00** Pete Wicks: For Dogs' Sake **9.00** Inside The Ambulance **10.00** Tortured To Death: Murdering The Nanny **11.00** Lies, Deceit And Betrayal **12.00** Missing Persons Investigation **1.00** Inside The Ambulance **1.25-3am** The Mormons Are Coming

QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters **1.00** The Repair Shop **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Flog It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** Ant Anstead: Born Mechanic **9.00** Johnny Vegas' Little Shop Of Antiques **10.00** The Repair Shop **11.00** How Do They Do It? **1.00-2am** Salvage Hunters

THAT'S TV freeview 56

8am Rising Damp **8.30** Some Mothers Do 'Ave 'Em **9.10** You Rang, M'Lord? **10.10** Bread **10.45** Steptoe And Son **11.25** Oh, Doctor Beeching! **12.00** Rising Damp **12.35** Man About The House **1.05** Goodnight Sweetheart **1.40** When The Boat Comes In **2.45** Minder **3.50** Just Good Friends **4.25** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.05** Rising Damp **6.40** Steptoe And Son **7.15** Whatever Happened To The Likely Lads? **7.55** Minder **9.00** Benidorm **10.00** Shameless **11.00** Man About The House **11.30** Mind Your Language **12.00** Benidorm **1.00-2.05am** Minder

SPORT

Sky Sports Action 5.45pm Cam Roigard and New Zealand take on the Lions

SKY SPORTS MAIN EVENT

6am LIVE Tennis **6.30** Sky Sports News **7.00** Sky Sports Breakfast **8.30** Transfer 360 **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** Sports Desk **2.30** Transfer 360 **3.00** LIVE US Open Tennis **7.00** LIVE EFL Cup. Nottingham Forest v Leeds United. Kick-off at 8.00. **10.30** LIVE US Open Tennis. Coverage of day two of the qualifying event for the Grand Slam. **1.00** LIVE Roger Federer In New York. **3.00-6am** LIVE Tennis. The ATP Winston-Salem Open and WTA Monterrey Open.

SKY SPORTS PREMIER LEAGUE

6am FNF **6.30** SNF **7.00** PL Highlights **8.00** MNF Hlts **8.30** Transfer 360 **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** PL Highlights **2.30** Transfer 360 **3.00** PL Highlights **4.30** MNF Hlts **5.00** The Premier League Show **7.00** Gillette Labs Soccer Special **10.30** PL Review **11.30** Premier League Stories **12.00** Netbusters **12.30** PL 100 Club **1.00-3am** PL Retro

SKY SPORTS FOOTBALL

6am Championship Retro **8.45** EFL Greatest Games **9.00** SPFL Greatest Games **9.30** EFL Greatest Games **10.00** EFL Cup Highlights **11.00** SPFL Greatest Games **11.30** EFL Greatest Games **12.00** EFL Highlights **12.30** Bundesliga Preview **1.30** EFL League One Goals **2.00** EFL League Two Goals **2.30** EFL Highlights **4.30** Bundesliga Preview **5.30** EFL League One Goals **6.00** EFL League Two Goals **6.30** EFL Cup Highlights **7.00** LIVE EFL Cup. Nottingham Forest v Leeds United. Kick-off at 8.00. **10.30** EFL Highlights **12.00** EFL Cup Highlights **12.30** Dundee United: Champions 83 **1.00-3am** EFL

SKY SPORTS ACTION

6am Betfred Super League **11.45** Betfred Super League **12.00** NFL **1.00** Good Morning Football **3.00** Betfred Super League **3.30** International Rugby Union **5.45** LIVE International Rugby Union. Lions v New Zealand. Kick-off at 6.00. **8.00** NBC's Pro-Football Talk **10.00** NBA **10.30** NFL Bitesize **11.00** NFL **12.00** The Insiders **1.00-2am** NFL

SKY SPORTS +

6am LIVE Tennis. The ATP Winston-Salem Open and WTA Monterrey Open. **6.30** Sky Sports News **7.00** Sky Sports Breakfast **8.00** Betfred Super League **10.45** My Icon: Deta Hedman **11.00** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** Sports Desk **2.30** Transfer 360 **3.00** Sports Desk **4.00** LIVE US Open Tennis. Coverage of day one of the mixed doubles tournament. **7.00** LIVE EFL Cup. Birmingham City v Brentford. Kick-off at 8.00. **10.30** LIVE Tennis. The ATP Winston-Salem Open and WTA Monterrey Open. **2.00-6am** LIVE Tennis. The ATP Winston-Salem Open and WTA Monterrey Open.

SKY SPORTS CRICKET

6am Nepal Climbing Cricket's Mountain **6.30** Women's ICC World T20 Cricket **7.00** One-Day Cricket **10.00** International T20 Cricket **12.30** Nepal Climbing Cricket's Mountain **1.00** Test Cricket **4.00** The Rawalpindi Express **5.00** One-Day International Cricket **9.00** International T20 Cricket **11.30** Nepal Climbing Cricket's Mountain **12.00** Women's ICC World T20 Cricket **12.30** International T20 Cricket **1.30-2am** Nepal Climbing Cricket's Mountain

SKY SPORTS GOLF

6am School Of Golf **7.00** Golf Academy **8.00** Playing Lessons **9.00** Ladies European Tour Golf **10.00** PGA Tour Golf **11.00** Women's Golf **12.00** Best Of The Open Zone 2018 **1.00** Best Of The Sky Zone **2.00** Best Of The Shot Centre **2.30** Mark Roe's Short Game School **3.00** The Golf Fitness Show **3.30** The Improvers **4.30** Nick Dougherty's Tee Time Tips **5.30** Scotland's Greatest Golf Holes **6.00** Ladies European Tour Golf **7.00** DP World Tour Golf **7.30** Ladies European Tour Golf **9.30** Tommy 25 **10.00** The Greatest Solheim Cup **12.00-2am** Europe! Europe!

ENTERTAINMENT

Sky One 8pm Martin deals with a startling baby delivery in Best Medicine

SKY ONE

6am Mornings **7.00** Mornings With Ridge And Frost **8.00** Stargate SG-1 **10.00** La Brea **11.00** The Simpsons **12.00** Africa's Hunters **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **6.00** Rob & Romesh Vs Anthony Joshua Revisited **7.00** The Simpsons **8.00** Best Medicine. Martin deals with a startling baby delivery and the arrival of his amorous ex, while Louisa receives some thought-provoking medical results. Last in the series. **9.00** Micky Flanagan: An' Another Fing Live. A stand-up show recorded at London's O2 Arena. **10.45** The 'Burbs. Samira makes a discovery. **11.40** Grimm **12.40** Evil **1.35-2.30am** Road Wars

SKY ATLANTIC

6am The Guest Wing **8.00** Billions **10.15** House Of The Dragon **12.40** Homicide: Life On The Street **2.30** Billions **4.40** Django **6.45** House Of The Dragon **9.00** Little Bird. Patti desperately searches for her missing children. **10.00** Little Bird. Esther finds members of her family, who help her put together the pieces of the past, then she returns home to Montreal to confront Golda about her new discoveries. **11.00** Das Boot. A sequel to the classic 1981 German film. **12.15-2.15am** Possession

SKY WITNESS

6am Sun, Sea And A&E **7.00** Border Patrol **8.00** UK Border Force **9.00** The Force: Manchester **10.00** Motorway Patrol **10.30** Caught Red Handed **12.00** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Caught On Dashcam. Road disasters captured on video by drivers' dashboard cameras. **9.00** The Rookie. Nolan is assigned his first rookie. **10.00** Blue Bloods. A childhood friend comes to Danny in desperate need. **11.00** The Rookie **12.00-2am** FBI

U&GOLD

7.25am Don't Wait Up **7.55** Ever Decreasing Circles **8.35** Only Fools And Horses **9.15** The Green Green Grass **9.55** Are You Being Served? **10.30** Last Of The Summer Wine **11.50** Ever Decreasing Circles **12.30** Only Fools And Horses **1.10** Keeping Up Appearances **1.50** Dad's Army **2.25** The Green Green Grass **3.05** Are You Being Served? **3.45** Ever Decreasing Circles **4.25** Dad's Army **5.00** Last Of The Summer Wine **6.20** Keeping Up Appearances **7.00** Only Fools And Horses. Del persuades Denzil to lend him his redundancy money. **7.40** Dad's Army. Frazer loses part of a gun. **8.20** Are You Being Served? Mr Humphries catches a disease. **9.00** The Office. The staff receive their annual appraisals. **9.40** Fawlty Towers. Basil tries to save money on building costs. **10.20** Not Going Out. Lee finds a girlfriend to make Lucy jealous. **11.00** Mrs Brown's Boys **11.40** The Office **12.20** Fawlty Towers **1.00** Not Going Out **1.35-2.25am** Mrs Brown's Boys

COMEDY CENTRAL

8am The Upper Hand **9.00** Everybody Loves Raymond **11.00** Sabrina The Teenage Witch **1.00** Friends **9.00 FILM** Austin Powers: International Man Of Mystery. A sex-mad British secret agent from the 1960s is revived in the 1990s to do battle once again with his arch-enemy. Spoof spy caper starring Mike Myers and Elizabeth Hurley. (1997) **11.00** Iain Stirling's Roast The Internet **12.00** Whose Line Is It Anyway? USA **1.00-2am** South Park

U&ALIBI

7.15am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Return To Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex. Mark and Rex hunt down a key witness. **6.00** Body Of Proof **7.00** Private Eyes. Shade and Angie are called in when a motorcycle shop is vandalised. **8.00** Return To Paradise. Death in Paradise spin-off starring Anna Samson and Lloyd Griffith. **9.00** Death In Paradise. A TV presenter's body is washed up on the shore. **10.20** Father Brown. Mrs McCarthy's goddaughter goes missing. **11.20** Private Eyes **12.20** Shakespeare & Hathaway: Private Investigators **1.20-2.30am** Return To Paradise

SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** Avenue 5 **11.20** Will & Grace **12.20** Upright **1.40** Avenue 5 **3.00** Will & Grace **4.00** Two Weeks To Live **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** Animal Control **9.00 FILM** Bill & Ted's Excellent Adventure. Time-travel comedy starring Keanu Reeves and Alex Winter. (1989) **10.45** Two Weeks To Live. Double bill. **11.45** Animal Control **12.45** Community **1.45-2.15am** Hitmen

DISCOVERY

6am How It's Made **7.00** The Aquarium **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Wheeler Dealers **9.00** Deadliest Catch. Captains Sig and Sophia shift their strategy as injuries plague the Northwestern deck crew. **10.00** In The Eye Of The Storm. An unstable weather system moves north from Tornado Alley and spawns a twister. **11.00** Expedition X **12.00-2am** Deadliest Catch

RADIO

Virgin Radio 6.30am Chris Evans returns once more with his Breakfast Show

VIRGIN RADIO DAB virginradio.co.uk

6.30am Chris Evans **10.00** Emma B **2.00** Ben Jones **6.00** Will MacDonald **10.00** Goldierocks **2.00-6.30am** Steve Denyer

TALKRADIO DAB talkradio.co.uk

6am Jeremy Kyle **10.00** Julia Hartley Brewer **1.00** Ian Collins **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **10.00** Petrie Hosken **1.00** Paul Ross **5.00-6am** Through The Papers

TALKSPORT 1053, 1089MW talksport.com

6am Jeff Stelling **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Jacobs **4.00** TalkSPORT Drive **7.00** Kick Off **10.00** Sports Bar **1.00** Paul Ross **5.00-6am** Sports Breakfast

TV GUIDE

4-PAGE SECTION

Martin and Roman, who have a lovely chemistry. In the closing moments, Roman told his dad: "It's nice being able to do something like this together."

Martin added: "We've got a nice little relationship but I don't think you can ever bond enough. It's about making memories." I'll bet my house on the fact producers will want to book Roman and Martin for other projects, so expect to see more of them very soon.

In the meantime, they've done sterling work for the Irish tourist board and convinced even me I need a road trip, although perhaps not to a haunted hotel.

FELICITY CROSS

TUDOR TALES . . . Ruth and Rob

TV picks

THE TUDORS WITH ROB RINDER & RUTH GOODMAN, Channel 5, 9pm: In the last instalment of what's been a fascinating dive into Tudor times, Rob and Ruth examine the impact that the war against the Spanish Armada had for the people of the 1500s.

Rob finds out about a wealthy trader, miffed to have his best ships co-opted by Elizabeth I for her fighting fleet, and investigates the Virgin Queen's Chief Gentlewoman, Blanche Parry, and the surprising power she held beside the throne.

We also meet Margaret, a fruit seller whose husband William is badly injured in the Armada. If you've only just had your dinner, you might want to look away as we discover the stomach-churning realities of an amputation at sea, using only the most basic of tools. This one's going to hurt.

CELEBRITY MASTERCHEF, BBC One, 9pm: When actor and comedian Donna Preston walks into the MasterChef kitchen, it doesn't take long for her to pop the trophy under her arm and quip that she'll "take that home".

But Grace and Giorgio will be the judge of that, as Donna serves her signature dish and surely a show first – a doner kebab. Donna's competition includes Gladiator's Dynamite, Emily Steel, former EastEnders star Nitin Ganatra, YouTuber TommyInnit, and retired Royal ballet dancer Eric Underwood.

CARABAO CUP: NOTTINGHAM FOREST V LEEDS UNITED, ITV1, 7.30pm: It's the all-Premier League tie of the second round, and new Forest boss Oliver Glasner hopes to prove his side can cope with the loss of Elliot Anderson.

Having led Crystal Palace to a surprise FA Cup triumph in 2025, Glasner will be looking to captain Morgan Gibbs-White to help inspire another fairytale cup run. Leeds will have other ideas.

EMERGENCY 24/7, BBC TWO, 9PM: The Southmead Hospital's trauma teams are on high alert as two critically injured patients arrive in need of urgent care.

Paul, 62, had taken an overdose before throwing himself in front of a train, amputating his left foot.

His foot arrives with him in a bag of ice, but it's unlikely it can be reattached. Soon afterwards, another man is brought in with a "deliberate self harm" injury that has severed an artery.

DAVID BELL

TNT SPORTS 1

1.30pm LIVE Cycling: Stage 4. **5.00** Premier League Netbusters **5.30** Groundbreaking **5.45** LIVE UEFA Champions League. Sabah v Hapoel Be'er Sheva. Kick-off at 5.45. **7.45** Premier League Reload **8.00** LIVE UEFA Champions League. Bodo/Glimt v NEC. Kick-off at 8.00. **10.00** Premier League Stories **10.30** MLB Highlights **11.30** MLB Lead Off **12.00** LIVE MLB. Atlanta Braves v Los Angeles Dodgers. Start-time at 12.15. **5.15am-1.30pm** LIVE Test Cricket. Sri Lanka v India.

TNT SPORTS 2

6am Premier League Review **7.00** LIVE Snooker Wuhan Open. **10.00** UCI Mountain Bike World Series Review **10.30** CPL Highlights **11.00** Premier League Stories **11.30** Premier League Review **12.30** LIVE Snooker Wuhan Open. **3.30** Serie A **5.30** UEFA Champions League – Stories of the Finals **5.45** LIVE UEFA Champions League. Sabah v Hapoel Be'er Sheva. Kick-off at 5.45. **7.45** UEFA Champions League **8.00** Rolex SailGP Championship **9.00** UFC **10.00** Test Cricket Highlights **11.00** CPL Highlights **11.30pm-3.45am** LIVE CPL. Antigua & Barbuda Falcons v Barbados Tridents.

TNT SPORTS 3

6am Motocross World Championship **9.00** UEFA Conference League Goals Reload **9.15** UEFA Europa League Goals Reload **9.30** UEFA Champions League Goals Reload **9.45** Serie A **11.45** Formula E Unplugged **12.15** Cycling **12.30** Cycling **1.30** LIVE Cycling: Stage 4. **5.00** MLB **6.00** Fishing: On the Bank **7.00** The WRC Magazine **7.30** MLB **8.30** Triathlon **9.00** TNT Sports Cricket Reload **9.15** Cycling **9.30** UCI Mountain Bike World Series Review **10.00** Cycling **11.00** Snooker Wuhan Open **1.00-3am** UEFA Champions League

PREMIER SPORTS 1

6am DTM Motorsport **7.00** LaLiga **9.00** NASCAR Highlights **10.00** LaLiga Highlights **11.30** Scottish Football Social Club **12.30** Africa Eco Race **1.00** French Rugby Union **1.30** World Of FreeSports **2.00** Brasileiro Serie A **3.55** LaLiga Highlights **4.55** NASCAR Highlights **5.55** LIVE Swedish Speedway. **8.00** Bike World **8.30** French Rugby Union **9.00** DTM Motorsport Highlights **10.00** LaLiga Highlights **10.30** Scottish Football Social Club **11.30** LaLiga Highlights **12.00-4am** LaLiga

TALKSPORT2 *DAB talksport.com*

8am William Hill Sports Book Club **1.00** EFL All Access **2.00** On Track **3.00** The Social **5.00** Fight Night Extra **6.00** Following On **7.00** Carabao Cup Live **10.00** Fight Night Extra **11.00** Following On **12.00-8am** My Sporting Life

TIMES RADIO *DAB thetimes.co.uk/radio*

6am Kate McCann And Calum Macdonald **10.00** Hugo Rifkind **1.00** The Times At One: With Daniel Finkelstein **2.00** Jane Garvey **4.00** John Pienaar **7.00** The Evening Edition **10.00** Neil Breakwell **1.00** The Best Of Times Radio **5.00-6am** James Kitchin With Early Breakfast

RADIO 1 *97.6-99.8FM bbc.co.uk/radio1*

6.58am Newsbeat **7.00** Breakfast With Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Jerry **3.30** Newsbeat **3.33** Vick, Katie And Jamie On Radio 1 **5.45** Newsbeat **6.00** Jack Saunders **8.00** Sian Eleri **10.00** Sian Eleri **11.00** Martha **1.00** Dance Drum & Bass Mix **1.30** Dance Drum & Bass Mix **2.00** Anthems **4.00** Pop Anthems **5.00-6.58am** Early Breakfast With Dean McCullough

RADIO 2 *88-91FM bbc.co.uk/radio2*

6.30am The Radio 2 Breakfast Show **9.30** Mark Goodier **12.00** Tina Daheley **2.00** DJ Spoony **4.00** Jason Manford **7.00** Jo Whiley **9.00** The Jazz Show With Jamie Cullum **10.00** The Good Groove With Melvin Odoom **12.00** OJ Borg **3.00** Sounds Of The 90s With Ronan Keating **4.00-6.30am** Owain Wyn Evans

MOVIES

Sky Cinema Premiere 8pm Five Nights At Freddy's 2 returns to the doomed pizzeria

SKY CINEMA PREMIERE

8.30am Charlie The Wonderdog (PG, 2025) ★★★ **10.10 Hamnet** (12, 2025) ★★★★ **12.25 Five Nights At Freddy's 2** (15, 2025) ★★★ **2.25 Normal** (15, 2026) ★★★★ **4.00 Twinless** (15, 2025) ★★★★ **5.45 Hamnet** (12, 2025) ★★★★ **8.00 Five Nights At Freddy's 2** (15, 2025) ★★★ **9.50 Normal** (15, 2026) ★★★★ **11.25pm-1.10am Twinless** (15, 2025) ★★★★

SKY CINEMA ANIMATION

9.35am Chicken Run (U, 2000) ★★★★ **11.10 The Secret Life Of Pets** (U, 2016) ★★★★ **12.45 The Secret Life Of Pets 2** (U, 2019) ★★★★ **2.20 Smurfs: The Lost Village** (U, 2017) ★★★ **4.00 Fantastic Mr Fox** (PG, 2009) ★★★★ **5.35 DC League Of Super-Pets** (PG, 2022) ★★★★ **7.25 The LEGO Movie** (U, 2014) ★★★★ **9.10 The Angry Birds Movie** (U, 2016) ★★★★ **10.50pm-12.30am The Angry Birds Movie 2** (U, 2019) ★★★★

SKY CINEMA ACTION

9.50am Homefront (15, 2013) ★★ **11.35 The Mechanic** (15, 2011) ★★★★ **1.10 The Lord Of The Rings: The Return Of The King** (12, 2003) ★★★★★ **4.30 Normal** (15, 2026) ★★★★ **6.10 Fuze** (15, 2026) ★★★ **8.00 Kong: Skull Island** (12, 2017) ★★★★ **10.10 First Blood** (15, 1982) ★★★ **12.00-2.25am William Tell** (15, 2024) ★★★★

FILM4 freeview 14

11am Togo (15, 2019) ★★★★ **1.15 Sherlock Holmes: Terror By Night** (PG, 1946) ★★★ **2.30 It Came From Outer Space** (PG, 1953) ★★★ **4.05 Those Magnificent Men In Their Flying Machines** (U, 1965) ★★★★ **6.45 Midway** (12, 2019) ★★★ **9.30 Drive-Away Dolls** (15, 2024) ★★★ **11.15pm-1.25am Hustlers** (15, 2019) ★★★★

TALKING PICTURES freeview 82

11.05am The Battle Of The Rails (PG, 1946) ★★★ **12.45 Look At Life 1.00 The Adventures Of William Tell 1.30 Jassy** (PG, 1947) ★★★ **3.30 Dial 999 4.00 That's My Boy 4.35 Pink String And Sealing Wax** (PG, 1945) ★★★ **6.20 Food Flash Dried Eggs 1942 6.25 Whiplash 6.55 The Man From UNCLE 7.55 Buccaneer 9.00 Sherlock Holmes: The Sign Of Four 11.05 Fortean TV 11.40pm-1.35am The Siege Of Sidney Street** (PG, 1960) ★★★

GREAT! MYSTERY freeview 50

1pm In Plain Sight 2.00 Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Mystery 101: Words Can Kill (PG, 2019) ★★ **11.55pm-1.45am Picture Perfect Mysteries: Dead Over Diamonds** (PG, 2020) ★★★

GREAT! ACTION freeview 42

11am Run Silent, Run Deep (U, 1958) ★★★★ **1.00 The Unit 2.00 Burn Notice 4.00 The Forger** (15, 2014) ★★ **6.00 The Unit 7.00 Burn Notice 9.00 Redemption Day** (15, 2021) ★★ **11.10 The Avengers 12.10-1.10am The New Avengers**

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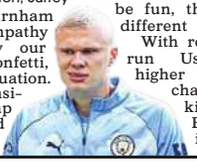
letters @the-sun.co.uk

The page where you tell Britain what you think

MANCHESTER City's Erling Haaland, *pictured*, looks a lot better with his hair cut short.

Let's hope that with his new look he can deliver the goals yet again for Manchester City this season, though he did draw a blank in their opening win.

IAN OWEN
Wallington, Surrey



NOW we have Andy Burnham offering platitudes, sympathy and promises to throw our money around like confetti, without any rational evaluation.

What we want are sensible policies, not madcap short-term fixes funded by taxing us ever more.

Labour has absolutely no idea how to govern, so just call an election and spare us this endless head-in-the-sand farce.

BEN WOOLLCOTT
Beckenham, SE London

THE World Humanoid Games are under way in Beijing, and while the idea of robots in lycra might be fun, they represent a very different future.

With robots that can outrun Usain Bolt, jump higher than Olympic champions and kickbox like Bruce Lee, it's the stuff of nightmares. And it looks like our future is in the hands of Elon Musk and Silicon Valley.

SYD VAUHAN
Birmingham

OH dear. Russia's President Putin, *pictured*, has withdrawn his ambassador from the UK, accusing us of helping Ukraine, while he is getting help from Iran.

He is scared to admit he was wrong invading Ukraine, and is now picking on anybody who goes against him.

The sooner he sees his error, and retreats, the better for everyone.

PETE LAMBELL
Daventry, Northants

HMRC staff feel the heat

£50 LETTER

NOT content with its poor customer service, HMRC is now lumbering us with £600,000 in heating bills for its staff who work from home.

Surely those workers should use the money they save on commuting to pay for their heating, instead of leaving it to taxpayers.

NORA KENT
Windsor, Berks

CIVIL servants choosing to work from home are costing taxpayers through lower work output, and now we are paying towards their heating. What on earth is going on? Get them back into offices and let them pay their own bills.

NIGEL COLEY
Coalville, Leics

TO hear that civil servants get their energy bills part-paid by taxpayers is a great comfort (not!) to the thousands who have to choose whether to eat or heat.

Burnham and Labour are proving to be the most disastrous government ever.

JEAN NORFOLK
Knottingley, West Yorks

THE expectation that taxpayers should pay towards the energy bills of home-working HMRC staff brings my blood to boiling point.

Their savings on commuting should more than offset any extra heating costs. Talk about wanting to have your cake and eat it.

LESLEY EVANS
Walsall

WHAT is happening with our pathetic, inept government?

Albanian gangster Maksim Cela should have been deported from Britain 15 months ago, yet he is still here and is making another appeal against deportation. When is Andy Burnham going to do something useful for the UK?

BRIAN DAY
Pontefract, West Yorks

IT'S abhorrent how £500,000 a day is spent on moving illegal migrants between prisons, police stations, hospitals and short-term holding facilities.

It's only a matter of time before the Cabinet tries to raise our taxes, and for what? To spend all our money on everyone other than our own citizens.

WILMA PORTER
Darragh Cross, County Down

HOME Secretary Shabana Mahmood is right to say we need to wrest back control of migration from the people-smugglers, but tough talk means little without tough action.

So far we've seen few effective measures, while the usual left-wing campaigners hust seem determined to block any attempt to restore control of our borders.

STEPHEN TURNBULL
Chopwell, Tyne & Wear

THE minute Harry and Meghan decided to honour us with their presence again, we knew we'd be hit with their security bill.

Something is very wrong in the UK when we let people like them pursue making vast fortunes while doing no royal duties.

TREVOR SPACKMAN
Morden, Surrey

WHY are the Sussexes returning to the country they despised and couldn't wait to leave?

Their popularity is waning Stateside and their income took a hefty hit with Harry's failed court case against the media.

Privacy was their key word on leaving, with security coming second, so what's changed?

HARRY HODGE
Aldershot, Hants

NO doubt Harry's return will come with his moaning that the taxpayers should pay for his family's protection.

After his and Meghan's public trashing of the UK when they departed, I don't want to see a penny of taxpayers' money spent on them for anything.

MICHAEL KING
Angmering, West Sussex

HOW many police officers and members of the public must die before Westminster finally wakes up to the epidemic of yobs racing around on e-bikes and stealing cars for the buzz? It's insane that politicians fail to address this.

GORDON MARLER
Solihull, West Mids

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IT'S the same old Labour government. Until they accept that the welfare bill is unaffordable and must be drastically cut, taxes and borrowing will continue to rise.
CLIVE PINNELL, Bristol

I THINK Prince Harry wants taxpayer-funded protection because he thinks he's a lot more important than he really is. He's no more at risk than any celebrity.
MARY COOK, Gainsborough, Lincs

RUSSIAN missiles could soon rain down on Britain, now Putin has recalled his UK ambassador.
JAMIE WILLIAMS, Dunstable, Beds

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Mystic Meg with MAGGIE HYDE

ARIES March 21 – April 20

If you know your work isn't secure or a regular role is about to come to an end, it's an excellent time to send off an application. A friend in tech could open the door to a new job opportunity. Keep your gaze on the future and update your skills. This evening, catch up with a good mate and put the world to rights.

TAURUS April 21 – May 21

When you send a letter, text or email to someone you've loved and lost, it could be the start of a healing process. Express yourself rather than keep feelings tucked away. Any resentments will only hurt you more than anyone else. If you're thinking about changing direction in work, you're in tune with your stars.

GEMINI May 22 – June 21

Life's calling you to pay more attention to your home and family so consider what this means. Are you the one who needs to take charge of DIY or home improvements? Or is there a big event coming up, an ideal opportunity to gather the clans? An AI chat is the quick way to learn the information you need to know.

CANCER June 22 – July 22

If your expenses are expanding or cash is disappearing down a bottomless pit, get on top of things before the situation gets worse. Write things down and track what's coming in and going out so you can budget better. Turn to Citizens Advice or a pal who's good at maths to help you out. Remember, it's good to talk.

LEO July 23 – August 23

It's worth paying attention to money especially when it comes to outgoings. Don't get caught out by forgetting to renew an insurance or missing a payment. If you're in a relationship or married, avoid being possessive. Notch up brownie points and encourage your other half to go out with their mates. It's your turn next.

VIRGO August 24 – September 22

You're the efficiency guru of the zodiac and today's events could prove it. Leap into productive mode this morning and you'll have ticked everything off your "to do" list by teatime. Win yourself kudos with your workmates by helping them out. Learning a new skill online could pay off big time in the future.

LIBRA September 23 – October 23

If you're stuck in a rut at work or in your routine, experiment with new ways of doing things. Shift your perspective and aim to bring more fun and play into your life. A child's way of seeing the world could help you rediscover a new sense of enjoyment. Ask your spirit guides for a message to heal any loss or pain.

SCORPIO October 24 – November 22

Keep things close to your chest and don't feel you have to share everything with your loved ones. If you want to lead an unconventional home life, it's your choice. A gift of money could come about in a way that's linked to your past or via someone who's no longer alive. Friendship and writing are connected.

SAGITTARIUS November 23 – December 21

It's an excellent time to sign a contract or apply for a new role. Do read the small print carefully, and know exactly what you're saying yes to. Later on today, you may be shocked when a conversation veers towards a taboo issue. Try and be open-minded but speak up if you want to put forward an alternative view.

CAPRICORN December 22 – January 20

You may be under pressure to earn well, especially if you're the only one in employment and supporting family. Be honest with yourself if you know this isn't likely to be a short-term option. Avoid taking on too much or working yourself into the ground. A brainy friend could introduce you to a new pastime.

AQUARIUS January 21 –February 18

Sort out a financial situation sooner rather than later. Don't be slapdash, be precise and ensure you dot the I's and cross the T's. A lunchtime chat about money could help you save cash. If you've got something you want to share with other people, today would be ideal, whether it's a talk, or the latest social media craze.

PISCES February 19 – March 20

Keep your trust antennae tuned to high alert as not everyone has your best interests at heart. If you're aware of a secret enemy in your life, take extra care to protect yourself. Your psychic nature is at its most profound so lean into spiritual insights and listen to your inner voice. A contract could be signed.

Phone Meg's psychics for a chat on **0905 005 8102**

Or to pay by credit/debit card call **08000 356 684** or mobile users call **020 7111 6406**

Text a psychic. Just text **MEG** then a space and your question to **60016**

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM1 9HH.

Sunpuzzles

We've got EVEN MORE of your TWENTY PUZZLES EVERY DAY

TRIPLE SunDOKU

EASY

			8		7	3		6
		6	5					9
	9					8		
9	7		3	4	1			2
			2				9	
3			7				4	5
4		7						
				8	3		2	
2	8		4		5			

TEASER

Call 0905 757 0156 for clues or solutions
Cost £1 per minute plus network charge

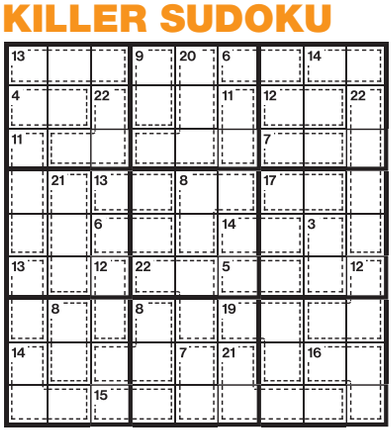
		4	5	7	3		1	
	6			1			9	5
		2		6				
9						5		8
				5	2			1
1						6		9
		1		2				
	4			9			5	2
		9	6	4	1		3	

TOUGHIE

Call 0905 757 0152 for clues or solutions
Cost £1 per minute plus network charge

	4						5	
5			6		8			3
		6		7		8		
		1	5		9	2		
	6						8	
		2	3		6	9		
		8		5		6		
6			1		3			8
	1						7	

KILLER SUDOKU



The normal rules of sudoku apply. In addition, the digits in each inner shape (marked by dashes) must add up to the number in the top corner of that shape. No digit can be repeated within an inner shape. Solution on right.

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

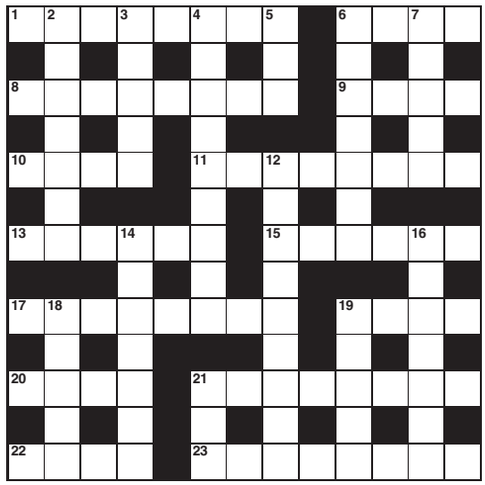
Cryptic

ACROSS

1 Irritated by pub's supporting structure (8)
6 Jeer large returns by enterprise, at first (4)
8 Griped about network operator's stock (8)
9 Maybe chicken bone rejected by daughter (4)
10 Wager about Australia's opening batter (4)
11 Former airmen upset appraiser (8)
13 Puts back passport, perhaps, being silly (6)
15 Terrible insole results in injury (6)
17 Brother, German, collects surprisingly full hopper (8)
19 Told of power of tiny arachnid (4)
20 A mother and father of Cain (4)
21 Friend Den returned fabric (8)
22 Dangerous predator picked up decrepit person (4)
23 Standard American location for hanger-on (8)

DOWN

2 Again vote in dance event celebrating Thanksgiving, primarily (2-5)
3 Son isn't someone of outstanding virtue (5)
4 Animated child close, alongside regularly merry individual serving drinks (9)
5 Regret Parisian's way (3)
6 After reflecting, pester to throw out small gadget (7)
7 Unfurnished houses good for pontoon, perhaps (5)
12 Wild gorilla nearly ate 22's relative (9)
14 Controversial European male in charge (7)
16 Reject absent actors in play (7)
18 Milk container to vibrate, not quietly (5)
19 Customs, to a greater extent, useless in the end (5)
21 Some hermaphrodites plot (3)



Solutions tomorrow
Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight.
Calls cost £1 a minute plus network charge.

Coffee Time

ACROSS

1 Beam connecting goalposts (8)
6 Scoff (4)
8 Line of descent (8)
9 Slang for a prison sentence (4)
10 Pulsate (4)
11 Someone carrying out tests (8)
13 Senseless (6)
15 Structural change in a body part due to injury or disease (6)
17 Large amphibian (8)
19 Very small creature (4)
20 The first man (4)
21 Relevant (8)
22 Tropical reptile with powerful jaws (4)
23 Organism deriving subsistence from another (8)

DOWN

2 Democratically bring back into power (2-5)
3 Canonised person (5)
4 Server of drinks in a pub (9)
5 Repent of (3)
6 Trivial object (7)
7 Rudely push (5)
12 Tropical reptile with powerful jaws (9)
14 Hostile controversial argument (7)
16 Pariah (7)
18 Organ containing the mammary glands of a cow (5)
19 Conventions embodying fundamental values (5)
21 Chart (3)

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

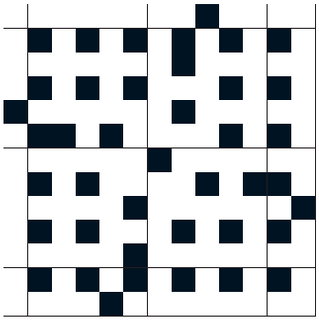
WORDSEARCH

Find seven words associated with castles. Words can run forwards, backwards or diagonally.

C	I	T	A	D	E	L
T	C	D	U	M	B	P
P	E	E	K	A	B	R
F	Y	R	I	F	T	E
K	O	L	R	A	W	W
I	E	R	O	U	F	O
Y	A	M	T	L	T	T

KRISS KROSS

Fit the words into the grid. Solution below right.



3 letters
Bye
Con
Inn
Rug

4 letters
Horn
Into
Lash
Note
Reek
Rein
Tsar
Tuna

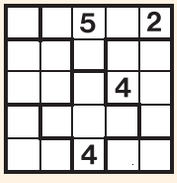
5 letters
Award
Briar
Elude
Evoke
Grill
Rotor
Tempo
Total

6 letters
Cherry
Domino
Earner
Expect
Ganger
Goblin
Regent
Urchin

7 letters
Extrude
Provide
Slavish
Symptom

8 letters
Latitude
Redolent
Remember
Sturgeon

SUGURU®



Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

THE NAME GAME

EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify a music producer:

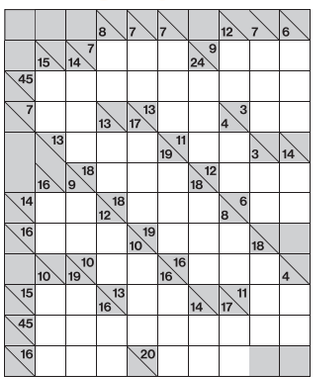
1	2	3	4		5	6	7	8	9

2	Ms Poots, star of 28 Weeks Later, The Look Of Love and Vivarium
6 & 9	Jarell, England defender sold by Liverpool to Bayer Leverkusen in July 2025 (second and fourth letters of name)
1 & 7	In 2021, she became the first female jockey to win the Grand National
8 & 5	Martin, Panorama reporter who controversially interviewed Princess Diana in 1995 (last two letters of name)
4 & 3	She played Penny in The Big Bang Theory

Yesterday: Actor DOLPH LUNDGREN (Linda Noskova, Umberto Eco, Ginger Rogers, Natalie Dormer, Phil Hammond, Lena Dunham, Orla (Kiely)). Another Name Game in The Sun tomorrow.

Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

KAKURO



Fill the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a block. The same digit may occur more than once in a row or column. Solution below right.

SUNDIAL

Brilliant: 16. Excellent: 13. Good: 10. Great kids' score: 8.

SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Begin, being, belong, benign, bilge, bing, binge, bingo, bling, blog, bogie, boing, bong, boning, gibe, ginnel, glen, glib, glob, globe, goblin, gone, ignoble, ingle, legion, ling, lingo, lobing, loge, login, long, oblige, ogle, ENNOBLING.

Check today's answers by calling **0905 757 0155** before midnight.
Calls cost £1 per minute plus your telephone company's network access charge.

30-SECOND NUMBERCRUNCH

Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

EASY 93	+152	÷5	+239	Half of it	+39	÷3	-16	÷9	×10	ANSWER
MEDIUM 114	÷6	+333	Half of it	-68	3/4 of it	-79	×7	+205	Third of it	ANSWER
HARDER 854	÷7	+4086	3/8 of it	-219	Third of it	-77	÷8	+3676	÷17	ANSWER

favourite brain-teasers!
from Tuesday to Friday

Don't miss Saturday's Sun and The Sun on Sunday for bumper 3-page puzzle specials

WORD WORKOUT

23	13	18	19	6	1	■	12	18 I	23	23
■	18	■	14	■	4	■	25	■	25	■
11	6	6	5	■	12	8	10	17	14	15
■	■	■	9	■	6	■	12	■	22	■
22	14	17	18	15 N	■	2 B	18	15	9	14
■	2	■	■	6	9	14	■	■	4	■
20	8	14	10	22	■	10	5	6	15	10
■	18	■	21	■	21	■	10	■	■	■
23	3	4	10	23	25	■	16	14	14	24
■	4	■	5	■	18	■	6	■	21	■
26	6	15	1	■	22 T	18	1	18	8	7

A ~~B~~ C D E F G H ~~I~~ J K L M ~~N~~ O P Q R S ~~T~~ U V W X Y Z

1	2 B	3	4	5	6	7	8	9	10	11	12	13
14	15 N	16	17	18 I	19	20	21	22 T	23	24	25	26

The world's best brain-teaser – The Sun's clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter E, write E in all the squares with a 4. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

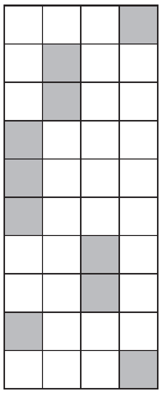
YESTERDAY'S SOLUTION

ACROSS: Bass, Lied, Snowy, Spurt, Haste, Edge, Rain, Equip, Jazz, Left, Evade, Panda, Extol, Spin, Knot.
DOWN: Ago, Soya, List, Emu, Isle, Stun, Wheezed, Perplex, Sauna, Jape, Tile, Vain, Deck, Nip, Too.

For four extra WORD WORKOUT clues
CALL 0901 293 6299 **TEXT** SUNWORD to 64343
Cost £1 plus standard network charge
For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

MISSING LINK

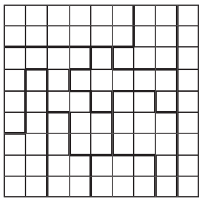
Fit ten words into the grid so each connects with the words on either side, eg wishing – well – done. The letters in the shaded squares spell out a bathroom item. Solution below.



ONLY	DESERTS
FLAT	SOLDIERS
DROP	DIFFERENCE
COME	NORTH
RIDING	ALTAR
SUGAR	OVER
DEER	BENCH
BASS	KIT
TOP	CAKES
TURKISH	CUBE

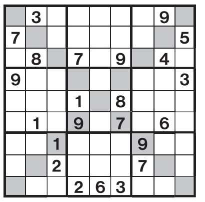
STARS

Put two stars in each row, column and region. Star cells can't touch, even diagonally. Solution below.



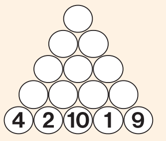
X FACTOR

Normal sudoku rules... but the two main diagonals must also contain the numbers 1-9. Solution below.



ADD UP

If the number in each circle is the sum of the two below it, what is the top number? Solution below.



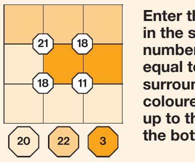
BRAINBUSTER

Using these clues, can you identify these pairs, where the surname of the first person is the first name of the second?

[a] Writer of The Odd Couple; Duran Duran lead singer

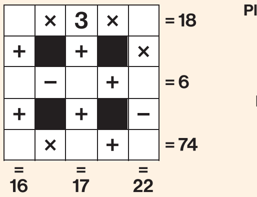
[b] Splash actress; Miley Cyrus character

SAKURO



Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals at the bottom. Solution below.

SET SQUARE



Place digits 1-9 to make the sums work. Each digit can be used only once. Solution below.

Yesterday's solutions

SunDOKU

Teaser

2	6	5	9	1	7	4	8	3
9	3	1	6	4	8	5	7	2
8	4	7	2	5	3	1	6	9
6	2	9	8	7	1	3	5	4
4	5	8	3	9	6	7	2	1
1	7	3	5	2	4	8	9	6
3	9	6	4	8	5	2	1	7
5	1	4	7	6	2	9	3	8
7	8	2	1	3	9	6	4	5

Toughie

6	2	9	7	5	4	1	8	3
1	5	4	8	3	2	9	6	7
3	8	7	6	1	9	5	4	2
4	9	6	2	8	1	7	3	5
8	3	2	5	4	7	6	9	1
7	1	5	3	9	6	8	2	4
9	7	3	1	2	8	4	5	6
5	4	1	9	6	3	2	7	8
2	6	8	4	7	5	3	1	9

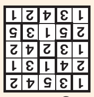
Two-speed crossword
ACROSS: 1 Co-vet, 4 Tac-tile, 8 Open-sup, 9 React, 10 Hunky-dory, 11 E-mu, 12 Pu-mice, 14 In-sole, 17 Or-b, 19 Inverness, 22 Larva, 23 S(t)uff-ice, 24 Mandela, 25 T-ok-en.

DOWN: 1 Clot-h, 2 Vietnam, 3 Test-y, 4 Tip-to-p, 5 Carry on (carrion), 6 I-mage, 7 Ex-t-rude, 12 Prob-l-e-m, 13 C-limat-e, 15 Ob-elisk, 16 A-vest-a, 18 Bar-on, 20 Re-fi-t, 21 S-tern.

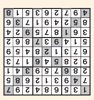
NEWSPAPERS SUPPORT RECYCLING
The recycled paper content of UK newspapers in 2025 was 34.7%

Today's solutions

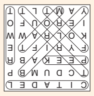
Suguru



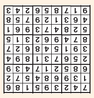
X Factor



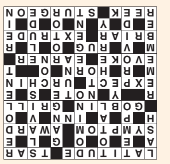
Wordsearch



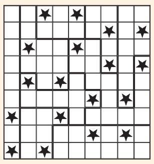
Killer Sudoku



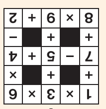
Kriss Kross



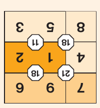
Stars



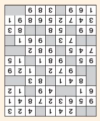
Set Square



Sakuro



Kakuro



Missing Link
Just, Foot, Goal, True, High, Bowl, Park, Drum, Seed, Bath
TOOTHBRUSH

Brainbuster
[a] Neil Simon Le Bon
[b] Daryl Hannah Montana

Page 2 Sekuta
Top line 621
Middle 495
Bottom 387

Numbercrunch
50, 73, 219

Add Up
85

Calls for clues & answers last no longer than 2 minutes (Sundial answers may vary). Helpline: **0333 202 3390** (9am-5.30pm). Service provider: Spoke, W1T 4HD

Wanted . . . older crew

OVER-50s JET JOBS

EASYJET has launched a recruitment drive aimed at hiring more over-50s as cabin crew.

Applications are set to open from September with roles available across the airline's UK bases.

Michael Brown, director of cabin services, said: "Over-50s bring their existing skills plus a wealth of life experience that is appreciated by our customers and colleagues alike."

The airline began recruiting older workers in 2022. Since then, the number of cabin crew over the age of 50 has more than doubled, and figures for over-60s have almost quadrupled.

Sun money daily
james.flanders@thesun.co.uk

EDITED By JAMES FLANDERS, Business Affairs Editor

£20BN RISE AND SHEIN

Fashion giant's HK stock debut

By EMILY MEE

SHEIN is to make its stock market debut in Hong Kong after a potential London listing was ditched.

The Chinese fashion giant could see its valuation hit £20billion when it goes public from September 1.

It failed to list on the UK's Stock Exchange in 2024 due to regulatory challenges.

Yesterday Shein said it will offer nearly 280million shares for between £4.45 and £4.63 each. That could see it raise £1.3billion at the top range.

But it is far lower than in 2022 when it was given a market valuation of £100billion.

Shein has become one of the world's biggest fast-fashion retailers, with customers in more than 150 countries. It is known for selling super-cheap clothing backed by a vast network of factories in China that can quickly churn out new products based on fast-changing trends.

At the end of March this year, it had 281million active customers, a rise of more than 16 per cent in 12 months. But in July, the company posted a quarterly loss of £73million after sales slowed.

The retailer also failed to list in the US. It has since been hit by President Donald Trump's tariffs, which have increased its costs and decreased demand.

281m active Shein customers — up 16% in a year

Shein has also faced concerns over its environmental impact and claims of forced labour in its supply chains, which it denies.

Chinese regulators approved the application to list in Hong Kong in July.

FTSE 100 10,854.32 UP 37.76pts 0.35%

£ $1.36 €1.16

SHARE PRICES

Company	Price	+/-	Change
21st Cent Fox Inc A	5068½	-	
21st Cent Fox Inc B	3354	-	
Aberdeen Group*	246½	+	3 ¾
Anglo American*	4111	+	44
Assco Br Foods	2071	+	10
AstraZeneca*	12106	-	134
Aviva	728½	+	11 ¼
BAE Systems	2102	-	24
BP*	533¼	-	16 ¼
BT Group*	205¾	+	1 ¾
Barclays*	494¼	+	1 ¾
Barratt Redrow	315	+	2 ½
Bco Santander SA	1088½	+	10 ½
Brit Amer Tobacco	4186	+	55
British Land	428¼	-	0 ¼
Bunzl	2802	+	48
Burberry Group	1074½	+	5
Compass	2308	+	38
Currys	147¾	-	2 ½
Diageo	1777	+	58
Drax Group	741½	-	3
Experian	2965	+	16
FirstGroup	178½	-	0 ¾
Frasers Group	826½	+	3
GSK*	1901	-	17 ½
Greggs	1887	+	49
HSBC*	1529¼	+	11
IMI*	3078	+	24
ITV	72¼	+	0 ½
Imperial Brands*	2527	+	24
InterCont'l Hotels*	11914½	+	211 ¼
Intl Consol. Airlines	432¼	+	9 ½
Johnson Matthey*	2280	+	6
Kingfisher	317¾	-	3 ¼
Legal&General*	287¼	+	3 ¼
Lloyds Banking Gp*	111¾	+	0 ½
LSE Grp*	8796	+	194
Man Group*	305¾	+	1 ¾
Marks & Spencer	384½	+	1 ¾
Mitch & Butlers	285½	+	3 ½
Mitie Group*	208½	+	0 ½
Mobico Group	23	-	0 ½
Mothercare	0¾	-	
NatWest Group*	689¼	+	5 ½
National Grid	1172	+	1
News Corp A	2246½	+	33 ½
News Corp B	2543½	+	19 ¼
Next	15265	-	20
Pennon*	462¾	+	1
Persimmon	1158½	+	7
Prudential	1043	+	15
Rank Group	110	-	1 ¼
Reckitt Benckiser*	5174	+	32
Rentokil*	349½	+	5 ¼
Rightmove	500¾	-	10
Rio Tinto Ltd*	9310¼	+	88 ½
Rolls-Royce*	1501½	-	0 ½
SSE*	2365	-	21
Sainsbury's	335¾	+	2 ¼
Segro*	962	+	4 ½
Severn Trent	3138	+	24
Shell*	3396	-	13 ½
Smith&New	1081	+	11 ½
Smiths News	69¼	-	
Standard Chartered*	2192	+	30
Tesco	462	+	4 ¾
The Sage Grp	1106½	+	8 ½
Unilever*	4777½	+	96 ½
United Utilities	1429	+	5
Vanquis Banking Gp	78¼	+	1
Vesuvius	384	+	3 ¼
Vodafone	117¼	+	0
WH Smith	416	+	1 ½

* = ex dividend

WATER BOSSES ON TAP

THAMES WATER'S creditors have revealed plans for a new board at the troubled utility company.

LONDON & VALLEY WATER, which represents lenders holding £17billion of Thames Water debt, has appointed ex-YORKSHIRE WATER CEO Liz Barber, senior civil servant Dame Bernadette Kelly and former OPENREACH boss Clive Selley to join new company fixer Mike McTighe, who is trying to save the firm from being renationalised by Labour.

London & Valley Water has proposed a deal to write off some of its massive debts.

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UP TO $1,000 ONBOARD SPEND PER STATEROOM

COMPLIMENTARY DRINKS AND GRATUITIES INCLUDED

REDUCED DEPOSITS

MONACO GRAND PRIX RACE DAY AND MEDITERRANEAN ELEGANCE

Azamara Onward • 7 nights • June 1, 2027

Experience Mediterranean luxury, sunny coastal hotspots, and the ultimate high-speed thrill with included race-day tickets to the iconic Monaco Grand Prix!

CRUISE ITINERARY:

Fly UK to Barcelona, Spain – two-night Barcelona hotel stay – board Azamara Onward for your five-night full-board cruise – Palamós, Spain – Nice, France – Monaco Grand Prix race day – Barcelona, Spain – Fly to UK

WHY NOT UPGRADE?

Oceanview from **£2,499**PP • Balcony from **£3,079**PP

THESUNTRAVEL.CO.UK/IGLU-F1-MONACO

FROM
£5,899
PER PERSON*

EXCLUSIVE IGLU CRUISE OFFER

COMPLIMENTARY DRINKS AND GRATUITIES INCLUDED

REDUCED DEPOSITS

MUSIC CITIES OF THE DEEP SOUTH WITH TOURS AND CANADA AND NEW ENGLAND FROM MIAMI TO LONDON TILBURY

Azamara Quest • 25 nights • June 3, 2027

Fly to Memphis for Graceland, ride the train to New Orleans, and sail to New York, Canada, and Ireland before arriving in Tilbury.

CRUISE ITINERARY:

Fly UK to Memphis, Tennessee, USA – two-night Memphis hotel stay – Amtrak train to New Orleans – three-night New Orleans hotel stay – fly to Miami, Florida – board Azamara Quest for your 18-night full-board cruise – New York, New York – Newport, Rhode Island – Boston, Massachusetts – Halifax, Nova Scotia, Canada – St. John's, Newfoundland – Cork, Ireland (overnight on board), Plymouth, UK – Le Havre (Paris),France – London, Tilbury

WHY NOT UPGRADE?

Balcony from **£6,399**PP • Suite from **£10,549**PP

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PREMIUM DRINKS PACKAGE INCLUDED

SYDNEY STAY, HUNTER VALLEY VINEYARDS AND AUSTRALIA WINE COUNTRY

Norwegian Spirit • 21 nights • January 5, 2027

Fly to Sydney for iconic sights and wine tasting, then cruise to Tasmania, Kangaroo Island, Adelaide, and Melbourne.

CRUISE ITINERARY:

Fly UK to Sydney, Australia – three-night Sydney hotel stay – board Norwegian Spirit for your 15-night full-board cruise – Burnie, Tasmania – Kangaroo Island – Adelaide (overnight) – Melbourne (overnight) – Sydney – Hobart, Tasmania – Sydney – Fly to UK (overnight)

WHY NOT UPGRADE?

Outside from **£3,949**PP • Balcony from **£4,879**PP

THESUNTRAVEL.CO.UK/AUSTRALIA

TERMS AND CONDITIONS: Prices and itinerary may vary by date. A limited number of staterooms are available at these promotional prices and may be withdrawn at any time. All prices are from prices and are pp and based on two sharing. Offers include all meals and entertainment on board ship and all taxes and surcharges. Visas may be required for certain destinations and are the customer's responsibility to obtain – please check at the time of booking. Transfers and gratuities may not be included, please ask at the time of booking. Full terms and conditions apply. Prices are correct at the time of going to print. Drinks package is subject to the cruise line's terms and conditions. Please drink responsibly.

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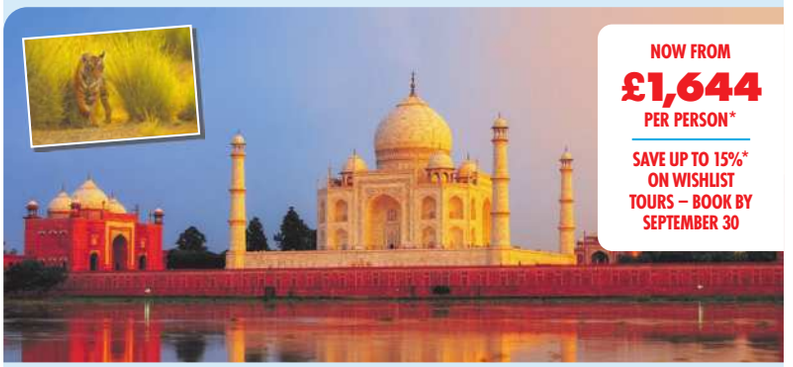
THE Sun TRAVEL

Newmarket HOLIDAYS



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INDIA - TIGERS AND THE TAJ MAHAL

11 days • October 2026 to November 2028

Uncover northern India's greatest cities on this perfect introduction to one of the world's most fascinating and alluring destinations.

HIGHLIGHTS:

- Experience the sight of the Taj Mahal at sunrise and a guided tour
- A guided tour of Agra, India's city of love
- Search for Ranthambore's tigers on two included safaris
- Explore Jaipur's exquisite 'Palace of Winds'

INCLUDES:

- Eight nights' half-board stay in a series of four-star and five-star hotels
- 22 meals - eight breakfasts, six lunches and eight dinners
- Return flights to Delhi
- Entrance fees to all monuments
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*Save up to 15% applies to select tour bookings made by September 30, 2026 and cannot be applied retrospectively to bookings already confirmed. Offer applies to select tours only and cannot be combined with any other offer. Exclusions apply. Prices shown include discount. Single supplements apply. Prices correct at time of print. Subject to availability and may be withdrawn at any time. These holidays are organised and operated by Newmarket Holidays Ltd. ABTOT 5509. ATOL protected 2325. ABTA V7812

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TRAVEL BY COACH

ANDRÉ RIEU - LIVE IN HIS HOME TOWN OF MAASTRICHT

4 days • July 1, 2027

Armed with his incredible 60-piece Johann Strauss Orchestra, the King of Waltz is returning to Maastricht in summer 2027 for his now legendary hometown concert! Renowned for his spectacular extravaganzas like no other, André Rieu continues to mesmerise fans across the world with his mix of emotional ballads, iconic waltzes and witty showmanship. Come and discover what makes the violin maestro's concerts so magical, live in the picturesque Vrijthof Square and set against the backdrop of Maastricht's charming Old Town.

INCLUDES:

- Return coach travel & ferry crossings*
- Three nights staying at a selected hotel in Belgium/Germany/the Netherlands with breakfast
- Ticket (category 5) to André Rieu concert at Vrijthof Square, Maastricht
- Free time in Maastricht
- Two excursions to nearby places of interest such as Aachen, Cologne or Brussels, depending on your hotel location

Ticket upgrades available for a supplement

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TERMS AND CONDITIONS: *Return coach travel from a network of coach pick-up points throughout England & Wales. Operated by Just Go Holidays Ltd. Coach package holidays and short breaks are subject to Just Go Holidays terms and conditions. Your booking is protected by Bonded Coach Holidays (BCH) and the Association of Bonded Travel Organisers Trust Limited (ABTOT); this is a government-approved consumer protection scheme. Tours offered are subject to availability and government guidelines. Dates and pricing are correct at the time of print but can be subject to later change. Prices are per person, based on two people sharing a twin/double room. Single supplement from £175pp. Standard phone charges apply.

Sun travel

Edited by LISA MINOT
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hot spots

- **IT'S 28C in FUERTEVENTURA: Seven nights' half-board at the 3★ Elba Lucia Sport & Suite Hotel is from £310pp, including flights from Bournemouth, September 29. See thomascook.com.**
- **ALICANTE is 31C: An all-inclusive week's stay at the 4★ Rosamar Hotel, is £763pp, fly from Manchester on Aug 29. Inc transfers & 23kg luggage. See easyjet.com/en/holidays.**

SAIL ON SHIPS ON REPOSITIONING VOYAGES

WANT to get the best value out of your cruise – and explore gems on both sides of the pond?

Transatlantic repositioning cruises offer just that.

As cruise companies relocate their ships from Europe to the Caribbean and beyond for winter warmth, you can get some amazing deals.

Combining a few ports of call on each side of the Atlantic, as well as some extended sea days, these one-way sailings offer the best of both worlds, with port days and plenty of time to relax at sea.

And cruise lines often offer really competitive prices – or throw in extras such as free drinks or tips – to tempt holidaymakers on board.

LISA MINOT has the lowdown on six great transatlantic sailings.

SAIL OF CENTURIES . . . travel back in time with Knot Your Average Crossing to Barbados

One way to save money on cruises

DEFINITELY KNOT YOUR AVERAGE CROSSING

YOU'LL get a free all-in package, with alcoholic drinks, wifi and tips, worth more than £1,000pp on Windstar Cruises' Knot Your Average Crossing from Lisbon to Barbados.

Departing Portugal on November 10, 2026, on this 14-night non-stop voyage on the 148-guest sailing ship Wind Star, guests can step up to the flying bridge to take the helm, and learn age-old seamanship skills.

There are talks on legendary explorers and pirates and you can learn to read charts, tie sailor's knots and even navigate the vessel alongside the ship's officers. Prices start from £2,682pp, including all meals, drinks and activities. See windstarcruises.com.

MIAMI SPICE

YOU can save 50 per cent off the original fare sailing on Oceania Marina's transatlantic sailing from Barcelona to Miami. Departing November 25, 2026, the 15-day sailing offers the chance to enjoy port days in Spain and the Caribbean.

You will enjoy calls at Valencia, Alicante, Malaga and Funchal in Madeira before crossing the Atlantic and calling at San Juan in Puerto Rico and Puerto Plata in the Dominican Republic.

Oceania cruise fares include speciality dining, tips, free wifi plus a choice of wine and beer by the glass or shore excursion credits.

This sailing is now on sale from £1,415, down from £3,629. Book by September 8 at oceaniacruises.com.

HOT SPOT . . . beautiful Bermuda

GOING SOUTH

TRANSATLANTIC sailings don't have to end in North America. With Celebrity Cruises' sailing onboard Celebrity Equinox you'll enjoy calls in Brazil and Argentina after your ocean adventures.

Departing Barcelona on November 19, 2026, you'll explore Tangier in Morocco before your South American odyssey, calling at Salvador de Bahia and Rio de Janeiro in Brazil. You'll visit Montevideo, Uruguay before arriving in Buenos Aires.

Popular excursions include a Moroccan Tea and Bread experience in Tangier, Carnival Behind the Scenes with Dance Lesson in Rio and a birdwatching trip in the Wetlands west of Montevideo. Prices start from £699pp, including full-board and entertainment. See celebritycruises.com.

FIT FOR A QUEEN

THIS cracking transatlantic deal on Cunard's Queen Anne includes a stay in Miami and return flights.

Departing Southampton on January 10, 2027, this 15-night trip includes 12 nights onboard as well as a two-night hotel stay in Miami.

It includes calls at Hamilton, Bermuda, Port Canaveral and Fort Lauderdale before you dock in Miami for your 4★ hotel stay.

Onboard, all meals, afternoon tea, theatre shows and gym are included. It's from £1,159pp. See seascanner.co.uk.

THE MIGHTY QUINN

ENJOY shows by actor, singer and dancer Ray Quinn, on P&O Cruises' flagship Arvia as it sails from Southampton to the Caribbean. The X Factor finalist and Dancing On Ice winner will be performing in The Limelight Club throughout the sailing, which departs October 23.

The 15-night sailing includes calls at Santa Cruz, Tenerife, before the delights of Philipsburg in St Maarten, St Kitts, Castries in St Lucia and finally Barbados.

The fare, from £945pp, includes return flights. See iglucruise.com.

HOMEWARD BOUND

WITH Holland America, you can sail to Blighty from Florida.

The 12-night sailing departs Fort Lauderdale April 4, 2027 and calls at Kings Wharf, Bermuda, before a relaxing seven days sailing.

There's plenty to do on the Nieuw Statendam, with its Music Walk district featuring sophisticated live venues including BB King's Blues Club and Rolling Stone Rock Room.

The ship will call at Portland for Weymouth before arriving in Dover.

Prices are from just £819pp. With their Have It All package, from £1,599pp, you also get a drinks package, wifi, tips, speciality dining and two shore excursions. See hollandamerica.com for details.

SING RAY . . . star on board

GIANT . . . the Norwegian Aura

LIVE THE SUITE LIFE ON DECK

NORWEGIAN Cruise Line's largest ship will take to the water next May.

The Norwegian Aura will sleep up to around 4,700 passengers.

The highlight will be the thermal suite spanning two decks within the Mandara Spa, with wellness amenities such as a sensory rain pool which the cruise line calls "a 360-degree immersive storm experience".

Among the 22 food and drink options on board is the new Tamara, NCL's first speciality Indian joint offering classic dishes like rice-lentil crepes with tomato sambar, fenugreek and coconut chutney as well as lamb biryani, with basmati rice.

When it comes to fun, families can take advantage of Ocean Heights, an activity zone with six slides, an 82-foot ropes course, a multi-level obstacle course, carnival-style games and a nine-hole mini golf course.

It's seven-day maiden voyage will be a cruise around the Med on May 21, before it heads to Miami.

See ncl.com for more information.

lates

- **DUBAI: Five nights' half board at the 5★ Atlantis The Palm is from £1,499pp including flights from Gatwick on September 9 with free daily access to Aquaventure Waterpark. See kenwoodtravel.co.uk.**
- **DORSET TRAIN BREAK: A two-night coach break is from £219pp including a ride on the Flying Scotsman steam engine on October 27 or 28. Price includes return coach travel from pick-up points across the country, overnight accommodation with dinner and breakfast, the train journey plus a trip to Bournemouth. See justgoholidays.com.**
- **PRAGUE: Three nights' B&B at the 3★ Hotel & Residence U Tri Bubnu in Prague is from £195pp including flights from Stansted on September 14. See thomascook.com.**
- **READING: An overnight Your Happy Place offer at the 4★ De Vere Wokefield Estate is from £269 in total with dinner, bed and breakfast. Price also includes a bottle of English sparkling wine, Penhaligon's toiletries, chocolates and more. Available for a limited time. See devere.co.uk.**

HOT DATES FOR HOLS

WHEN is best to book your big getaway? Despite many people dubbing last Sunday, "cheap flight day", research from Kayak shows that there is no one single day that's cheapest for booking.

Instead, data from the site suggests the best time to book a Europe getaway is 30 to 36 days before departure, meanwhile, for long-haul, fares tend to be lower if booked between 14 and 30 days before departure.

This was shown to be true for all dates except big calendar events like summer holidays and Christmas, when it was shown to be better to book more than a month in advance.

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LAKE COMO BREAK WITH WINE TASTING AND SCENIC CHARM

4 nights • September to November 2026 and February to October 2027

HIGHLIGHTS:

- Enjoy an included wine-tasting experience and sample some of the fantastic flavours and wines of northern Italy
- Discover beautiful Lake Como, with its spectacular mountain scenery, elegant villas and picture-perfect waterfront towns
- Spend your days exploring charming lakeside villages and cafés or take to the water for a scenic boat trip across the lake

WHAT'S INCLUDED:

- Return flights from selected UK airports
- Stay four nights at the Hotel Lago di Como
- Daily breakfast and dinner
- A welcome cocktail at the hotel bar
- A wine-tasting session at the hotel, including two reds, one white, and snacks

September 2026 from **£289**PP • October and November 2026 and February 2027 from **£269**PP • March, April and May 2027 from **£289**PP • June, September and October 2027 from **£319**PP

NOW FROM
£399
PER PERSON
SAVE 55%

ALL-INCLUSIVE FUERTEVENTURA GETAWAY

7 nights • September 2026 to March 2027

HIGHLIGHTS:

- Four-star all-inclusive stay with meals, drinks and snacks included for a hassle-free sunshine escape
- Minutes from Jandía's golden beach – perfectly placed for long beach days, crystal-clear waters and seaside strolls
- Pool and rooftop relaxation – unwind by the outdoor pool or soak up the sunshine and Atlantic views from the rooftop terrace

WHAT'S INCLUDED:

- Return flights from various UK airports
- Stay seven nights all-inclusive at the four-star FERGUS Cactus Garden

September 2026 from **£399**PP • October and November 2026 from **£439**PP • December 2026, January and February 2027 from **£459**PP • March 2027 from **£399**PP

NOW FROM
£599
PER PERSON*
SAVE 45%

HURGHADA STAY AND NILE CRUISE ADVENTURE

11 nights • September 2026 to April 2027

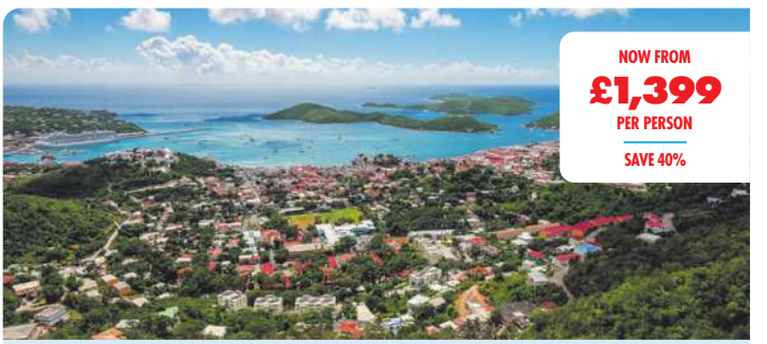
HIGHLIGHTS:

- Relax on Hurghada's golden beaches before setting sail on a luxurious five-star Nile cruise
- Discover ancient Egypt – Cruise past iconic temples, timeless landscapes and traditional riverside villages
- Stress-free luxury – Enjoy five-star accommodation throughout, combining beach bliss with unforgettable sightseeing and all-inclusive dining in Hurghada

WHAT'S INCLUDED:

- Return flights from a selection of UK airports
- Stay four nights at the five-star Royal Lagoons Resort & Aqua Park or similar
- All-inclusive dining and drinks at the resort
- Stay seven-nights aboard the M/S Royal Adventure or Similar
- Full-board dining on the cruise
- All transfers

September 2026 from **£769**PP • October 2026 from **£699**PP • November and December 2026 from **£659**PP • January and February 2027 from **£599**PP • March 2027 from **£689**PP • April 2027 from **£799**PP



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EXPLORE THE CARIBBEAN ONBOARD EURODAM

15 nights • November 2026 to January 2027

HIGHLIGHTS:

- Visit six incredible Caribbean destinations including the Bahamas, Jamaica, Grand Cayman, Mexico, Dominican Republic and Turks and Caicos
- 14-night full-board cruise aboard Eurodam with all meals, entertainment and onboard activities included
- Paradise beaches and tropical island adventures from the white sands of Half Moon Cay to the colourful shores of the Caribbean

WHAT'S INCLUDED:

- Return flights from London to Fort Lauderdale
- One-night stay in Fort Lauderdale
- 14-night full board cruise onboard Holland America Line's Eurodam
- Visits to RelaxAway, Half Moon Cay
- All meals onboard
- Onboard entertainment and activities
- Port charges and government taxes

November 2026 from **£1,399**PP • December 2026 from **£1,499**PP • January 2027 from **£1,559**PP

TERMS AND CONDITIONS: Prices subject to availability at the time of booking and per person and based on two adults sharing. Single supplements and child prices are available - please call for prices. Visas may be required for certain destinations and are the customer's responsibility to obtain – please check at the time of booking. Prices are correct at the time of going to print and are based on the cheapest lead travel date. Full terms and conditions apply. Bookings are arranged by Travelodeal. ATOL 11601 and ABTA protected. *Tips of £50 per person are to be paid locally.

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King 23	Joao Pedro 1	
Garcia 54	Rogers 41	
	Palmer 49	
	Att: 27,461	

LA LIGA - Malaga L Deportivo La Coruna L, Osasuna 0 Levante 0.

SERIE A - Bologna 0 Lazio 1, Roma 4 Fiorentina 0.

TURKISH SUPER LIG - Kocaelispor 2 Amedspor 0.

PREMIER LEAGUE 2—Div 1 - Man City U21 4 Wolverhampton U21 0, Man Utd U21 5 Ipswich U21 0, Newcastle U21 1 Tottenham Hotspur U21 3, Reading U21 1 Derby U21 3, Sunderland U21 5 Nottm Forest U21 1.

CRICKET

SECOND TEST MATCH
Sri Lanka v India

Colombo: India 503-9dec (138 overs; D Padikkal 117, D Jurel 115no, R Pant 63, S Gill 50; A M Fernando 4-106); Sri Lanka 8-2 (3 overs).

SNOOKER

WUHAN OPEN (Wuhan, China): **1st rd -** C Wakelin (Eng) bt S Hallworth (Eng) w/o; M Williams (Wal) bt D Gilbert (Eng) 5-3; G Xiao (Chn) bt J Page (Wal) 5-2; L Davies (Wal) bt G Wilson (Eng) 5-3; J Trump (Eng) bt S Yuan (Chn) 5-0.

TENNIS

ATP & WTA CINCINNATI OPEN (Cincinnati, Ohio): **Men's Final -** A Fils (Fra) bt F Tiafoe (USA) 6-3 1-6 6-0. **Women's Final -** C Gauff (USA) bt J Pegula (USA) 6-2 6-4.

US OPEN QUALIFYING (Flushing Meadows, New York): **Men's 1st rd -** J Fearnley (GB) bt R Carballes Baena (Spa) 7-6 (7-3) 6-3; M Cecchinato (Ita) bt L Broady (GB) 7-6 (7-4) 6-3.

WTA ABIERTO GNP SEGUROS (Monterrey, Mexico): **1st rd -** Y Starodubtseva (Ukr) bt L Tagger (Aut) 6-3 6-4; N Bartunkova (Cze) bt A Ruzic (Cro) 6-4 6-3; O Oliynykova (Ukr) bt M Sherif (Egy) 6-3 6-4.

ATP WINSTON-SALEM OPEN (Winston-Salem, North Carolina): **1st rd -** B Bonzi (Fra) bt K Majchrzak (Pol) 6-4 7-6 (9-7); J Duckworth (Aus) bt Q Vandecasteele (USA) 6-2 6-1; D Suresh (Ind) bt M Giron (USA) 6-3 7-5.

TODAY'S SPORT

(7.45 unless stated)

UEFA CHAMPIONS LGE
PLAY-OFF SECOND LEG

Bodo/Glimt (3) v NEC (1) **8.0**
(Live on TNT Sports 1)
LASK (0) v Celtic (3) **8.0**
(Live on Amazon Prime)
Sabah Baku (1) v H B Sheva (2) 5.45
(Live on TNT Sports 1)

CARABAO CUP SECOND ROUND

Barnsley v Crewe .....
Birmingham v Brentford..... **8.0**
Blackburn v Sheff Utd .....
Blackpool v Lincoln City.....
Cambridge Utd v Millwall .....
Cardiff v Norwich **7.0**
Doncaster v Middlesbrough **7.30**
Fleetwood Tn v Shrewsbury.....
Ipswich v Leicester .....
Nottm Forest v Leeds **8.0**
(Live on ITV 1)
Plymouth v Coventry.....
Sheff Wed v Wolves.....
Southampton v West Ham.....
Stevenage v Reading .....
Stoke v Hull.....
Walsall v Leyton Orient.....
Watford v Peterborough .....

EFL TROPHY SOUTHERN GROUP C
Bristol Rovers v Chelsea U21.....**7.0**

KDM EVOLUTION TROPHY: Airdrie v Stirling, Alloa v Motherwell U21, Annan Athletic v Berwick, Bonnyrigg Rose v Rangers U21, Clachnacuddin v Elgin, Cove Rangers v Dundee Utd U21, Cowdenbeath v East Kilbride, Cumbernauld Colts v Kilmarnock U21, Dumbarton v Celtic U21, East Fife v St Mirren U21, Forfar v Formartine United, Fraserburgh v Aberdeen U21, Hamilton v Edinburgh City, Kelty Hearts v Clydebank, Montrose v Clyde, Peterhead v Dundee U21, Queen of South v Hibernian U21, Ross County v Banks O'Dee, Spartans v Hearts U21, Stranraer v Gala Fairydean.

THE EMIRATES FA CUP PRELIMINARY RND: Baffins Milton Rovers v Hartley Wintney.

THE EMIRATES FA CUP PRELIMINARY RND REPLAY: Heaton Stannington v Kendal Town, Horbury Town v 1874 Northwich, Prescot Cables v Litherland REMYCA, Droitwich Spa v Hanley Town, Bourne Town v Bottesford Town, Long Eaton Utd v AFC Rushden & Diamonds, Fakenham Town v St Ives Town, Wisbech Town v Yaxley, Baldock Town v Romford, Potters Bar Town v Witham Town, Frenford v Haringey Borough, Portishead Town v Larkhall Athletic, Wokingham Town v Hungerford Town, Milton Keynes Irish v Slimbridge, Hassocks v Westfields, Faversham Town v Bedfont, SE Dons v Punjab Utd, Haywards Heath Town v Sutton Common Rovers, Corinthian v Broadfields Utd, Badshot Lea v AFC Stoneham, Westbury Utd v AFC Portchester, Tadley Calleva v Hamble Club.

NORTHERN PREMIER: Alfreton Town v Hyde Utd, Ashton Utd v Ilkeston Town, Bamber Bridge v FC United of Manchester, Bury FC v Lancaster City, Cleethorpes Town v Whitby Town, Guiseley v Stockton Town, Quorn v Gainsborough Trinity, Redcar Athletic v Emley AFC, Warrington Town v Curzon Ashton, Workington v Warrington Rylands.

CRICKET

Second Test Match—day 3 of 5: Sri Lanka v India (Colombo, 5.30am).

RUGBY UNION

Gallagher Prem (7.45)**:** Harlequins v Bath, Northampton v Newcastle.

TENNIS

WTA Abierto GNP Seguros (Monterrey, Mexico).

ATP Winston-Salem Open (Winston-Salem, North Carolina).

US Open (Flushing Meadows, New York).

CRICKET ENGLAND CRISIS

ROOT FACING BIGGEST TEST

Carse video puts Joe on sticky wicket

JOE ROOT has a decision to make — play it tough with boozing players or be lenient.

By **JOHN ETHERIDGE**

We are likely to find out his choice today because Root has brought forward by 24 hours his captain's media conference before the Second Test.

He clearly has something to say and we will learn a lot more about how Root intends to conduct his second crack at the Test captaincy.

You can be certain of one thing. Root is thoroughly hacked off that, just days after he scrapped the midnight curfew and urged his players to behave like adults, Brydon Carse was filmed in handcuffs outside a bar in Derby on Saturday night.

It happened just as England had taken the first step towards drawing a line under their ten months of scandals by thrashing Pakistan at Headingley.

Root is a calm, sensible character with a boyish sense of fun — but he has a steely side. You don't score more than 14,000 Test runs without being tough.

Root could throw the book at Carse. The South African-born fast bowler has already dropped down the pecking order after playing in all five Ashes Tests last winter.

He has been dumped from the match against Pakistan at Lord's on Thursday — pending a probe by the Cricket Regulator — and, if Root decides, he might fall off the radar completely.

Of course, Root may feel taking a softer line with Carse is the compassionate way forward. But surely the time has come to lay down the law. It is worth repeating what Root said in his first interview after being reappointed captain: "My view on curfews is that I don't think they work.

"If you want guys to take responsibility on the field, they've got to feel like they can be grown adults off it and make good, strong decisions."

The input of coach-in-waiting Stephen Fleming will be key, too.

His relationship so far with Root has been via Zoom, WhatsApp and chats from 10,000 miles away. This is an opportunity for Fleming to lay down a marker over the standards of behaviour and professionalism he expects.

The players will discover Fleming is more of a disciplinarian — more similar to a headteacher, if you like — than the free-wheeling Brendon McCullum.

Carse, 31, has the chance to explain what happened when interviewed by the Cricket Regulator.

Word is, there was an argument over a spilt drink. But there can be no excuse for being cuffed and surrounded by four police officers at 4am. Ben Stokes and England bowler Matthew Potts were among those also present.

Carse was not officially on England duty but he was released from the First Test squad to play for Durham against Derbyshire. He was due to meet up at Lord's yesterday before being banished.

Former England bowler Stuart Broad, speaking on his For The Love of Cricket podcast, said: "We can't really make a judgment apart from it being, whatever's happened, pretty daft.

"This is not really anything anybody wants to be talking about any more, to be honest."

The litany of alcohol-related scandals includes Harry Brook being thumped the night before a game, the "stag do" in Noosa when Ben Duckett appeared to be drunk in a video, Stokes and Gus Atkinson breaking the curfew and now this.

Over to you, Joe . . .

BIG CALL . . . skipper Root must decide whether to crack down on players after Carse bar video

CUFFED STAR IS AXED

From Back Page

no longer be available for selection for the Second Men's Rothesay Test Match while this investigation is ongoing and the full facts are obtained.

"Brydon is replaced in the squad for this match by Hampshire's Sonny Baker."

Carse *(right)* was celebrating Durham's County Championship win over Derbyshire — team-mates Matthew Potts and Ben Stokes can also be seen in the video.

Derbyshire Police confirmed in a statement: "A man in his 30s was arrested on suspicion of being drunk and disorderly in Derby city centre on Saturday night. However, the man was de-arrested shortly afterwards having agreed to leave the area."

Although he was not on England duty, all players' central contracts contain a clause that behaviour must not bring the game into disrepute.

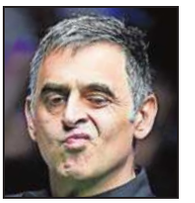
Returning captain Joe Root scrapped the existing midnight curfew less than two weeks ago and urged players to "behave like adults".

Carse's removal from the squad for the match against Pakistan at Lord's — starting on Thursday — copies the ejection of Ben Stokes and Gus Atkinson from the Second Test against New Zealand this summer while the Cricket Regulator investigated their night out at the Rex Rooms bar in Chelsea.

On that occasion an altercation saw a security guard punched by a Saracens rugby player.

The England pair — who had been out celebrating a First Test win over the Kiwis at Lord's — were cleared of any wrongdoing.

They both played in the Third Test, a 160-run defeat at Nottingham's Trent Bridge, during which Stokes quit international cricket.



O'SULLIVAN . . . struggle

Rocket's rubbish

By ROB MAUL

RONNIE O'SULLIVAN claims he 'misses that feeling of playing well' because he is in such a snooker rut.

The legendary Rocket, 50, started his Wuhan Open bid by beating world No106 Ashley Carty 5-2.

But the seven-time world champ hit breaks of just 54, 59 and 52 as he set up today's third-round clash with Yao Pengcheng.

Ronnie moaned: "My game was pretty bad, I'm not going to delude myself.

"It has been pretty bad for a long time.

"I miss that feeling of playing well and beating anyone — but there is nothing I can do about it."

Neil Robertson beat Ben Mertens 5-1, while Mark Selby KO'd Fan Zhengyi 5-2, as they both chase the world No1 spot.

Spencer KO blow

By ADAM HATHAWAY

BATH'S Ben Spencer has been ruled out of the start of the rugby union season in a blow to his England hopes.

But a huge boost for Red Rose boss Steve Borthwick sees tight-head prop Will Stuart fit again after nine months out with a ruptured Achilles.

Spencer had a shoulder op after England ended the Nations Championship Southern Hemisphere series with a 31-24 win in Argentina last month.

Bath — whose Prem opener is at Harlequins on September 25 — said the scrum-half, 34, will be back later in the autumn.

But Stuart's return is a relief as England are back in Nations Championship action when they host Australia on November 8.

It's no-go for Keely

By DAVE BROMAGE

KEELY HODGKINSON pulled out of the box-office 800 metres at Thursday's Diamond League in Zurich.

Britain's Olympic gold medallist was due to line up against Audrey Werro — who beat her to the European title this month.

The stacked field also includes Femke Broeders-Bol, GB training partner Georgia Hunter Bell and world champ Lilian Odira.

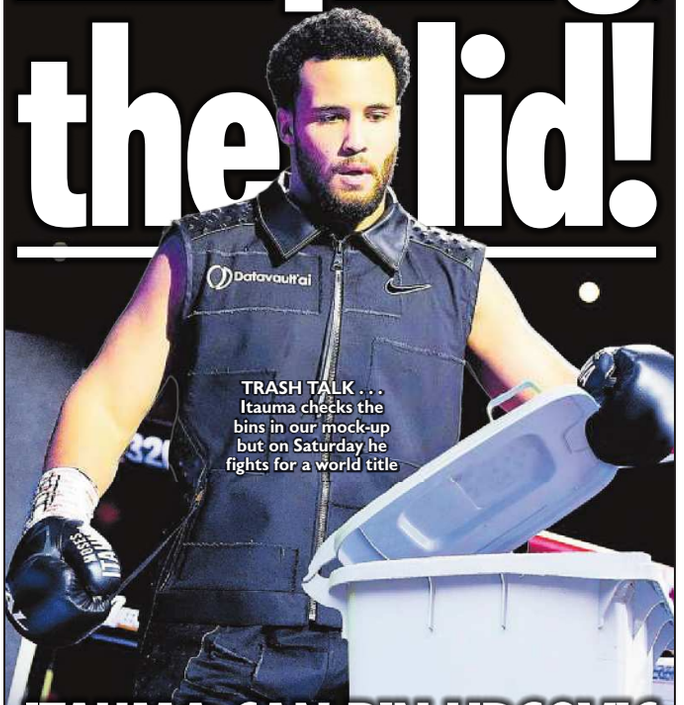
But Hodgkinson, 24, said: "Unfortunately, the body isn't ready to race again after the European Championships.

"Sad to miss it, hopefully see you next year."

Werro, 22, ran 1min 53.80sec in June, the third-fastest time ever, and goes into Thursday's race on home soil as favourite.

No1 FOR BOXING

Filiping the lid!



TRASH TALK . . . Itauma checks the bins in our mock-up but on Saturday he fights for a world title

ITAUMA CAN BIN HRGOVIC AFTER HOUSE-SHARE TIFFS

MOSES ITAUMA is cleaning up the heavyweight division — and his own messy digs.

Ahead of Saturday's clash with Filip Hrgovic, the 21-year-old Kent prodigy moved a handful of his brothers into a camp house in the Essex town of Harlow to be close to trainer Ben Davison's gym.

Preparations for the battle at London's O_2 with the Croatian 2016 Olympic bronze-medal winner *(below)*, 34, received a boost when it was upgraded to a clash for the vacant IBF world title.

Oleksandr Usyk binned all four belts when he wiped the floor with the blue-riband ranks but now Chatham wunderkind Itauma is on a recycling mission to tot up all that precious metal for himself.

But he has still got time to enjoy watching family feuds about chores as he strives to keep his campers happy.

He told SunSport: "We had a funny interaction about the bins and about who was cleaning what.

"It was just a funny debate, to be honest.

"One of the brothers said he was going to take the bins out and then the other brother got annoyed and argued it was his turn. It sparked a big debate about bins and cleaning and everything.

"But I take my own rubbish out, I clean up my own stuff, I stay out of it and watch them argue."

Itauma's freakish talent is being supplemented by a phenomenal dedication and an unnerving maturity for a man of his tender years, in a sport so often littered with trash talk.

But having a mum from Slovakia — and a few ex-military uncles who take him running and swimming in the mountains in eastern Europe — and a strict Nigerian dad, has made him a genetic force to be reckoned with.

And while most normal 21-year-old's might feel nervous about potentially becoming the second youngest heavyweight champ in history, Itauma is just excited to see lots of familiar faces.

He said of his 15th professional fight camp: "I feel like it's one of the only times that brings all the family together.

"In fight week they come from all over — Slovakia, Manchester, America, wherever. It's nice."

By WALLY DOWNES Jr

Iron Mike's Brit call

MIKE TYSON has urged Tyson Fury and Anthony Joshua to give the fans what they want and fight in Britain.

Joshua has signed to face Fury this year and his deal states the bout MUST take place here.

But organisers including Netflix and Saudi fight financier Turki Al-Sheikh prefer a fight in America to capitalise on prime-time US viewing.

By JACK FIGG

AJ's promoter Eddie Hearn is fighting to keep the Battle of Britain in the UK but reluctantly sent revised terms to allow it to go Stateside.

And US heavyweight icon Iron Mike, 60, said: "It's going to be a great fight, great for boxing. I think London should get the fight."

LANDO'S LOOKING LIKE A CHAMPION

By ISABELLE BARKER

McLAREN claim Lando Norris is "driving like a world champion" after back-to-back race wins.

The Brit, 26, produced a blistering drive to win the Dutch Grand Prix *(right)* and give his title defence a major boost.

McLaren had struggled to match Mercedes and Ferrari this season under Formula One's new rules.

But with Sunday's showing backing up victory in Hungary before the summer break, Norris is slowly creeping back into the title conversation.

He now sits fourth, 83 points adrift of leader Kimi Antonelli.

Max Verstappen was 104 points off the lead at this stage last season before a comeback saw the Dutchman miss out on the title to Norris by just two points.

McLaren boss Andrea Stella said: "He's driving at the level of a world champion. It's almost like I see Lando stronger and stronger race by race.

"Lando is capable of maximising the performance in qualifying trim. Then when you have conditions in which the car slides in the race, there's not much grip, he's the master in these kind of conditions."

Norris started on pole in Zandvoort but Antonelli overtook him on the second start after a red flag as Verstappen crashed out.

But Norris kept his McLaren within touching distance then later hunted him down.

Stella added: "I would say definitely he is now expressing a higher level of assertiveness.

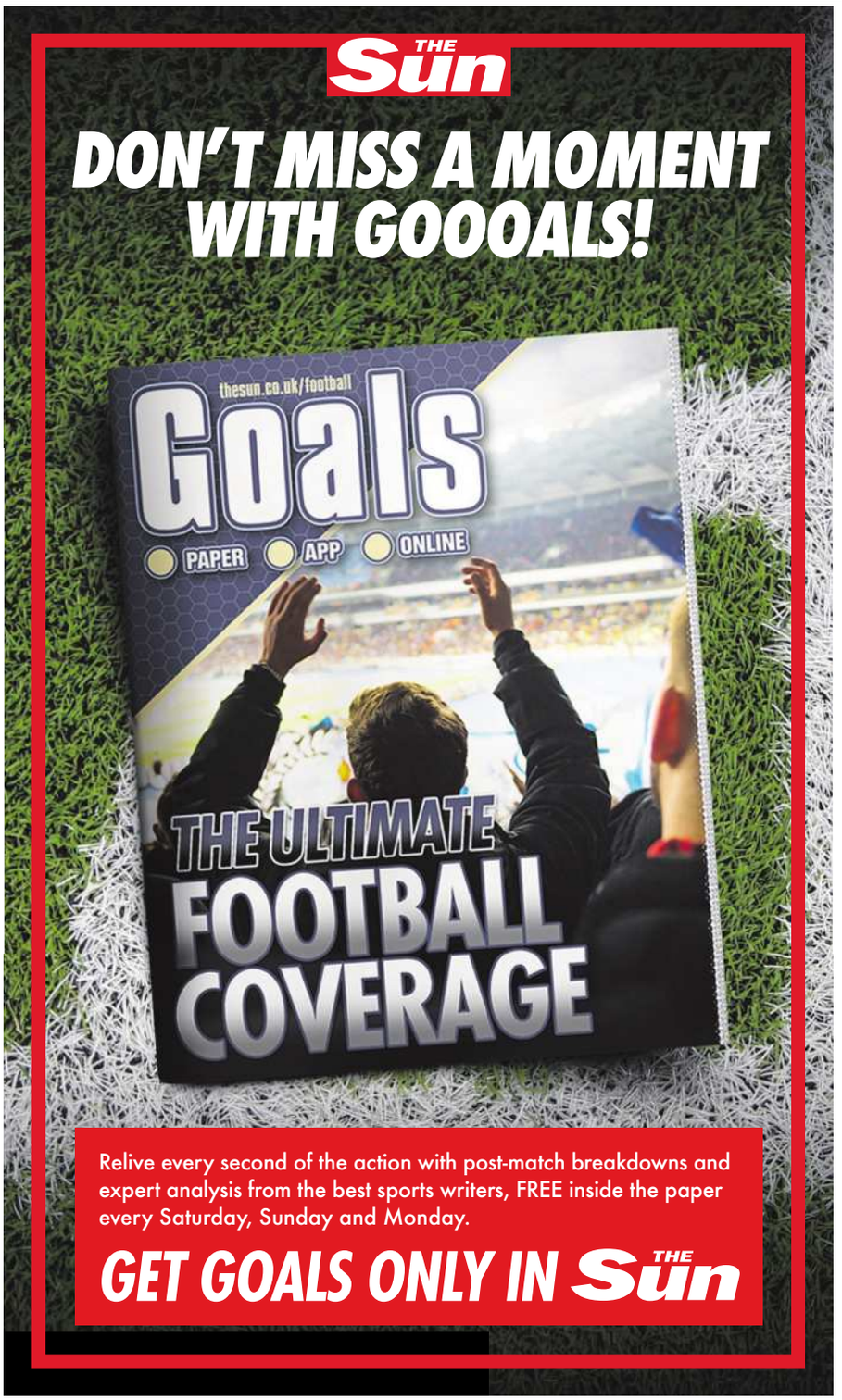
"You know the manoeuvre to pass Antonelli was a really good demonstration of that. He shows a higher level of self-confidence but without being the most aggressive.

"Sometimes it's better to think, 'I'm not going to have a fight now as I may lose, it's a very long race, see you at the end of the race'."

Antonelli's Mercedes pal George Russell is 59 points behind his team-mate alongside fellow Brit Lewis Hamilton.

But Merc boss Toto Wolff said: "We haven't got the money for developments on the car.

"We are trying to evenly split that over the season."



Martin Lipton

OUR COLUMNISTS ARE THE TALK OF SPORT

ONE faceless winner of a pointless tournament, in the middle of nowhere. If Michael La Sasso's one-shot victory over already-crowned season champ Jon Rahm *(right)*, 20 miles north of Indianapolis, does indeed prove to be the last rites of LIV Golf's attempt to upend the game, few will mourn. Rest in PIF.

GONE United paid Tielemans' release clause

GONE £117m man Rogers made the switch to Chelsea

GONE Konsa joined champions Arsenal in a £55m deal

Villafied

FURIOUS FANS FEEL BIG-SIX STITCH-UP IS TO BLAME BUT FORGET THERE'S ALWAYS A FOOD CHAIN IN GAME

RUNNING ON EM-PTY . . . Emery watches on as Brighton stuff his Villa side

ASTON VILLA fans had already lost their collective marbles over the past few weeks.

Frustration, even anger, were understandable, too, watching last season's Europa League-winning side asset-stripped in broad daylight.

Yet by the time Brighton's third went past keeper Marco Bizot at the Amex on Sunday, they went into overdrive.

Villa's seaside subsidence was not a poor performance by an undercooked team, who committed enough defensive cardinal sins to require a rosary bead the size of Texas.

It was actually the ultimate win for the Premier League's "Big Six conspiracy".

Proof that a stitch-up system, orchestrated by Prem chiefs and designed to destroy Villa and Newcastle in particular, had served its purpose. You will have seen and heard it, too.

On the bulletin boards, all over social media and doubtless down the local boozer.

No matter that Villa – and Newcastle – might have actually voted **FOR** the Prem's new financial model.

That the Uefa regs, nothing to do with the Premier League, are actually **MORE** restrictive on expenditure.

Or that, having sold Morgan Rogers to Chelsea for £117million, Villa did **NOT** need to sell anyone else to balance the financial equation.

It was just somehow "unfair" that Chelsea and Tottenham, who both had seasons to forget, were allowed to spend big this summer

Unfair that Arsenal could take Ezri Konsa from Unai Emery's squad. And the Brazilian Bruno Guimaraes from Newcastle.

How could it be right that Spurs, after back-to-back 17th-placed finishes, could tempt Sandro Tonali?

Even worse, that Villa are probably going to sell Ollie Watkins to a Saudi club before the window shuts next Tuesday.

As for Manchester United meeting Youri Tielemans' release clause . . . outrageous! Listening to the whinges, you would almost imagine the footballing food chain is a new invention.

That wealthy clubs have never used their financial muscle to take talent from their rivals.

It is why the moans about Spurs make fans from N17 snort with derision. Likewise at the other end of the Seven Sisters Road

Arsenal and Arsene Wenger were as powerless to prevent Manchester City enticing Emmanuel Adebayor, Kolo Toure, Gael Clichy, Samir Nasri and Bacary Sagna.

As were various Tottenham chiefs were to stop Michael Carrick and Dimitar Berbatov going to United, Luka Modric and Gareth Bale joining Real Madrid.

Indeed, almost as incapable of defying the laws of the football jungle as when Villa, of all clubs, took Konsa and Watkins from Brentford, John McGinn from Scotland and Emiliano Buendia off Norwich's books. Or anybody else they have signed from a "smaller" side.

Yes, the rules do fix loss limits. They do prevent clubs from spending money without consequence.

You know, like what happened at Portsmouth and Leeds, not too long ago.

It is true, too, that City and Chelsea, in particular, were able to rise swiftly, thanks to the largesse of their owners, at a time when there were no financial straitjackets.

And that both clubs were happy to close the drawbridge behind them.

Pointing to Tottenham's stadium debts – with annual interest repayments of £30m, on revenues of more than half a billion even without any European football this season – make no real sense, for all the screaming and shouting.

Even with this summer's unprecedented splurge – and the jury is certainly out on the efficacy of that after Saturday – Spurs will be nowhere near the Uefa limit of spending 70 per cent of annual revenues on transfers and wages, let alone the Prem's 85 per cent cap.

Tottenham built their revenues, taking a hit in the process, transforming the money model by almost doubling capacity and developing a trail-blazing home on the club's traditional footprint.

They have the advantage of a capital location but saw the writing on the wall when it was initially written. Others could have done the same.

Villa didn't get humped at Brighton because of PSR, SCR or even VAR. They lost because they were awful.

Newcastle were within seconds of beating Liverpool despite their raft of summer departures.

It is fair to question the regulations and ask if they can be improved.

Yet these are the ones the clubs approved. Eight of them in addition to the Big Six.

Isn't that democracy rather than conspiracy?

Infantino will fight

ANYONE thinking removing Gianni Infantino as Fifa chief would be easy surely now realises he will scrap for his life.

The alliance between Uefa, Asia and Concacaf can only shift Infantino if they can agree on a candidate who has few enemies in the corridors of footballing power.

But Infantino has backers in all three confederations — and opponents in nominally-supportive Africa.

Ignoring Concacaf's plea for him not to attend a youth tournament in the Dominican Republic this weekend was Infantino flexing his muscles.

In response, the six Nordic associations — led by Sweden and Norway — publicly called for his resignation.

This feels like a fight to the death, with a handful of national associations being decisive when the votes are cast in March.

Far from Spurfect

NOTHING brings that pre-season optimism to a more juddering stop than the first 90 minutes of the campaign.

Spurs fans were not alone in wishing to rewind the clock at the weekend.

But the 1,700 or so who went to the Gtech to see their side humiliated 3-0 by Brentford will be wondering if the nightmare is just continuing under a different facade.

Lifeless and gutless, it was a performance to chill the blood.

Charlton, fresh from a 2-1 win at West Ham, will be licking their lips ahead of tomorrow's Carabao Cup second-round tie in N17.

JP sends shudder

JEAN-PHILIPPE MATETA may have failed in his attempt to get the final year of his Crystal Palace contract declared invalid.

Yet the very fact the France forward tried to wriggle out of the agreement to engineer a free transfer will have sent shudders through plenty of club chiefs.

Fifa's summer deal with the international players' union Fifpro spelled the end of "bomb squads", unwanted stars able to move if they are left out of first-team rosters.

The lawyers, though, will see an opportunity. And the last thing anyone wants is m'Learned friends calling the shots.

REVIEW . . . ref Peter Bankes studies Gomes', kick on Rutter

REF CHANGES LOOK VAR AND AWAY GOOD THING

THE first weekend of the Prem season is a small sample size.

It does seem, though, at least so far, that refs' boss Howard Webb and his officials are staying true to their promises.

The only two VAR interventions from the first nine games were Joao Gomes' red card for Aston Villa at Brighton and Josko Gvardiol's clearly onside winner for Manchester City against Bournemouth.

Warnings about grappling seem to have been heeded and taken on board, contact **IS** allowed and the referee's initial call has primacy.

A long way to go. But a positive and welcome start.

OFF YOU GO . . . Bankes shows red card to Villa man after the VAR check

The Sun TRANSFERS EXPOSED

NEWS TICKER

JULES AHOKA moved to Sunderland for £8.6million from Belgian outfit Royal Antwerp.

The DR Congo-born midfielder, 20, first joined Antwerp last September. He has signed a long-term Black Cats deal and said: "It's a big club with great ambitions."

COVENTRY have agreed a £6million deal to sign Ethan Pinnock from Brentford.

The Sky Blues will pay an initial £5m for the 33-year-old Jamaica defender, plus a potential £1m in add-ons. He will sign a three-year contract, with a 12-month option.

PREMIER LEAGUE new boys Hull have had a £7million offer for Stoke's Sorba Thomas rejected.

The Tigers have spent over £70m on new signings this summer — but Potters think Wales winger Thomas, 27, who has two years left on his deal, is worth a higher fee.

JONATHAN ROWE saw a £25.7million bid from Atalanta knocked back by his club Bologna.

The ex-England U-21 winger, also on Aston Villa's radar, only joined last year in a £17m switch from Marseille. But the 23-year-old's impressive form has Atalanta interested.

GABI IN HIL CLIMB

Saudis close on outcast Martinelli

GUNNER GO . . . Martinelli is in talks over joining Al-Hilal

SAUDI side Al-Hilal are working hard to wrap up an ambitious deal for Gabriel Martinelli.

By SIMON COLLINGS and JOSHUA HALL

The Arsenal winger, 25, is up for sale this summer and has already turned down a move to Galatasaray.

Al-Hilal are hopeful they can persuade the Brazilian to join them, though.

They have also looked at Chelsea winger Pedro Neto – who has an asking price of nearly £100million.

Martinelli could be sold for £50m to £60m, with Arsenal keen to boost their bank balance by making a major sale.

Boss Mikel Arteta has made the player's status at the club clear by leaving him out of the matchday squad for the first two games of the season. The wideman is into the final year of his contract, although there is the option to extend it by 12 months.

The Gunners still want another attacker, despite signing Christos Tzolis from Club Brugge for £34m.

Arteta is a huge fan of Atletico Madrid forward Julian Alvarez, 26, but he has his heart set on a move to Barcelona.

Atletico refuse to sell to their LaLiga rivals, which has given Arteta hope.

Juventus winger Kenan Yildiz, 21, is another Gunners target – but he faces a spell out with a foot injury that looks set to scupper any move.

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PALS . . . Gordon after assist

Gordon's 'perfect' Nou start

By PHIL CADDEN

ANTHONY GORDON says he already feels at home after a "perfect start" to life at Barcelona.

The England attacker, 25, joined the Spanish champions in a £69million deal from Newcastle in the summer.

He made an instant impact with two assists on his league debut in Sunday's 5-0 win at Elche.

Gordon came on for Lamine Yamal in the second half and set up team-mates Raphinha and Fermin Lopez in the space of five minutes.

He said: "It was a top performance and a perfect start. Five goals scored and no goals conceded — I'm very happy.

"I thought we played some lovely football and scored some great goals.

"I feel so good. Since I've arrived, the guys have made me feel so welcome. I feel at home already.

"The city is amazing, the people are so friendly and I think I will get better and better the longer I am here.

"You always want to win. It's always about the team, especially at this club."

Gordon starred for England at the World Cup, scoring in the 2-1 semi-final defeat to Argentina.

He was Toon's top scorer with 17 goals in all competitions last term.

Reunion Tzo great

By SIMON COLLINGS

CHRISTOS TZOLIS hopes for a reunion with Club Brugge in this week's Champions League draw.

The winger, 24, was back at his old stomping ground for Sunday's Brugge derby with Cercle.

Tzolis, who joined Arsenal for £34million, took the ceremonial kick-off before a 1-0 home win for his former team.

Ahead of Thursday's draw, he said: "I really, really hope Arsenal plays Club Brugge.

"Playing against my former team-mates would be a great moment.

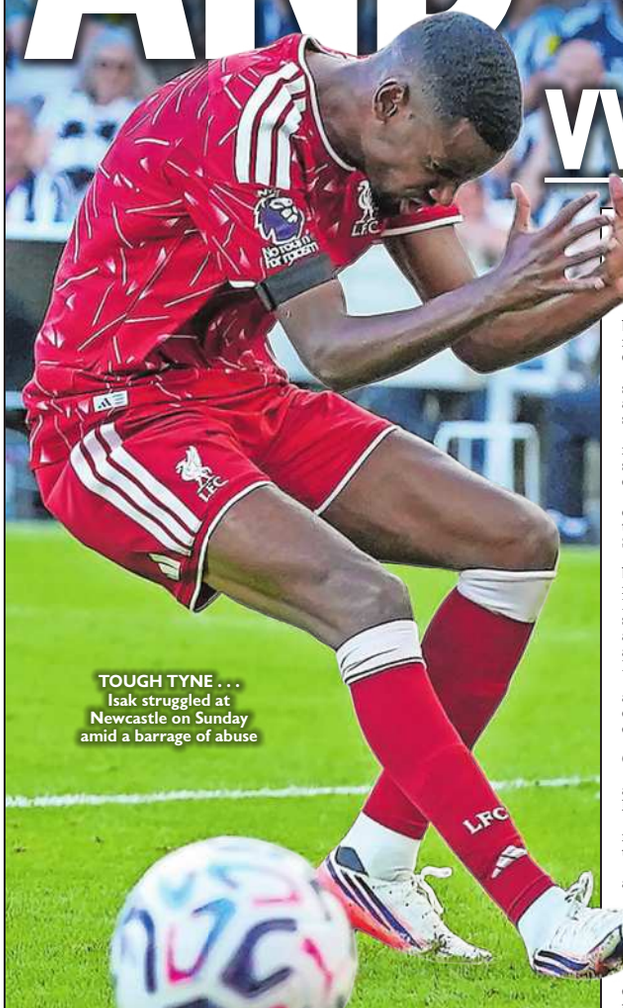
"The Premier League is at a higher level but I am enjoying it to the fullest.

"My role there is not so much different than was the case here at Brugge because Arsenal opts for the same attacking tactics."

PREM ALEX'S ROUGH RETURN

ISAK, FLAK AND CRACK

VVD: He must do better



TOUGH TYNE . . . Isak struggled at Newcastle on Sunday amid a barrage of abuse

ALEXANDER ISAK knows he is under pressure to justify his £130million price tag at Liverpool.

By CHARLIE WYETT

Yet Reds skipper Virgil van Dijk believes the striker can improve on a rotten first season at Anfield after his controversial move from Newcastle.

Isak made just eight league starts – scoring only three times — in a miserable 2025-26 campaign which saw him suffer a leg fracture and need surgery.

The Swede, 26, endured a hostile return to St James' on Sunday and struggled as his team scraped a 2-2 draw, thanks to a last-gasp penalty.

Liverpool, who host Nottingham Forest on Saturday, need to find another talisman after Kop legend Mo Salah's summer exit.

Asked if Isak was affected by the constant abuse he received from Toon fans, Dutchman Van Dijk, 35, said: "No. I wouldn't be affected by it if I was him and I don't think he was. He tried to play his game.

"He had good moments and some moments where obviously he could have done better – like all of us.

"He had a fantastic World Cup and a very good pre-season.

"He's fit, looks very sharp in training and I have full confidence in him that he will be very important for us.

"We want to be successful, sooner rather than later, so it's down to all of us to make him successful.

"But it's on him to make us successful as well. What we have to do as players of Liverpool Football Club is be much better than what we were last year.

"That's the responsibility everyone has to feel now.

"Some changes are happening at the club — and that's clearly visible. Some players have left, some players have come into the club and it's down to us to be as good as we can be, as soon as possible."

Isak will hope for a change of luck having suffered his horror injury in December when caught by Spurs' Micky van de Ven *(below)* as he scored a goal.

New Reds boss Andoni Iraola – saved by Dominik Szoboszlai's cool spot-kick on Tyneside – needs the Swede to hit form as he waits on attacking reinforcements.

Defensively, the visitors looked poor as well but centre-back Van Dijk said: "It's something we definitely have to improve yet it's not a worry.

"It's absolutely normal in any type of work, whatever you do, if you have new plans and new ideas, it takes a bit of time.

"It's down to us to do it as soon as possible because we just want to improve, we want to win, we want to be better.

"It's down to us to make sure we improve quickly – and that's what we try to do.

"We work on the training ground a lot and there are discussions on the pitch about how we want to do it better."

Liverpool finished fifth in the Premier League last season with 12 defeats and that resulted in Arne Slot losing his job, despite winning the title the previous season.

Van Dijk added: "We need to show a reaction from last year – that we are much better than that – because this was unacceptable. But that's last year.

"I don't want to go back now. It's about looking forward, looking to improve and continuing."

...but his Toon successor Wissa looks ready to rock

WISSA . . . versatile

YOANE WISSA is ready to forget his injury nightmare and finally start delivering for Newcastle.

By CHARLIE WYETT

The DR Congo international suffered a disastrous first season in the North East, making just **FOUR** Premier League starts in 2025-26 – scoring just once – after a £55million move from Brentford.

Wissa, 29, picked up an injury on international duty in September and did not even play for Newcastle until December – but then struggled in the second half of the season,

Yet the forward – bought as a replacement for Alexander Isak who switched to Sunday's opponents Liverpool for £130m – has hit the ground running this term. Wissa impressed in the 2-2 St James' Park draw against the Reds, although he was gutted to miss a good chance near the end with his team leading 2-1.

He said: "It has been very tough, physically and mentally to get through this.

"The World Cup helped me adjust my body and now I have had a good pre-season. The last three months have been amazing for me.

"But it has been very difficult since I joined the club. It is not easy when you are not playing football and not feeling well but the club always backed me. Eddie Howe backed me before he left and the board backed me, which is why I want to give back something. Now I am ready to move forward."

Versatile Wissa is happy to play behind striker Will Osula – with the duo causing Andoni Iraola's Liverpool no end of problems at the weekend.

Asked about new Toon boss Matthias Jaissle, Wissa added: "The manager knows I can play everywhere up front.

"I can play No10 and also striker and can score, even though I missed a good opportunity.

"I am one of the leaders. The manager trusts me. That is why he has given me freedom."

PREM CITY BUILDING

We have to be on Gvard

FIGHT TO END . . . Gvardiol hit late winner against Bournemouth

JOSKO RALLIES TROOPS FOR ENZO

By KATHERINE WALSH

JOSKO GVARDIOL has issued a rally cry amid the disruption at Manchester City.

Croatia star Gvardiol's stoppage-time winner helped seal a dramatic 2-1 comeback win against Bournemouth in Enzo Maresca's first Prem match in charge since replacing Pep Guardiola.

Supersub Rayan Cherki set up late goals for makeshift midfielder Marc Guehi and Gvardiol, after Marco Rose's side frustrated the Etihad crowd.

But Gvardiol urged City to come together and back their new boss, who was staring down the barrel of a first opening weekend home defeat since the club returned to the Prem nearly a quarter of a century ago.

The defender, 24, said: "We need everyone. Everyone needs to be at their best – especially now some players have gone. It's not going to be easy.

"But our mentality [is that] we're going to push and we're going to fight for it.

"Everyone needs to be ready to step up and take the responsibility and fight for this badge, fight for this club."

With few settled players remaining, Maresca can rely on France star Cherki, who has more open-play assists than any other player in the Prem since the start of last season.

Maresca justified benching Cherki by citing incomplete pre-season conditioning after a late return from post-World Cup leave. He claimed that starting him alongside Erling Haaland, Elliot Anderson, Guehi, and Nico O'Reilly would compromise team balance.

After replacing a crocked Anderson, Cherki created more chances in just 27 minutes than anyone else on the pitch.

His floated corner found an unmarked Guehi to head past keeper Djordje Petrovic, before his through ball to Gvardiol sent the Etihad into bedlam after VAR confirmed he was onside.

Maresca made a beeline for Cherki *(right)* at full time, well aware that keeping the fiery playmaker onside will be crucial after his obvious annoyance at being left out of the starting line-up.

Chief Maresca said: "Rayan is quite a nice and clear boy, if he is not happy he wants to show it.

"If he was next to me and he's not happy, you would all realise because he is doing anything to show that he is not happy. His impact was unbelievable and he is that kind of player.

"What they have to do when they don't start is what Rayan did."

While Anderson settles into his new environment, the pressure falls heavily on Phil Foden, Haaland, Antoine Semenyo and an unfit Jeremy Doku to step up and drive the team forward.

A major squad overhaul is underway, with seven players following Guardiola out the door, with further departures and arrivals expected before the window closes next Tuesday.

Jack Grealish did earn minutes against Bournemouth, while Nico Gonzalez and Omar Marmoush both watched from the bench – and the trio's long-term futures appears to lie away from City.

In a summer of upheaval, John Stones and Bernardo Silva joined Inter Milan and Real Madrid respectively on free transfers, Barcelona have signed Rodri, James Trafford was sold to Leeds and Nathan Ake moved to Fenerbahce.

And Savinho is poised to move to Tottenham for £85m, with Marmoush set to follow him to North London.

BALEBA . . . £70m deal

Baleba is imminent

By SAMUEL LUCKHURST

CARLOS BALEBA is putting the finishing touches to his £70million Manchester United move.

The Brighton midfielder, 22, is in Manchester to join the Red Devils on a five-year deal after passing his medical on Sunday.

United, who suffered a shock 2-0 loss to Hull on Saturday, are just waiting for all the paperwork to be finalised.

Baleba will be the third midfielder to arrive in the window after United landed Youri Tielemans and Andrey Santos.

Cameroon ace Baleba has an ankle injury, picked up in pre-season, and is not expected to be fit until next month.

Meanwhile, United and Chelsea are still hopeful Arsenal could be tempted to part with 19-year-old Myles Lewis-Skelly, who can play in midfield and at left-back.

But the Gunners value him north of £50m and that is putting off suitors.

MAN UTD EXPOSED
Scan to watch The Luckhurst View . . .

Cherries' work fear

EXCLUSIVE
By GRAHAM NICKLESS

BOURNEMOUTH builders are working around the clock to get the revamped Vitality Stadium ready for Saturday's home Prem kick-off against Everton.

The club announced last week it will be open but with sections closed.

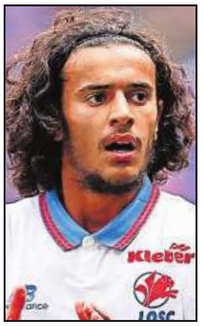
But SunSport can reveal huge lifting machinery is still being used just days before the game.

A security guard raised his eyebrows when asked last night if it would be ready but then smiled: "Of course it will!"

The main car park and surrounding pathways are full of rubble, iron and concrete fittings.

Extensive work has been carried out to meet European regulations after the Cherries qualified for the Europa League.

The capacity will rise from 11,307 to 20,200 by this time next year, with the expansion costing around £85million.


JETTED IN . . . Bouaddi

MARESCA TO HIJACK GAK

From Back Page

Allan appears to be City's choice to replace compatriot Savinho.

And City have now emerged as serious contenders for Gakpo and are set for a tug-of-war with Spurs for the Dutchman – who scored for the Reds in Sunday's 2-2 Prem draw at Newcastle.

Gakpo signed a five-year extension at Anfield just 12 months ago and showed his importance with a super strike at St James' Park.

But his future has been thrown into doubt over recent weeks as Liverpool have been heavily linked with 23-year-old Bradley Barcola of Paris Saint-Germain and Brighton's Yankuba Minteh, 22.

Etihad chiefs look set to complete a deal for Moroccan midfield star Bouaddi, 18.

City have already snapped up Elliot Anderson for £116m from Nottingham Forest.

But they sold playmaker Rodri to Barcelona in a £65m deal, while Tijjani Reijnders joined Saudi Arabian side Al-Qadsiah for £52m.

They lost another midfielder, too, when Bernardo Silva left on a free transfer to Real Madrid.

Nico Gonzalez is also getting closer to leaving for Newcastle as a replacement for Bruno Guimaraes, who joined Arsenal.

Wideman Savinho, 22, was left out of Maresca's City squad which beat Bournemouth 2-1 on Sunday, while Marmoush and Gonzalez were unused substitutes.

City and Spurs remain in talks over Egypt forward Marmoush, 27, ahead of the transfer window slamming shut in seven days.

Gonzalez was not used despite Maresca opting to play centre-back Marc Guehi in midfield.

FARKE . . . chess fan

Farke so board of window

By NEIL SQUIRES

DANIEL FARKE cannot wait for the transfer window to close . . . so he can get out his chessboard again.

The brainbox Leeds boss — who has a Masters degree in economics — is a big fan of the game.

But wheeling and dealing with the season underway is proving a knight-mare.

Ahead of travelling to Nottingham Forest in the Carabao Cup tonight, the German, 49, said: "In my youth I played a lot, as I like strategic thinking.

"But now, I don't have much time. I'm spending too much time in front of a laptop and, sadly, on the phone to agents."

Elland Road chiefs have signed goalkeeper James Trafford, winger Harry Wilson and defenders Tarik Muharemovi and Nico Elvedi this summer.

They have also been linked with a loan move for Chelsea's Ukrainian forward Mykhailo Mudryk.

Farke, whose side won 1-0 at Forest in Saturday's Prem opener, added: "We want to give this club the best possible squad.

"We'll stay awake until the last second to try."

SAM BYRAM has joined Middlesbrough after being released by Leeds.

The full-back, 32, said: "I'm buzzing. It's a great club and a big club."

N Forest v Leeds
8pm, ITV1 sky sports talkSPORT

Oli Nott a magician

By GRAHAM HILL

OLIVER GLASNER says he is 'no cup magician' — despite three trophies with Crystal Palace.

The new Nottingham Forest boss faces Leeds again tonight in the Carabao Cup, three days after his side lost a Prem clash with Daniel Farke's side.

Austrian Glasner won the FA Cup, Conference League and Community Shield but warned: "I've never arrived anywhere and said, 'I'm the one'.

"But I always try to create an environment and attitude that makes this possible. Unfortunately, I'm no magician — there's no drink to give the players to make them win.

"But it's unusual that we're facing a Premier League team in the first round, and one we only played three days ago."

Glasner, who hopes to bring in Chelsea striker Liam Delap, says he loves cup football. He added: "The things I like about it is that it's do or die."

DELAP . . . £40m move

Forest in for Delap

By DAN KING

NOTTINGHAM FOREST are close to finalising a £40million deal for Chelsea's Liam Delap.

Sources expect Forest to tie up an agreement — which could involve an initial loan with a buy clause attached — before the weekend, as Delap's difficult spell at Stamford Bridge comes to an end.

The ex-Manchester City academy star, 23, moved from Ipswich last season.

But his £30m move turned into a nightmare, with Delap notching just TWO goals as a hamstring injury hampered him.

The Blues have brought in strikers Danny Welbeck, 35, and Emmanuel Emegha, 23, in the window as back-up for Joao Pedro.

Chelsea are looking to sell both Delap and Senegalese striker Nicolas Jackson to balance the books.

Oliver Glasner's Forest hope Delap can be the long-term replacement for New Zealander Chris Wood, who turns 35 this season and has less than a year left on his deal.

INFANTINO . . . backlash

Petit's Gia quit plea

By SIMON COLLINGS

WORLD CUP winner Emmanuel Petit is one of several legendary players calling for Fifa president Gianni Infantino to go.

The former Arsenal and Chelsea midfielder posted an open letter on social media yesterday, which Lionesses star Lucy Bronze also shared.

Ex-Manchester United man Mikael Silvestre — on Fifa's Players' Voice Panel — followed suit and more legends are set to do so in the coming days.

Infantino is under fire for his controversial plans to flog stakes in the World Cup to private investors.

The letter posted by Frenchman Petit and Co read: "We share the same concerns as the millions of fans around the world.

"We have watched the game we love drift away from its core values under Fifa's current leadership.

"Change is necessary. Enough is enough. This is a call that unites us all.

"For the fans, for the players, and for the good of the game, we will be silent no more."

PREMIER LEAGUE

FULHAM

KING 23; GONZALO 54

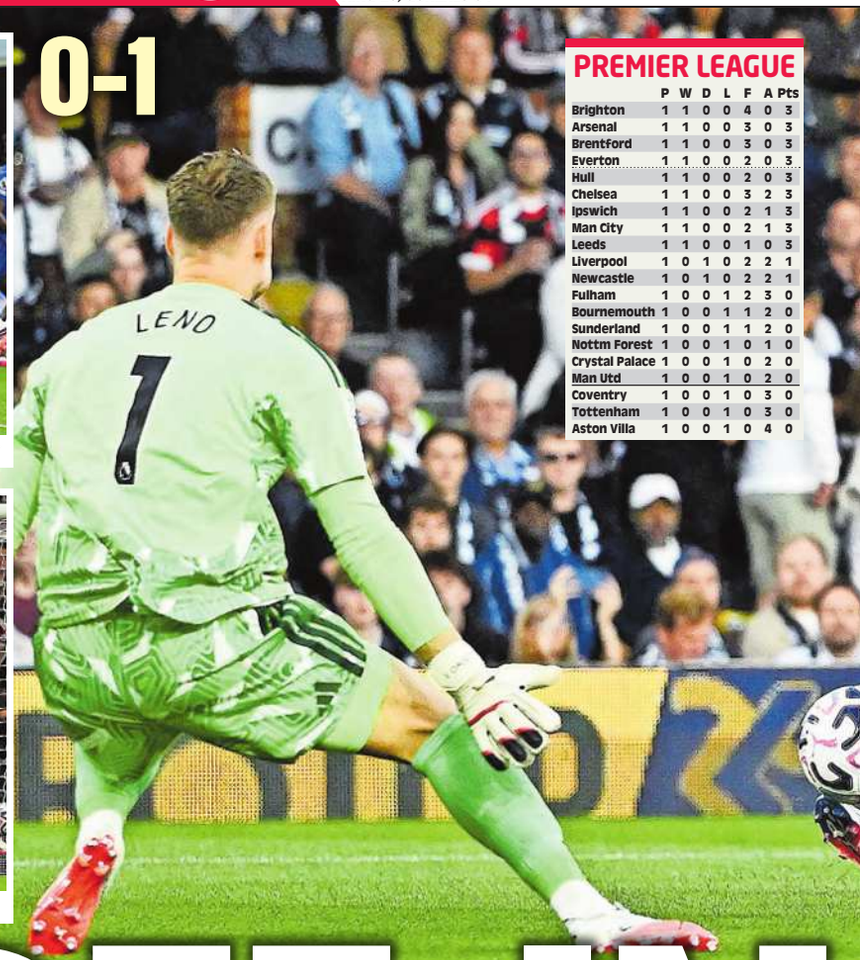
1-1

BOSH JOSH . . . King keeps calm to rifle home Fulham's leveller

1-2

ICE COOL . . . Morgan Rogers strokes in Chelsea's second goal

0-1



PREMIER LEAGUE

	P	W	D	L	F	A	Pts
Brighton	1	1	0	0	4	0	3
Arsenal	1	1	0	0	3	0	3
Brentford	1	1	0	0	3	0	3
Everton	1	1	0	0	2	0	3
Hull	1	1	0	0	2	0	3
Chelsea	1	1	0	0	3	2	3
Ipswich	1	1	0	0	2	1	3
Man City	1	1	0	0	2	1	3
Leeds	1	1	0	0	1	0	3
Liverpool	1	0	1	0	2	2	1
Newcastle	1	0	1	0	2	2	1
Fulham	1	0	0	1	2	3	0
Bournemouth	1	0	0	1	1	2	0
Sunderland	1	0	0	1	1	2	0
Nottm Forest	1	0	0	1	0	1	0
Crystal Palace	1	0	0	1	0	2	0
Man Utd	1	0	0	1	0	2	0
Coventry	1	0	0	1	0	3	0
Tottenham	1	0	0	1	0	3	0
Aston Villa	1	0	0	1	0	4	0

THREE IN

Blues trio Joao, Morgan & Cole

CHELSEA'S front three decided a brilliant game with a display to send shivers down the spines of their rivals.

By DAN KING

But Blues goalkeeper Robert Sanchez had the same effect on his own supporters as another gaffe-filled performance helped Fulham play a full part in a classic derby.

There is rarely a dull moment on or off the field at Stamford Bridge – but the exciting new attacking trio of Cole Palmer, Joao Pedro and new £117million signing Morgan Rogers will surely get fans in the Shed end singing this season.

If this game is anything to go by, Xabi Alonso's Chelsea are going to be a brilliant watch for neutrals this season – for good reasons and bad.

In Palmer, Pedro and Rogers, Alonso has potentially the best attacking unit in the Premier League.

All three scored, Pedro after **31 SECONDS**, to give the new manager a dream start.

But Sanchez was at fault for Josh King's equaliser and for the Gonzalo Garcia goal which made it 3-2 after Rogers and Palmer had found the net either side of half-time.

Just like last season under two permanent managers and one interim boss, Chelsea looked incapable of controlling a game.

But unlike so many matches in the chaotic 2025-26 campaign, the Blues were able to hold on for victory. Chelsea arrived with bad memories of their last visit to Craven Cottage.

Days after the departure of boss Enzo Maresca last January, the Blues had left-back Marc Cucurella sent off in a 2-1 defeat.

As the rain lashed down, the fans had then aimed X-rated chants at club supremo Behdad Eghbali, who was sitting next to new head coach Liam Rosenior.

Those were dark omens for this sunny summer evening.

And when it emerged key midfielder Moises Caicedo was out injured, the stage was set for a tough evening.

Yet after barely half a minute, Chelsea's latest new era had the best possible start as Maxence Lacroix's clearing header reached Palmer, who helped the ball first time on to Pedro. The Brazilian striker's brilliant chipped finish over Fulham goalkeeper Bernd Leno was that of a man brimming with confidence.

The home crowd were understandably dumbstruck, the Chelsea fans were jubilant.

Yet, if they expected their team's nerves to be settled, they were to be disappointed.

The normally-reliable Levi Colwill miscontrolled a routine pass, Oscar Bobb nipped in and the Blues defender was booked for stopping him running clear.

Romeo Lavia soon followed Colwill into the book for a hefty foul on Calvin Bassey.

Sanchez also gave notice of what was to come. First the Chelsea keeper let a backpass go out for a corner,

31

JOAO PEDRO'S goal after 31 seconds was the earliest ever by a side in their opening game of a Prem season, and Chelsea's second-quickest PL strike, behind Spanish ace Pedro v Man Utd in 2016 (30 seconds).

FLYING START

EARLIEST PREM MD1 GOALS (Since 2006-07)

2026-27	Joao Pedro	Fulham v CHELSEA	0m 30s
2007-08	David Healy	Arsenal v FULHAM	0m 51s
2017-18	Alexander Lacazette	ARSENAL v Leicester	1m 34s
2021-22	James Tarkowski	BURNLEY v Brighton	1m 43s
2012-13	Branislav Ivanovic	Wigan v CHELSEA	1m 48s

12

2 CHELSEA 3

PEDRO 1; ROGERS 41; PALMER 49

WOW JOAO . . . Pedro lifts in Blues' 31-second opener

MATCH STATS

FULHAM		CHELSEA
14	SHOTS	18
6	SHOTS ON TARGET	6
61%	POSSESSION	39%
619	PASSES	391
535	COMPLETED PASSES	318
24	TOUCHES IN OPP BOX	38
6	CORNERS	4
12	FOULS CONCEDED	7
2/0	YELLOW/RED CARDS	3/0
	MATCH TIME: 96m 20s	
	BALL IN PLAY: 59m 36s	

COLE FIRE . . . Palmer's tidy angled finish puts Blues in command

REAL DEAL . . . new boy Gonzalo cuts the deficit for Cottagers

A SHED! give boss Xabi a fuzzy feeling

then he made an unconvincing save from a King shot.

Although Palmer, Rogers and Pedro remained menacing and were one good pass away from extending Chelsea's lead, the arrival of the equaliser was no surprise.

Rogers' failure to go with his runner allowed King to execute a simple one-two with Timothy Castagne.

Sanchez's positioning looked wrong and his limp-wristed attempt to stop the ball beating him at his near post was even worse.

Chelsea were rattled and Josh Acheampong, playing instead of the suspended Wesley Fofana, made two crucial challenges to stop the home team going in front.

Blues regained their composure and Pedro volleyed wide from a Palmer cross.

Leno saved comfortably from Reece James, then less so from Lavia, before Rogers restored the lead.

Palmer found Lacroix with a cute pass and the defender dropped his shoulder, beat Jorge Cuenca and pulled it back perfectly past Leno into the centre of the area.

Rogers redeemed himself for his part in the equaliser by sidefooting home. Palmer upped the ante after the break and, after a mesmerising run which deserved a better finish, he made no mistake soon after.

Pedro ran from his own half and waited for Palmer to join him, before the latter fired through Leno's legs from a tight angle.

Moments later it was almost 4-1, but Antonee Robinson stopped Rogers capitalising on Jorrel Hato's surging run and cross.

Instead it was soon 2-3. Colwill misjudged a cross and Sanchez could only parry Castagne's shot straight on to the head of Gonzalo, who did not know much about his debut goal but cared even less.

Every drama needs a villain. Enter Enzo Fernandez.

He and fellow Argentine Valentin Barco had been roundly booed earlier in the evening, but Fernandez's introduction in place of Lavia on 65 minutes took the abuse to new levels. Some away fans sang their player's name, despite knowing he would love to be at Manchester City before the end of the transfer window.

King dragged a shot wide of a post as Fulham tried to rescue a point.

Bassey was booked for diving in the penalty area, then Robinson raced clear of James, only to send his shot over Sanchez but wide.

The Chelsea keeper kept out an effort by sub Ryan Sessegnon and Pedro had a late effort ruled offside.

But the Blues are up and running and it promises to be a fun ride.

HOW THEY LINED UP

FULHAM: Leno, Castagne, Bassey, Cuenca, Robinson (Muniz 82), King, Berge (Sessegnon 73), Bobb (Charles 67), Iwobi, Palacios (Kevin 73), Gonzalo.

CHELSEA: Sanchez, Acheampong, Lacroix, Colwill, Gusto (Neto 76), James, Lavia (Fernandez 65), Hato (Chavarria 65), Palmer (Estavao 83), Rogers (Quenda 82), Pedro.

GONZALO GARCIA became the first Fulham player to score on his Premier League debut for 12 years, since Chris David netted against Crystal Palace in May 2014. It was David's only goal for the Cottagers.

ALONSO . . . opening win

MOR

From Back Page

at international level but to do it for the club day-in, day-out, it's an honour. It's just the start.

"Everyone knows how good he is. He had a difficult year with injuries.

"You can see it in his eyes pre-season and in training he is ready this year. He's ready to prove people wrong and we saw that with his performance.

"He was the best player on the pitch by a mile."

Palmer joked in pre-season he would send the bailiffs round if his pal pulled out the celebration they both use — which Chelsea's No10 has now trademarked.

But asked about this last night, grinning Palmer said: "No, he's good."

Palmer looked back to his best after a summer off following his England World Cup squad snub, setting up Pedro before later scoring himself.

The Blues star, who was dogged by a niggling groin problem last season, said: "When you grow up, you want to play or do anything with your best friends, so playing football at the best level feels surreal.

"Normally I'm not an emotional person, I'm not usually bothered about things in life.

> Over the summer, I rested and recharged
> – COLE PALMER

"But over the summer I rested, recharged and I'm hungry. I know the talent I've got so I can put in performances like that."

Alonso was delighted by Palmer, Rogers and Pedro.

The Chelsea boss said: "I'm happy for the three of them.

"They need to take responsibility, they need to lead the rest, they need to inspire the rest, because if they do great, the other ones will follow.

"I have enjoyed seeing Cole playing with dynamism and freedom."

Pedro's strike — the fastest opening-weekend goal ever in the Prem — was cancelled out by Josh King, who beat Chelsea keeper Robert Sanchez at his near post.

Rogers put the Blues ahead at half-time. Palmer added a third but Gonzalo Garcia gave Fulham a lifeline with Sanchez at fault.

Alonso refused to blame Sanchez for his mistakes.

The manager said: "This is all about the team."

But Fulham boss Alvaro Arbeloa said: "Chelsea's goals were easy. When you make these kind of mistakes, they are going to punish you."

NEXT GAMES

THU 8PM Carabao Cup, 2nd round **AFC Wimbledon** (home)

THU 7.30PM Carabao Cup, 2nd round **Luton** (home)

thesun.co.uk/sport
Sun Sport

England axe cuffed Carse

By JOHN ETHERIDGE

BRYDON CARSE has been dumped from England's Second Test squad after he was handcuffed at 4am on Sunday.

Fast-bowler Carse will be probed by the independent Cricket Regulator as the incident was referred by the ECB.

Carse *(right)*, 31, was filmed by a member of the public outside Molly Malone's Irish Tavern in Derby surrounded by four police officers and with his cuffed hands behind his back. An ECB statement said: "Following a referral from the ECB, the Cricket Regulator have confirmed they will investigate events on Saturday night.

"Brydon Carse will

Turn to Page 44

Racing's No1 pullout FREE inside

FULHAM 2 CHELSEA 3

MOR CHILLS AND THRILLS

MORGAN ROGERS warned Chelsea's rivals: "This is just the start" after he and best pal Cole Palmer kick-started the Xabi Alonso era.

New-boy Rogers, who cost £117million, scored on his Blues debut and pulled out the famous ice-cold celebration he shares with mate Palmer as the pair shone at Fulham. Palmer then produced the same cele when he also netted — after Joao Pedro's opener on 31 SECONDS gave boss Alonso the dream start.

By DAN KING

Rogers said: "It's something we have spoken about for a while. We've done it

Turn to Page 51

CHILLIN' OUT . . . scorer Palmer (right), James and Pedro do his 'cold' celebration but (inset) Rogers got in first after his goal

TRANSFER TUG-OF-WAR FOR KOP ACE

MIND THE GAK

UP AND AWAY . . . Gakpo is wanted by Tottenham and City

City plot Cody hijack & Bouaddi jets in

By PHIL CADDEN

MANCHESTER CITY have entered the race to rival Spurs for Liverpool forward Cody Gakpo.

Enzo Maresca's side are on the brink of an £85million deal for Lille's Ayyoub Bouaddi, who has jetted into the UK to seal his move.

City also agreed a £34.2m fee for Allan Elias, 22, from Palmeiras – with £32m upfront, plus add-ons.

Maresca is set to lose attacking duo Omar Marmoush and Savinho to Tottenham and the Italian boss is keen to bring in replacements.

Versatile forward Gakpo, 27, could fill the void should Marmoush head for North London, while winger

Turn to Page 49

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Rain or Con's gone

NICKY HENDERSON says Constitution Hill needs a serious amount of rain if he's to run at Windsor on Saturday.

The nine-year-old (*right*) is one of 19 entries for the Listed Weatherbys August Stakes, and the likes of White Birch, Al Aasy and Tenability could turn up against him.

There are thunderstorms forecast for later in the week, but Hendo will wait for Kempton the following Saturday if the rain fails to materialise. He said: "All these races are going to be very competitive. Quite a few are waiting for rain and I can see we'll all probably turn up at Kempton if it doesn't rain.

"He's in very good shape, he's had a good break and is ready to go.

"Races like this will tell us where we stand."

By JACK KEENE

EIGHT CHASE FOR DAN'S BE

DAN SKELTON'S winning machine Beorma will attempt to win a remarkable EIGHTH race in a row at Stratford this evening. She started her winning run off a mark of 81 on May 28 and will try to defy a 33lb hike in the weights in the 6.15.

Cross eyes on Arc

MALTESE CROSS will run in the Prix de l'Arc de Triomphe after William Haggas decided against running in the St Leger next month.

The top-class colt was an impressive winner of the Great Voltigeur Stakes at York last week and was as short as 5-4 in the betting for Doncaster's Classic.

But he will bypass the Leger for a crack at Europe's richest race in Paris on October 4, for which he is an 8-1 shot. His trainer (*below*) said: "We've decided to bypass the St Leger and aim Maltese Cross at the Arc de Triomphe.

"We are very conscious of the history of the St Leger and this being the 250th anniversary. The challenge was tempting but it was felt that the extra time would be beneficial, so, all being well, he will head to Paris on the first Sunday in October."

By JACK KEENE

THE Favourite
HOME OF RACING
Tuesday, August 25, 2026

EXCLUSIVE By JACK KEENE

OLIVE NICHOLLS has left her role as assistant trainer to her dad, Paul, after three months.

She has only been in place as No2 alongside her 14-time champion trainer-father at his stable in Ditcheat since May, when she announced her retirement as a jockey after riding her first double under rules at Newton Abbot.

Nicholls, 20, had said previously that she hoped to join her dad on the training licence in the future.

She had spent two years training point-to-point horses before joining the staff at Ditcheat last summer, and the long-term plan had been that she would succeed her old man.

But she has made the "very difficult" decision to leave the yard and pursue a career change.

She said: "It is all I've ever known and obviously it was a very difficult decision for me to make.

"There haven't been any issues and nothing has gone wrong.

"I have just never seen anything different and you've got to get out there a bit and see what is

Turn to Page 3

OLIVE BRANCHES OUT

Ex-rider leaves yard for career change

BREAKING AWAY . . . Olive Nicholls (*left*, and with her father) has left her role as assistant to Paul Nicholls three months after retiring from saddle and taking job

FIRST PAST THE POST FOR RACING

The biggest and the best pullout
. . . SEVEN DAYS A WEEK!

Favourite THE BIGGEST AND THE BEST COLOURS

LINGFIELD

GOING: STANDARD

TEMPLEGATE	TOM PEPPER
2.30 ..... Great Blasket	2.30 ..... Great Blasket
3.00 ..... Lazurite	3.00 ..... Lazurite
3.30 ..... Jungle Dance	3.30 ..... Banana
4.00 .VIKING GLORY (nap)	4.00 ..... Viking Glory
4.30 ..... Dialstone	4.30 ..... Dialstone
5.02 ..... Jimmy Mark	5.02 .... Thunder Goddess

■TIC-TAC: (AW) Left-handed all-weather Polytrack of 1m 2f, 2f run-in. ■DRAW: None. ■LEADING TRAINERS WITH RUNNERS (2021-2026): A Balding 65-323, R Hannon 52-401, G & J Moore 46-386, A Watson 43-295. THIS SEASON: James Owen 15, A Balding 12, J Butler 10. ■TOP JOCKEYS WITH RIDES (2021-2026): Rossa Ryan 91-434, J Mitchell 66-338, B Loughnane 52-358, P Bradley 50-458. THIS SEASON: Rossa Ryan 16, B Loughnane 15, M Ghiani 11. ■LONGEST TRAVELLER: Going To Graceland (4.30) & Sovereign Bright (5.02) trained at Middleham. Round trip of 540 miles. ■FIRST RUN SINCE WIND OP: Ambience (3.00). ■LIVE ON SKY SPORTS RACING

2.30 GAMBLING.COM APPRENTICE HANDICAP (Class 5) winner £3,978; 1m (9 runners)

1 437613 **GREAT BLASKET 19 (V;BF,D)**
(5) J Owen 6-10-0 ..... **Christian Howarth ●99**
Runs: 43 Wins: 10 (F,2A,6G) Places: 6 £86,987
Nottingham winner and solid third at Sandown, likely to remain competitive

2 085125 **DANNICK 3 (C)**
(3) G & J Moore 4-9-13 **Jude Fernandes (7) 95**
Runs: 19 Wins: 1 (A) Places: 6 £19,858
Course winner returning quickly after finishing only fifth here on Saturday

3 325118 **THAPA VC 10 (B;C,D)**
(1) M Rimell 8-9-11 ..... **Toby Moore (5) 94**
Runs: 79 Wins: 15 (9A,6F) Places: 14 £95,429
Won twice this season, not disgraced in better race at Donny latest, fancied

4 921261 **HAVANA TOUCH 76 (D)**
(4) J Butler 5-9-10 ..... **Conor Whiteley (3) 98**
Runs: 27 Wins: 4 (4A) Places: 5 £26,210
Progressive, on top at Kempton in June, freshened up since, strong claims

5 526065 **RENESMEE 10 (D)**
(9) M Keady 6-9-10 ..... **Kyle McHugh (5) 89**
Runs: 50 Wins: 6 (F,3A,2G) Places: 10 £55,945
Falling in the weights, but recent efforts remain difficult to support

6 020022 **AMUSED 19**
(6) J Boyle 4-9-9 ..... **Donagh Murphy (5) 95**
Runs: 15 Wins: 1 (S) Places: 6 £18,224
Consecutive Sandown seconds and holds strong claims from lb higher

7 090880 **NEZEEH 13**
(7) J & S Best 5-9-6 ..... **Olivia Tubb (3) 83**
Runs: 35 Wins: 5 (S,4G) Places: 5 £52,184
Poor recent form makes him difficult to recommend despite weight drop

8 255847 **ERNIE'S VALENTINE 148 (C,D)**
(2) R Burdon 7-9-4 ..... **Alfie Redman (7) 86**
Runs: 56 Wins: 8 (F,7A) Places: 11 £70,318
Well treated on previous form, but might be rusty returning from a break

9 9-9728 **MAJESTIC WAVE 21**
(8) S Dow 4-9-0 ..... **Mason Paetel 87**
Runs: 19 Wins: 1 Places: 3 £21,626
Runner-up here two starts ago, but latest effort was really disappointing

BETTING: 5-2 Great Blasket, 3 Havana Touch, 4 Dannick, 5 Amused, 10 Thapa VC, 14 Ernie's Valentine, 20 Majestic Wave
WHERE FAVS FINISHED and 2025: No corresponding meeting.

Sunracing FORM

AMUSED (9-3) 11-2 held up in last, pushed along 1f out, went 2nd final furlong, btn 1l by Bubbles Wonky (9-8) **GREAT BLASKET** (9-7) 2-5 fav held up in touch, progress 1f out, challenged final furlong, just denied 2nd, 3rd (btn 1l) (6 ran) (Sandown 1m hcap (5) £4,449 good to firm).
DANNICK (9-8) 5-2 raced keenly in 2nd, came wide turning in 1f out and lost place, ridden and no extra 1f out, 5th of 6 (btn 3l) to Timely Affair (9-0) (Lingfield 1m hcap (5) £4,397 AW).
THAPA VC (8-13) 11-1 keen, held up in midfield, ridden 1f out, kept on, nearest finish, 8th of 12 (btn 2½l) to Documenting (9-8) (Doncaster 7f hcap (5) £4,397 good to firm).
HAVANA TOUCH (9-1) 11-4f prominent, led 1f out, soon clear, ridden out, bt Billy Mill (9-4) 1¼l (11 ran) (Kempton 1m hcap (5) £4,187 AW).
RENESMEE (9-9) 20-1 prominent, led after 2f, shaken up and headed 1f out, soon weakened, last of 5 (5¾l) to Lightning Glory (9-9) (Newmarket 1m hcap (5) £5,154 good to firm).
NEZEEH (8-1) 150-1 towards rear, 10th of 11 (btn 12l) to Percy's Lad (9-10) (Kempton 7f hcap (4) £6,281 AW).
ERNIE'S VALENTINE (8-3) 16-1 held up, dropped to last 3f out, effort 2f out, edged left 1f out, plugged on without threatening, 7th of 12 (btn 3¾l) to Al Durry (9-9) (Wolverhampton 1m 1f hcap (4) £4,972 AW).
MAJESTIC WAVE (8-11) 14-1 tracked leaders, lost place 1f out, weakened, 8th of 11 (4½l) to Mister Mojito (9-11) (Lingfield 7f app hcap (5) £3,978 AW).

3.00 ADVICE YOU CAN TRUST AT GAMBLING.COM FILLIES' NOVICE STAKES (4); 2-y-o; £5,400; 6f. (7 runners)

1 (6) 6 **AMBIENCE 101** K De Foy 9-2 ..... **David Egan 92**
2 (2) **COTAI JAUNT** O Sangster 9-2 ..... **Sean D Bowen —**
3 (4) **CUBAN PROMISE** T Clover 9-2 ..... **Cieren Fallon —**
4 (7) 95 **DARK REIGN 33** R Hannon 9-2 ..... **Sean Levey ●90**
5 (1) **LADY OF LUCCA** M Dunne 9-2 ..... **George Wood —**
6 (3) 27 **LAZURITE 95 (BF)** R Hughes 9-2 ..... **Finley Marsh ●99**
7 (5) **THAI BAHT** O Burrows 9-2 ..... **Callum Rodriguez —**
BETTING: 8-11 Lazurite, 5 Ambience, 7 Thai Baht, 10 Cuban Promise, 12 Cotai Jaunt, 16 Dark Reign, 20 Lady Of Lucca

3.30 SKY SPORTS RACING SKY 415 CLASSIFIED STAKES (6); value to the winner £3,245; 5f. (10 runners)

1 (5) 8708341 **LET'S GO HUGO 8 (D)** O Pears 6-10-0 ..... **Tom Kiely-Marshall (5) ●99**
2 (8) 7-98465 **APPLE'S ANGEL 19 (CD)** J Boyle 4-9-9 ..... **Donagh Murphy (7) 84**
3 (7) 0420-24 **BANANA 20 (BF,D)** S Dixon 7-9-9 ..... **Kieran O'Neill 97**
4 (9) 4057754 **BATTLE POINT 8 (CD)** M Attwater 7-9-9 ..... **Gina Mangan 93**
5 (2) 84790-9 **BLUESY MOON 117** M Attwater 4-9-9 ..... **Kieren Fox 79**
6 (10) 006-035 **BUST A MOON 17 (H;D)** D Shaw 4-9-9 ..... **Darragh Keenan 92**
7 (1) **2597-72 JUNGLE DANCE 8 (CD)** J Jenkins 5-9-9 ..... **Marco Ghiani 98**
8 (4) 9/0684- **LOCHABER 445 (B;D)** S Dixon 5-9-9 ..... **Christian Howarth (3) 91**
9 (3) 8747600 **RAINBOW SORBET 8** J & S Best 4-9-9 ..... **Finley Marsh 87**
10 (6) 57-08 **VIENNETTA 26 (H)** M Blake 3-9-7 ..... **William Carson 81**
BETTING: 13-8 Let's Go Hugo, 3 Jungle Dance, 7-2 Banana, 10 Rainbow Sorbet, 12 Battle Point, 14 Bust A Moon, 20 Lochaber, Apple's Angel

4.00 FOLLOW ATTHERACES ON X HANDICAP (6) 3-Y-O; winner £3,245; 7f (10 runners)

1 4-0266 **STRONG VOICE 6**
(5) J Horton 9-9 ..... **Jack Mitchell 92**
Runs: 6 Places: 2 £3,226
Needs to find improvement judged on recent Kempton sixth, bit to find

2 1-8536 **BIRD OF WAR 21**
(2) C Hills 9-9 ..... **Rob Hornby 97**
Runs: 10 Wins: 1 (A) Places: 1 £5,349
Newcastle third offers hope, but latest Ffos Las effort was disappointing

3 219746 **QUICK QUASAR 12 (B;D)**
(1) A Watson 9-7 ..... **Pierre Jamin 88**
Runs: 9 Wins: 1 (A) Places: 1 £5,081
Previous Kempton winner, but recent efforts leave him needing a revival

4 -78842 **CHAPMAN'S PEAK 10 (D)**
(10) E Dunlop 9-7 ..... **non-runner 97**
Runs: 10 Wins: 2 (2A) Places: 1 £11,198
Improved course runner-up, solid claims despite drop in trip, ruled out

5 0-540 **COXY'S STAR 15**
(6) W Muir & C Grassick 9-7 **Lewis Edmunds 91**
Runs: 4 £553
Lightly-raced filly, must improve considerably on hcap debut, check betting

6 307031 **VIKING GLORY 20 (D)**
(3) J Owen 9-7 ..... **Cieren Fallon ●99**
Runs: 9 Wins: 1 (F) Places: 1 £9,446
Brighton winner who commands respect despite a 5lb rise, dangerous

7 4-4748 **TIE FIGHTER 50**
(8) S Dow 9-7 ..... **Paddy Bradley 90**
Runs: 10 Places: 1 £3,379
Falling in the weights, but recent form remains difficult to support, ignore

8 202211 **MUSICAL SOLDIER 24 (D)**
(9) O Sangster 9-5 ..... **Billy Loughnane 98**
Runs: 14 Wins: 3 (F,2A) Places: 3 £17,042
Progressive, won last two starts, strong claims despite a 6lb higher mark

9 654-78 **ATHENA'S WAR 15**
(7) S Hodgson 9-4 .. **Isobelle Chalmers (7) 83**
Runs: 5 £604
Well held on both starts this season and needs significant improvement

10 00090 **RAGAIRE 12**
(4) O Sangster 8-4 ..... **Sean D Bowen 72**
Runs: 5 £0
Poor form across five starts makes him extremely difficult to recommend

BETTING: 9-4 Viking Glory, 3 Musical Soldier, 13-2 Bird Of War, 8 Strong Voice, 10 Quick Quasar, 14 Tie Fighter

Sunracing FORM

STRONG VOICE (9-4) 9-1 towards rear, modest headway final 110yds, kept on, 6th of 10 (btn 3½l) to Piazza (9-4) (Kempton 7f hcap (5) £4,187 AW).
BIRD OF WAR (9-5) 10-3 in rear, pushed along 3f out, no progress, 6th of 9 (btn 7½l) to Lerwick (10-1) (Ffos Las 7f hcap (6) £3,454 good).
QUICK QUASAR (9-10) 25-1 prominent, led 2f out, headed 1f out, weakened, 6th of 12 (6½l) to Split Elevens (9-12) (Lingfield 7f hcap (6) £3,664 AW).
CHAPMAN'S PEAK (9-7) 16-1 led, faced challenge 2f out, ridden when headed 1f out, outpaced by winner towards finish, just did enough to hold on for 2nd, btn 3½l to Fallacious Promise (9-12) (6 ran) (Lingfield 1m hcap (6) £3,768 AW).
ATHENA'S WAR (8-8) 150-1 held up in behind leaders, ridden 2f out, faded 1f out, 8th of 14 (btn 13l) to Fallacious Promise (9-2) **COXY'S STAR** (9-4) 22-1 took keen hold, prominent, shaken up 2f out, ridden along and weakened 1f out, 11th (btn 14l) (14 ran) (Kempton 1m hcap (5) £4,187 AW).
VIKING GLORY (9-5) 5-1 held up, rapid headway 1f out, led final furlong, asserted near finish, bt Redredrobin (9-12) 2½l (9 ran) (Brighton 7f hcap (6) £4,187 good to firm).
TIE FIGHTER (9-9) 11-1 led, headed halfway, outpaced 1f out, 8th of 9 (btn 14l) to Lamlash Bay (8-13) (Ripon 6f hcap (6) £3,664 good to firm).
MUSICAL SOLDIER (9-9) 3-1 tracked leader, led 2f out, soon ridden, headed well inside final furlong, kept on to lead again post, bt Creciente (9-4) ns (7 ran) (Lingfield 7f hcap (6) £3,768 good to firm).
RAGAIRE (7-13) 50-1 always towards rear, lost touch over 1f out, last of 11 (btn 19l) to Methgal (9-9) (Windsor 6f hcap (6) £3,768 good to firm).

4.30 CELEBRATE NATIONAL RACEHORSE WEEK RESTRICTED NOVICE STAKES (4); £5,400; 1m 2f. (8 runners)

1 (8) 532- **DEVIL'S BRIGADE 292** E Dunlop 3-9-7 ..... **Billy Loughnane ●99**
2 (7) 22 **DIALSTONE 20 (BF)** R Beckett 3-9-7 ..... **Rossa Ryan 98**
3 (5) 45 **STATE EXPRESS 7** S Woods 3-9-7 ..... **Kieran O'Neill 90**
4 (1) 8- **GOING TO GRACELAND 251** C Johnston 3-9-5 ..... **Callum Shepherd 73**
5 (2) 00- **ECHO THAT 265 (P★)** P Owens 3-9-2 ..... **Benoit Sayette 70**
6 (4) 55 **FLOATING MARKET 157** A Balding 3-9-2 ..... **Isobelle Chalmers (7) 88**
7 (6) 54 **SAX AVOIDANCE 12** C Pike 3-9-2 ..... **Thomas Greatrex 82**
8 (3) 6 **ANNCANYA 39** P Chapple-Hyam 3-9-0 ..... **Marco Ghiani 87**
BETTING: 11-10 Dialstone, 11-8 Devil's Brigade, 10 Floating Market, 14 Anncanya, 20 Going To Graceland, 33 Sax Avoidance, 50 State Express, 100 Echo That

5.02 FREE TIPS ATTHERACES.COM HANDICAP (6) winner £3,245; 1m 2f (8 runners)

1 5-2527 **JIMMY MARK 21 (T★;D)**
(6) Z Hawkins 6-9-12 ..... **Kieran O'Neill 90**
Runs: 34 Wins: 5 (2F,GS,2G) Places: 8 £31,805
Usually consistent, but latest effort means tongue-tie must inspire revival

2 235-88 **BACKER BILK 13 (H;CD)**
(3) L Dace 4-9-11 ..... **George Wood 82**
Runs: 12 Wins: 1 (A) Places: 4 £10,156
Previous course-and-distance winner, two poor Flat efforts leave questions

3 -21531 **HOVE RANGER 8 (CD)**
(8) G & J Moore 3-9-10(6ex) .. **Toby Moore (7) ●99**
Runs: 8 Wins: 2 (2A) Places: 1 £9,056
Recent course-and-distance winner respected despite a 6lb penalty

4 -25546 **HAVANA TOBOUGGALOO 22**
(2) Z Hawkins 4-9-9 ..... **David Egan 94**
Runs: 12 Places: 3 £7,349
Falling in the weights, but recent efforts leave her needing improvement

5 8967 **MINERALITY 47 (P★)**
(5) R Newland 3-9-9 ..... **Jack Doughty 88**
Runs: 4
First-time cheekpieces must transform him after a disappointing hcap debut

6 645 **THUNDER GODDESS 15**
(4) A Balding 3-9-9 ..... **William Carver 96**
Runs: 3 £634
Hcap debutante who could improve significantly over this longer trip

7 915323 **TIME TO SPARKLE 29 (BF)**
(1) J Keane 3-9-7 ..... **Harry Vigors (5) 97**
Runs: 10 Wins: 1 (A) Places: 1 £7,117
Consistent over this trip and holds strong claims under a useful apprentice

8 330685 **SOVEREIGN BRIGHT 38 (H)**
(7) C Johnston 3-9-3 .... **Callum Shepherd 85**
Runs: 12 Places: 4 £14,362
Falling in the weights, but recent performances remain difficult to support

BETTING: 2 Hove Ranger, 11-4 Time To Sparkle, 4 Thunder Goddess, 8 Havana Tobouggaloo, 10 Jimmy Mark, Sovereign Bright

EACH-WAY THIEF

AMUSED (2.30 Lingfield) has run two excellent races in second at Sandown and his rider takes off a handy 5lb today. Have an each-way double with JIMMY MARK (5.02 Lingfield) who is down the weights over an ideal distance.

STRATFORD

TEMPLEGATE	TOM PEPPER
5.10 ..... Guts And Glory	5.10 .... Letmeseethecolts
5.40 ..... Bells Of Ufford	5.40 ..... French Diablo
6.15 ..... Duke Of Luckley	6.15 ..... Beorma
6.45 ..... Juggernaut	6.45 ..... Mi Sueno
7.15 ..... Youdecide	7.15 ..... Youdecide (nb)
7.45 ..... Roccana Rose	7.45 ..... Roccana Rose

■TIC-TAC: Left-handed triangular shaped track of 1m 2f, with eight fences per circuit and a run-in of 200 yards. ■LEADING TRAINERS WITH RUNNERS (2021-2026): D Skelton 33-139, F O'Brien 18-94, N & W Twiston-Davies 16-80, B Pauling 14-56. THIS SEASON: D Skelton 8, J Candlish 5, A Honeyball 2. ■TOP JOCKEYS WITH RIDES (2021-2026): H Skelton 27-90, S Twiston-Davies 19-100, B R Jones 11-43, H Reed 7-49. THIS SEASON: H Skelton 7, S Twiston-Davies 3, L Scott 2. ■LONGEST TRAVELLER: Roccana Rose (7.45) trip of 386 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

GOING: GOOD TO FIRM

5.10 CELEBRATE NATIONAL RACEHORSE WEEK 2026 MARES' MAIDEN HURDLE (Cl 4); £5,446; 2m 3f. (8 runners)

1 5-32 **DIAMOND GRACE 41** J & A O'Neill 5-11-4 ..... **Jonjo O'Neill Jr 97**
2 7-46 **DREAMING OF THE DR 32 (H)** R Newland 5-11-4 ..... **Luke Scott (3) 88**
3 5- **LA BAMBA CHICA 130** J & S Best 6-11-4 ..... **Richie McLernon 85**
4 23 **LETMESEETHECOLTS 32** B Ellison 5-11-4 ..... **Nathan Moscrop ●99**
5 0PF5-PP **PRETTY SPONTANEOUS 100 (T★)** A Honeyball 6-11-4 **Chad Bament (5) 70**
6 F225- **GUTS AND GLORY 136 (T★)** C Boultbee-Brooks 4-11-0 **Stan Sheppard 98**
7 353-U66 **PRINCESS OF BALLEA 53 (H)** D Hitchins 4-11-0 ..... **Harry Reed 82**
8 2573-955 **STEAL A GLANCE 37** A Honeyball 4-11-0 ..... **Sam Twiston-Davies 91**
BETTING: 2 Guts And Glory, 5-2 Letmeseethecolts, Diamond Grace, 8 Steal A Glance
WHERE FAVOURITES FINISHED and 2025: No corresponding meeting.

5.40 STRATFORD NOVICES' LIMITED HANDICAP HURDLE (5); value to the winner £2,640; 2m 6f. (8 runners)

1 4P54-25 **BELLS OF UFFORD 46 (V★)** T Vaughan 6-11-12 ..... **David Noonan 95**
2 048-114 **BRIONYWELLS 74** D Killahena & G McPherson 6-11-12 **Nick Slatter (3) 93**
3 348P-78 **CAPTAIN CONNOR 32** C Ellam 4-11-1 ..... **Brendan Powell 86**
4 68-P31 **FRENCH DIABLO 44 (CD)** M Comley 4-11-0 ..... **David Bass ●99**
5 5-775 **DELGANY SECOND NOW 34** D Skelton 4-10-13 ..... **Harry Skelton 97**
6 47P5-53 **KOTGAR 37** C Williams 5-10-9 ..... **Conor Ring 93**
7 5-8964P **MC'FLO 30** A Carson 5-10-7 ..... **Jack Quinlan 85**
8 P0-P84 **PINK WALLS 44** M Mullineaux 6-10-5 ..... **Kevin Brogan 81**
BETTING: 10-11 French Diablo, 5-2 Delgany Second Now, 7 Bells Of Ufford, 8 Kotgar

6.15 GEORGE & DRAGON HANDICAP CHASE (4) winner £3,855; 2m 1f (4 runners)

1 PP-13V **DUKE OF LUCKLEY 32 (B★)**
M Keighley 9-12-0 ..... **Freddie Keighley (5) 96**
Runs: 30 Wins: 7 (GS,6G) Places: 4 £46,115
Useful at this level, first-time blinkers may bring out more, danger to fav

2 2-135V **SEEYOUINMYDREAMS 32**
T Ellis 8-11-11 ..... **Jack Andrews 92**
Runs: 18 Wins: 7 (GS,6G) Places: 2 £42,041
Fair hurdler, but two chase defeats leave her needing improvement

3 111111 **BEORMA 67 (D)**
D Skelton 7-11-6 ..... **Harry Skelton ●99**
Runs: 15 Wins: 7 (7G) £28,852
Super six-timer this summer, 9lb higher than last chase win, hard to beat

4 4P5-5F **IN THIS WORLD 87 (D)**
B Summers 8-11-2 ..... **James Best 97**
Runs: 18 Wins: 2 (2G) Places: 4 £28,271
Staying on when falling at the last here last time, risky despite his falling mark

BETTING: 8-15 Beorma, 4 In This World, 15-2 Seeyouinmydreams

6.45 ALLSOPPS LOVE STRATFORD HANDICAP HURDLE (5) £3,248; 2m 3f (8 runners)

1 9/31-6 **T OR COFFEY 34 (C)**
J Candlish 5-12-0 ..... **Lewis Stones (3) 94**
Runs: 8 Wins: 1 (F) Places: 2 £6,737
Course winner who must rebound from a disappointing Worcester return

2 3BP19- **BORNA GEM 128**
N & W T-Davies 7-11-11 **Miss Amber Jackson-Fennell (7) 95**
Runs: 10 Wins: 2 (S,G) Places: 1 £7,413
Won maiden at Ludlow, back from break but makes hcap debut off fair mark

3 552-2F **ZUCAYAN F33**
F O'Brien 9-11-11 ..... **Nick Slatter (3) 97**
Runs: 26 Wins: 3 (3G) Places: 11 £32,363
Heavy fall at Uttoxeter in June, has had a spin on the Flat, best watched

4 3-1431 **GETMYFRIEND 37**
D Skelton 5-11-10 ..... **Harry Skelton ●99**
Runs: 5 Wins: 2 (F,G) Places: 1 £9,888
Progressive, won maiden at Newton Abbot, more to come on hcap debut

5 322-34 **JUGGERNAUT 37 (BF,CD)**
A Honeyball 7-11-7 ..... **James Robottom (10) 92**
Runs: 19 Wins: 2 (GS,G) Places: 5 £30,533
Dropping in the weights, but not much promise last time, hard to fancy

6 39-384 **DREAM JET 38 (CD)**
B Ellison 8-11-6 ..... **Nathan Moscrop 95**
Runs: 30 Wins: 4 (4G) Places: 5 £46,926
Course-and-distance winner reverting to hurdles from a competitive mark

7 -P4512 **MI SUENO 3 (BF,D)**
N Scholfield 7-10-2 ..... **Harry Reed 98**
Runs: 31 Wins: 3 (2S,F) Places: 4 £21,938
Recent winner and runner-up at Newton Abbot, commands respect

8 RP8-6P **MISS FEDORA 44 (H★;D)**
N Scholfield 7-10-2 ..... **Benjamin Macey (5) 84**
Runs: 40 Wins: 4 (3S,G) Places: 3 £28,204
First-time hood must inspire improvement after pulling up here recently

BETTING: 6-4 Getmyfriend, 11-4 Mi Sueno, 6 Zucayan, 15-2 Juggernaut, 10 Dream Jet, 14 Borna Gem, 20 Miss Fedora

7.15 THANK YOU TO OUR HARDWORKING GROUNDSTAFF HANDICAP CHASE (5); £4,700; 2m 5f. (8 runners)

1 622-329 **BOBBARELLI 75 (H)** N & W T-Davies 9-12-0 **Miss Amber Jackson-Fennell (7) 97**
2 /F444P- **YOUDECIDE 151 (BF)** B Pauling 6-11-9 ..... **Ben Jones 93**
3 5311-21 **JACK DOYEN 98 (B;D)** B Case 10-11-5 ..... **Jack Quinlan ●99**
4 15535-3 **PESCATORIUS 83 (D)** B Summers 7-11-3 ..... **James Best 94**
5 63-5244 **CRACKERJACK QUEEN 34 (B★)** T Ellis 6-10-9 ..... **Jack Andrews 92**
6 P706-53 **KINGS ORDER 57** C Williams 5-10-5 ..... **Conor Ring 89**
7 373-703 **WATCHOUTITSCOOKIE 37** N Hawke 8-10-2 ..... **David Noonan 96**
8 PP-P576 **FOX WALLACE 38 (C)** E Pickard 8-10-2 ..... **Ben Godfrey 84**
BETTING: 11-10 Jack Doyen, 9-2 Bobbarelli, 6 Watchoutitscookie, 15-2 Youdecide

7.45 HOLLOW BOTTOM NH FLAT RACE (CONDS/AMATEURS) (5); value to the winner £2,451; 2m. (9 runners)

1 5 **COMPANY CHARGE 43 (V★)** N & W T-Davies 5-11-2 **Miss Amber Jackson-Fennell (7) 96**
2 **GOLIATH POWER** F O'Brien 5-11-2 ..... **Fern O'Brien (5) —**
3 **BOMBUS PASCUORUM** D McCain 4-10-13 ..... **Mr Harry Brown (10) —**
4 9 **ON THE FLY 41** J & S Best 4-10-13 ..... **Rian Corcoran (5) 71**
5 8 **STAND PROUD 41** D Cantillon 4-10-13 ..... **Benjamin Macey (5) 73**
6 5 **TALLADALE 41** T Lacey 4-10-13 ..... **Cameron Iles (5) 97**
7 68 **GUERDALE 51** M Comley 5-10-9 ..... **Miss Aimee Jones (7) 78**
8 90 **PEARL COVE 41** S Lycett 4-10-6 ..... **Freddie Keighley (5) 71**
9 4 **ROCCANA ROSE 83 (H)** M Bowen 4-10-6 ..... **Mr James Murray (7) ●99**
BETTING: 7-4 Roccana Rose, 4 Company Charge, 5 Talladale, 11-2 Goliath Power

MUSSE

2.15 EBF RESTRICTED MAIDEN ST… value to the winner £5,940;

1 (6) 69 **DIPLOMACY 13** M & D Easterby 9-7 ....
2 (8) 9 **THREEOCLOCKFLYER 50** M & D Eas…
3 (1) **VEGASMILE** K R Burke 9-7 ....
4 (4) 46 **COUL BLUE 17** M Dods 9-4 ....
5 (2) 5369 **INNS AND OUT 32** T Easterby 9-4 ....
6 (10) **PIGEON PETE** O Greenall & J Guerrier ....
7 (7) 025 **SWEET IRIS 14** R & P Fahey 9-2 ....
8 (5) 0 **BASMAAH 18** B Haslam 8-13 ....
9 (9) **GORDONS GIRL** D O'Meara 8-13 ....
10 (3) 47 **WILD ORCHID 21** C Johnston 8-13 ....
BETTING: 5-4 Vegasmile, 3 Sweet Iris, 6 Gordons G…
WHERE FAVOURITES FINISHED: 1 8 2 2 4
2025: Born A Star 9-7 Connor Beasley 8-1 (C Jot…

2.45 NATIONAL RACEHORSE WEEK… value to the winner £3,664;

1 (6) 045 **NEEDIN' U 13 (H)** M & D Easterby 9-9 ....
2 (2) 2563 **SPECTACULAR DIVER 13** T Easterby ....
3 (3) 32173 **LAURALYNN 14 (D)** D Carroll 9-9 ....
4 (5) 804 **AODHAN 56** R Menzies 9-8 ....
5 (1) 6743308 **MARDY BUM 12 (H)** D O'Meara 9-1 ....
6 (8) 9690 **BEA KINDLY 32 (P★)** T Waggott 8-7 ....
7 (7) 6367 **STAY ON TAB 87 (B★)** I Jardine 8-5 ....
8 (4) 675 **SAVOY BLUE 39** J Goldie 8-4 ....
BETTING: 2 Spectacular Diver, 3 Needin' U, 4 Laur…
WHERE FAVOURITES FINISHED: 2 8 3 2
2025: Davorge Nation 9-3 Zak Wheatley 10-3 (D

3.15 THOMSON BETHUNE H… winner £3,664; 1m 1f

1 **-46211 AMBER HAMU**
(2) E Bethell 9-9 ....
Runs: 8 Wins: 2 (2G)
Improving, won last two starts in fine sty…

2 324695 **VITALITY 14 (**
(7) C Johnston 9-8 ….
Runs: 6
Sliding down the weights, but recent effo…

3 115563 **ONLY DREAM**
(1) T Easterby 9-6 ....
Runs: 13 Wins: 2 (2G)
Course winner who returned to form at …

4 **46606U HORWICH 10**
(6) R Carr 9-2 ....
Runs: 13 Wins: 2 (2A)
Unseated last time and previous efforts …

5 658042 **BALMORAL B**
(3) N Tinkler 9-2 ....
Runs: 7
Improved second latest who should rema…

6 695368 **POSITIVE THO**
(5) J & S Quinn 9-1 ....
Runs: 9
Weighted to reverse Hamilton form with …

7 **-42464 DALAMARA 1**
(4) B Haslam 8-12 ....
Runs: 9 Wins: 1 (A)
First-time cheekpieces and longer trip c…

8 365314 **TRUCIAL PEA**
(8) M & D Easterby 8-7
Runs: 13 Wins: 1 (G)
Ripon winner who remains competitively …

BETTING: 2 Amber Hamur, 7-2 Trucial Pe…
WHERE FAVOURITES FINISHED: 0 1-
2025: Amidst The Chaos 9-9, R Scott 11-4

3.45 PORTOBELLO CUP HAN… the winner £10,468; 2

1 **624321 INAPPROPRIA**
(4) E Whillans 5-9-9 ....
Runs: 19 Wins: 3 (3G)
Progressive course winner tackling this …

2 **284022 FAST FRED 18**
(9) P Makin 6-9-8 ....
Runs: 30 Wins: 5 (2S,2A,G)
In decent nick, stamina remains unprov…

3 816307 **TROJAN SUN**
(1) J Goldie 6-9-6 ....
Runs: 36 Wins: 6 (S,5G)
Course-and-distance winner who must …

4 333611 **VAGUELY RO**
(3) I Williams 6-9-6 ....
Runs: 28 Wins: 5 (2F,2A,G)
Progressive, won last twice and seeking …

5 535 **FLORIDA DRE**
(2) A Thomson 8-9-3 ..
Runs: 3
Unexposed, hurdling form suggests this …

6 00/541 **NEWPORT 17**
(10) I Jardine 6-8-13 ....
Runs: 10 Wins: 1 (F)
In strong form, won well at Redcar, long …

7 213153 **GALLUS NOR**
(8) J Goldie 7-8-13 ....
Runs: 9 Wins: 2 (S,G)
Course winner with useful staying form, …

8 **-62351 NED BROY 25**
(5) I Jardine 5-8-11 ....
Runs: 8 Wins: 1 (A)
Newcastle winner who remains compet…

9 097523 **FURHAAN 32**
(6) J Goldie 4-8-10 ....
Runs: 11 Wins: 1 (S)
Improving stayer with consecutive York …

10 213433 **CASCADE HA**
(11) J Goldie 7-8-10 ....
Runs: 25 Wins: 2 (F,G)
Consistent course winner who should a…

11 114221 **IS SHE NOW 1**
(7) D Bourke 8-8-9 ....
Runs: 18 Wins: 3 (S,F,G)
Progressive, well on top at Doncaster lates…

BETTING: 7-2 Vaguely Royal, 5 Inapprop…
WHERE FAVOURITES FINISHED: 1 1
2025: Paper Doll 5-9-6, R Scott 4-1 (T D

S, FORM AND TIPS SEVEN DAYS A WEEK!

LBURGH — GOOD TO SOFT

TEMPLEGATE

2.15 ..... Sweet Iris
2.45 ..... Aodhan
3.15 ..... Trucial Pearl
3.45 ..... Inappropriate
4.15 ..... Coconut Bay
4.45 .... South Parade (nb)

TOM PEPPER

2.15 ..... Sweet Iris
2.45 .... Spectacular Diver
3.15 ..... Trucial Pearl
3.45 VAGUELY ROYAL (nap)
4.15 ..... Luminous Warrior
4.45 ..... Zuffolo

TEMPLEGATE'S TRIO: Viking Glory (Lingfield) and South Parade (double, Musselburgh) with Dialstone (Lingfield).
TOM PEPPER'S DOUBLE: Vaguely Royal (Musselburgh) and Youdecide (Stratford).
SUNRATINGS' NAP: INAPPROPRIATE (3.45 Musselburgh).
THE JUDGE: HOVE RANGER (5.02 Lingfield).

■TIC-TAC: Right-handed oval track of 1m 2f, which joins the straight 5f course half a mile from home. The turns are very sharp. ■DRAW: In races up to a mile low numbers are usually at an advantage. ■LEADING TRAINERS WITH RUNNERS (2021-2026): J Goldie 60-451, I Jardine 32-299, K R Burke 30-104, T Easterby 26-199. THIS SEASON: J Goldie 12, T Easterby 5, I Jardine 4. ■TOP JOCKEYS WITH RIDES (2021-2026): P Mulrennan 55-312, A Mullen 30-276, S James 30-139, J Hart 24-147. THIS SEASON: P Mulrennan 6, D Tudhope 5, Lauren Young 5. ■LONGEST TRAVELLER: Vaguely Royal (3.45) trained at Alvechurch. Round trip of 594 miles. ■TRAINERFAX: J Goldie won the 3.45 in 2023 & 2024. C Johnston won the 2.15 in 2023 & 2025. ■JACKPOT: 1-6. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

4.15 AAB GROUP & BIBBY FINANCIAL SERVICES HANDICAP (6) £3,664; 7f (11 runners)

1 530203 **VINCE LE PRINCE 8 (D)**
(11) T Easterby 6-9-9 ..... **Duran Fentiman 91**
Runs: 47 Wins: 5 (2S,2F,G) Places: 13 £50,218
Third at Catterick last time and remains competitive despite wide draw

2 /4040- **EVANGELIC J52 (P★,T★)**
(4) R Watson (Ire) 4-9-7 ..... **Rhys Elliott (5) 90**
Runs: 7 Places: 1 £6,267
Tongue-tie and cheekpieces must transform him after poor jumping efforts

3 080747 **GRESSINGTON 34 (V;D)**
(9) K Scott 5-9-7 ..... **Sam James 92**
Runs: 33 Wins: 4 (2F,2A) Places: 4 £35,747
Falling in the weights, but recent performances remain difficult to support

4 786211 **LUMINOUS WARRIOR 20**
(2) C Kellett 4-9-6 ..... **Connor Beasley ●99**
Runs: 18 Wins: 3 (2F,A) Places: 2 £14,142
Progressive, on for the hat-trick but dropping back to 7f probably not ideal

5 523442 **NOVAK 15 (D)**
(1) I Jardine 7-9-6 ..... **Andrew Mullen 97**
Runs: 91 Wins: 10 (2F,6A,2G) Places: 23 £103,680
Consistent performer with strong claims after an encouraging Ayr second

6 -70823 **KEEP ME STABLE 15 (CD)**
(10) L Perratt 6-9-2 ..... **Paul Mulrennan 95**
Runs: 46 Wins: 7 (3A,4G) Places: 10 £42,725
Course-and-distance winner who has returned to form recently, player

7 007533 **EDMOND HALLEY 8 (BF)**
(3) E Bethell 4-9-1 ..... **Oisin Orr 93**
Runs: 10 Places: 2 £2,352
Consecutive sprint thirds offer encouragement, stamina doubts over 7f

8 082931 **SIR DAVID 13 (D)**
(6) N Tinkler 4-9-1 ..... **Alex Jary (3) 97**
Runs: 20 Wins: 2 (F,G) Places: 3 £13,645
Tough win at Beverley last time, 3lb rise demands more but capable of better

9 324611 **MONHAMMER 18 (CD)**
(8) L Perratt 8-8-13 ..... **Mark Winn 98**
Runs: 53 Wins: 6 (F,GS,4G) Places: 17 £48,935
Progressive course-and-distance winner seeking a hat-trick from 3lb higher

10 307432 **COCONUT BAY 40 (D)**
(5) T Davidson 7-8-11 ..... **Jason Hart 96**
Runs: 77 Wins: 7 (2F,3A,2G) Places: 18 £59,532
Consistent over 7f and holds realistic each-way claims from this mark

11 8-0909 **JOSHUAS DREAM 1**
(7) J Goldie 4-8-6 ..... **Lauren Young (5) 81**
Runs: 10 Places: 1 £3,385
Poor recent form makes him difficult to recommend despite falling mark

BETTING: 9-2 Luminous Warrior, 5 Monhammer, 6 Sir David, Edmond Halley, Novak, 7 Keep Me Stable, 15-2 Coconut Bay
WHERE FAVOURITES FINISHED: 7 8 1
2025: Highland Olly 4-9-9, H Shaw 3-1 Fav (G Tuer), drw 10, 9 ran.

4.45 MEDITERRANEAN SHIPPING COMPANY HANDICAP (6) £3,664; 5f (6 runners)

1 749631 **SOUTH PARADE 17 (CD)**
(3) R & P Fahey 5-9-9 .... **Ethan Tindall (5) ●99**
Runs: 33 Wins: 4 (2F,GS,G) Places: 7 £42,140
Track-and-trip winner arriving after a convincing Ayr success, go well

2 176182 **BEERWAH 25 (B;D)**
(6) J & S Quinn 4-9-8 ..... **Jason Hart 97**
Runs: 23 Wins: 3 (S,2F) Places: 4 £18,919
Dual winner this season who holds strong claims after his second at Bath

3 228640 **JOJO RABBIT 12 (D)**
(4) R Carr 8-9-7 ..... **James Sullivan 90**
Runs: 66 Wins: 9 (S,2F,4A,GS,G) Places: 8 £97,294
Well treated on earlier form, but latest Beverley effort was disappointing

4 3758-6 **POUTING 75 (H)**
(5) D Bourke 4-9-7 ..... **Shane Gray 83**
Runs: 12 Places: 3 £8,083
Exposed maiden, returning to 5f after a heavy defeat last time, ignore

5 237265 **ALBEGONE 32 (CD)**
(2) T Easterby 8-9-1 ..... **Jake Dickson (5) 91**
Runs: 80 Wins: 9 (3S,4GS,2G) Places: 21 £96,680
Course-and-distance winner but not in the best of form recently, bit to find

6 820831 **ZUFFOLO 29 (B;D)**
(1) M Dods 6-9-1 ..... **Rhys Elliott (5) 98**
Runs: 45 Wins: 7 (3F,2A,2G) Places: 8 £41,818
Ripon winner who remains competitive despite a 2lb rise, strong fancy

BETTING: 2 South Parade, 9-4 Zuffolo, 3 Beerwah, 8 Albegone, 12 Jojo Rabbit, 20 Pouting
WHERE FAVOURITES FINISHED: 1 7
2025: Royal Duke 4-8-10, R Elliott 11-2 (R M Smith), drw 9, 9 ran.

LONG SHOT **FURHAAN (3.45 Musselburgh) has been knocking at the door and followed a York second with a good third on the Knavesmire last time out.**

BRANCHING OUT

From Page One

out there, and now is probably the time to do it.

"I have no real plan at the minute, I'm helping mum out with her social media and trying to get her out there a bit more.

"I've applied for a few different things and just try to meet and speak to new people and get out there a bit."

Nicholls rode 25 winners under rules as an amateur jockey, the majority for her dad, with the highlight coming at Kempton last Christmas when she won on Viroflay in a three-mile handicap chase.

It has been a difficult few months for Paul, whose long-time supporter Johnny de la Hey removed his horses at the end of the 2025-26 season.

But he remains positive ahead of the start of the jumps season proper, having invested in new facilities at the yard and with last year's Grade 1 Mildmay Novices' Chase winner Caldwell Potter returning from injury.

George Edgedale, who had been joint-assistant trainer with Olive, will continue in his role at Ditcheat.

But there will also be changes in the riding arrangements, with Sam Twiston-Davies set to ride the bulk of the Nicholls horses this winter.

He replaces Harry Cobden, who left his role as Nicholls No1 to become JP McManus's retained rider.

RACING RESULTS

BRIGHTON

2.30: 1 EM FOUR S Osborne (4-1); **2 South Shore** (2-1 fav); **3 Kento** (12-1). 6 ran. 3/4l; shd. J Osborne. T: £5; £2.40, £1.70. Ex: £14.20. Trifecta: £60.80. CF: £12.19.

3.00: 1 ROGUE IMPERIAL H Davies (15-8); **2 Roll Up Raymond** (13-8 fav); **3 I Am Royal** (6-1). 5 ran. 1l; shd. A Watson. T: £2.88; £1.30, £1.40. Ex: £5.90. Trifecta: £17.90. CF: £5.38. NR: From Me To You.

3.30: 1 DARK SUN Laura Coughlan (5-1); **2 Be An Angel** (4-1); **3 Blue Anthem** (5-6 fav). 5 ran. 1 1/4l; nk. J Bennett. T: £6; £1.90, £1.90. Ex: £25.70. Trifecta: £41.90. CF: £24.40. NR: Rye, Unico, Von Krolock.

4.00: 1 LIBERATE G Wood (7-2); **1 CRIMSON ROAD** W Carson (4-1); **3 Bohemian Breeze** (6-1). 7 ran (It's Life 3-1 fav). dht, 2l. J & S Best, J & R Flint. T: Liberate £2.70, Crimson Road £2.50; Liberate £2.40, Crimson Road £2.10. Ex: Liberate, Crimson Road £11.30, Crimson Road, Liberate £11.10. Tricast: Liberate, Crimson Road, Bohemian Breeze £40.47, Crimson Road, Liberate, Bohemian Breeze £41.43. Trifecta: Liberate, Crimson Road, Bohemian Breeze £53.20, Crimson Road, Liberate, Bohemian Breeze £61.20. CF: Liberate, Crimson Road £9.20, Crimson Road, Liberate £9.46. NR: Twilight Guest.

4.30: 1 DALMALLY T Greatrex (9-2); **2 King David** (16-1); **3 Chloe's Courage** (5-1). 9 ran (River Wharfe 2-1 fav). 1l; 1l. M Pattinson. T: £5.50; £1.50, £2.40, £2.60. Ex: £56.40. Tricast: £379.72. Trifecta: £782.60. CF: £74.71.

5.00: 1 BERNING HOT W Carson (22-1); **2 Superstorm** (4-1); **3 Kondratiev Wave** (3-1 fav). 9 ran. nk; 3/4l. M Attwater. T: £23; £3.70, £1.70, £1.60. Ex: £148.70. Tricast: £352.57. Trifecta: £503.50. CF: £110.31.
PLACEPOT: £136.80. **QUADPOT:** £35.70

MUSSELBURGH

2.15: 1 THE MEAN FIDDLER J Hart (1-3 fav); **2 By Jove Grace** (18-1); **3 Sable Noir** (80-1). 8 ran. 3/4l; nk. J & S Quinn. T: £1.34; £1.02, £3.10, £9.80. Ex: £11.90. Trifecta: £150.90. CF: £10.84.

2.45: 1 FOREST BERRY L Morris (4-5 fav); **2 Astral Calling** (17-2); **3 Bluestone Lady** (7-1). 7 ran. 1l; 2 1/2l. Sir M Prescott. T: £1.80; £1.30, £3.40. Ex: £8.60. Trifecta: £31.10. CF: £8.08.

3.15: 1 RUNNINSONOFAGUN J Hart (9-4 fav); **2 Motawaared** (7-1); **3 Princess Niyla** (14-1). 11 ran. 3/4l; 1 1/4l. T Davidson. T: £3.25; £1.40, £2.80, £4.20. Ex: £19.40. Tricast: £192.89. Trifecta: £172.10. CF: £19.60.

3.45: 1 TWO COMMANDERS Oisin Orr (3-1); **2 Blakefell** (9-4 fav); **3 Velvet Rhythm** (13-2). 10 ran. nk; 1 1/4l. E Bethell. T: £4.30; £1.50, £1.20, £2.30. Ex: £13.30. Tricast: £41.68. Trifecta: £71.20. CF: £10.20.

4.15: 1 LADY BOUQUET K Stott (9-1); **2 Ski Angel** (12-1); **3 Gwen Tennyson** (11-1). 10 ran (Wee Mary 2-1 fav). 3/4l; 1l. P Kirby. T: £10; £2.70, £3.30, £3.60. Ex: £108.40. Tricast: £1236.35. Trifecta: £1030.90. CF: £114.90.

4.45: 1 MISEMERALD K Stott (3-1 fav); **2 Abu Royal** (16-1); **3 Thats My Boy Luke** (4-1). 13 ran. 3/4l; 3 1/4l. P Kirby. T: £4.40; £1.40, £4.20, £2.10. Ex: £56. Tricast: £212.59. Trifecta: £277.80. CF: £56.81.
JACKPOT: £4,215.60
PLACEPOT: £81.70. **QUADPOT:** £62.60

WINDSOR

Going: Good to firm-good in places

5.13: 1 SUNDAY GIRL K Shoemark (15-8); **2 Encore** (evens fav); **3 Cercis** (6-1). 5 ran. 4 1/4l; 4l. E Walker. T: £2.88; £1.20, £1.70. Ex: £4.40. Trifecta: £10. CF: £4.14.

5.48: 1 NAKILA SUN O Murphy (13-8); **2 Camarda Rc** (4-5 fav); **3 Aethelstan Gold** (22-1). 10 ran. 3 1/4l; nk. A Balding. T: £2.63; £1.10, £1.10, £2.80. Ex: £3.60. Trifecta: £21.40. CF: £3.19.

6.18: 1 CAPE FEAR O Murphy (2-1 fav); **2 Morcar** (11-1); **3 Tai Hang Pegasus** (10-3). 7 ran. 5 1/4l; 1l. A Balding. T: £3; £1.90, £4.50. Ex: £31. Trifecta: £119.60. CF: £25.16.

6.48: 1 ECCLEFECHAN J Mitchell (5-1); **2 Buckland Belle** (7-4 fav); **3 Berkshire Boom** (2-1). 6 ran. nk; 5l. J Ryan. T: £6; £2.30, £1.40. Ex: £14.70. Trifecta: £35.70. CF: £14.37.

7.18: 1 CAPE TORONADA Rossa Ryan (10-3); **2 Angel Summer** (12-1); **3 Beach Partee** (28-1). 9 ran (Molly Mac 11-8 fav). hd; 1 1/4l. A Carroll. T: £4.34; £1.10, £3.10, £5.70. Ex: £39. Tricast: £951. Trifecta: £389.70. CF: £39.53.

7.48: 1 FAUSTUS J Mitchell (9-2); **2 Darkened Edge** (7-1); **3 Dragon God** (11-2). 9 ran (Just Jump 11-10 fav). hd; 1 1/2l. R Cook & J Bridger. T: £5.50; £1.50, £2.20, £1.60. Ex: £24.10. Tricast: £178.07. Trifecta: £103.80. CF: £35.87.
PLACEPOT: £29.30. **QUADPOT:** £18.90

BALLINROBE

4.51: 1 COLLIERS QUAY T E O'Connor (11-2); **2 Minella Post** (5-2); **3 Coolishael** (8-15 fav). 15 ran. 1/4l; 2 1/4l. E McCarthy. T: £6.50; £1.30, £1.10, £1.10. Ex: £22.50. Trifecta: £34.40. CF: £22.57. NR: Don't Tell Paddy, Lexenna, Sankofa.

5.26: 1 OCEAN MURPHY D J O'Keeffe (5-2); **2 Houndsworth** (15-2); **3 Manoir De Mirande** (4-1). 5 ran (O'grady Cracker 6-5 fav). 2 1/4l; 7l. P J Rothwell. T: £3.50; £1.30, £2.40. Ex: £12.80. Trifecta: £43.50. CF: £19.03. NR: William F Browne.

6.00: 1 AMINA A Harvey (6-4 fav); **2 Ronnie's Rascal** (7-2); **3 I Dont Really Care** (28-1). 12 ran. 1 1/4l; 6 1/2l. J McConnell. T: £2.50; £1.10, £1.50, £5.30. Ex: £7.80. Trifecta: £123.10. CF: £7.85. NR: Cool Native.

6.30: 1 PRINCESS FELICIA Peter Smithers (3-1 fav); **2 Joshua Chamberlain** (9-1); **3 Fine Print** (16-1); **4 Gerrys Wish** (7-1). 16 ran. 2 1/2l; 3 1/4l. 1 1/4l. D H Kelly. T: €4; €1.20, €3, €3.90, €1.70. Ex: €28.10. Tricast: €416.25. Trifecta: €665.30. CF: €33.96. NR: But What About Me, St Anthonys Corner, Tantrum Boy.

7.00: 1 BUNTING D Mullins (10-11 fav); **2 Runcok** (8-1); **3 Addragoole** (5-4). 3 ran. 15l; 34l. W P Mullins. T: €1.91; Ex: €7.20. Trifecta: €3.60. CF: €5.76. NR: Bowensonfire, Jazzy Matty, Ma Jack's Hill.

7.30: 1 RUSTY HARKNESS D J O'Keeffe (5-2 jtfav); **2 Fou De Toi** (17-2); **3 Jolie Jewel** (10-3). 7 ran (Jeroboam Machin 5-2 jtfav). 1 1/2l; ns. H De Bromhead. T: €3.50; €1.80, €3.70. Ex: €33.30. Trifecta: €120.80. CF: €24.33. NR: Kevin's Pride, Mickie Angel.

8.00: 1 ELEGANTEMENTE Mr J L Gleeson (8-1); **2 She Was The One** (5-2); **3 Indoor Sport** (66-1). 11 ran (Zara's Dream 7-4 fav). 6l; 9l. H De Bromhead. T: €9; €2.30, €1.40, €2.80. Ex: €29.20. Trifecta: €927.70. CF: €29.31. NR: Ailbhes Gift.
PLACEPOT: €26.10

TEMPLEGATE
RACING'S NO1 TIPSTER STEVE MULLEN

Viking sets sail for Glory

VIKING GLORY is ready to pillage the bookies (4.00 Lingfield, nap).

This three-year-old joined James Owen at the start of the season and had been sprinting before stepping up to this 7f for the first time at Brighton latest. He relished every yard and clearly has more to offer now his favourite distance has been discovered.

SOUTH PARADE (4.45 Musselburgh, nb) had a bit in hand when winning at Ayr last time out. She has struck over this course and distance before and gets on well with today's 5lb claiming rider. There's still some juice left in her mark.

DIALSTONE (4.30 Lingfield, treble) was no match for a Godolphin blue blood when second at Kempton last time after going down in a photo on debut at Ffos Las. He has plenty of staying power for this trip and can strike.

★ TEMPLEGATE NAP
VIKING GLORY
4.00 Lingfield
Bit in hand winning at Brighton and can strike again over ideal distance.

★ TEMPLEGATE NB
SOUTH PARADE
4.45 Musselburgh
Game victory at Ayr last time and this course and distance suits.

★ TEMPLEGATE TREBLE
DIALSTONE
4.30 Lingfield
Has been a good second on both runs and can get off the mark.

You love racing. We love racing.

The Favourite. First past the post for colours, tips and form SEVEN DAYS A WEEK

Favourite WE'RE ALL YOU NEED, ALL THE TIME

BELLEWSTOWN

GOING: GOOD TO YIELDING

EAMONN HAMES
4.20..........Star Of Beauty
4.55.......... SUERTE (nap)
5.30......... Givehertilxmas
6.02... Bundle Of Interest
6.32............ Bit Of A Buzz
7.02................ Prairie Girl
7.32.................Kigalienne
8.02.............Catalani (nb)

TOM PEPPER
4.20................Karrygrant
4.55.....................Draiocht
5.30.........Medieval Night
6.02......... Goal Exceeded
6.32..................Annie Batt
7.02..........................Namiid
7.32...................Cosmetic
8.02...............Day Trader

■TIC-TAC: A left handed undulating sharp track of 9 furlongs with a 3f run-in and auphill finish. ■DRAW: Low best. ■LEADING TRAINER (2021-2026): J P O'Brien 20-74. ■TOP JOCKEY (2021-2026): C T Keane 24-125. ■LONGEST TRAVELLER: Hale Bopp (4.55), Monzoon (5.30), Think About It (5.30), Pillar Of Hope (6.02) trained at Donegal. Round trip of 260 miles. ■JACKPOT: 3-6. PLACEPOT: 1-6. ■LIVE ON RACING TV

4.20 IRISH STALLION FARMS EBF MEDIAN AUCTION MAIDEN; value to the winner €9,000; 1m. (15 runners)

1 (1) 0 **BRIGERBAD 32** R O'Sullivan 3-9-8....... **Siobhan Rutledge 70**
2 (3) 324 **CAMINO LAD 43 (B★;BF)** G Lyons 3-9-8....... **Colin Keane 97**
3 (12) **CAPTION THIS** J Nash 3-9-8....... **Robbie Colgan —**
4 (15) 3245323 **KARRYGRANT 13** J Murtagh 3-9-8....... **Ben Coen ●99**
5 (7) 408- **WILLOFTHEPEOPLE 319 (T★)** G Lyons 3-9-8....... **Gary Carroll 90**
6 (11) 0 **MISNEACH SILE 62** J McConnell 3-9-3....... **Jack Cleary (5) 71**
7 (5) 7 **MOSEL 37** J O'Brien 3-9-3....... **Dylan McMonagle 84**
8 (13) 0 **ORPHANINA 62** C Maxwell 3-9-3....... **James Ryan 70**
9 (14) 80 **PESHWARI NAN 179** J McConnell 3-9-3....... **Nicola Burns (5) 72**
10 (4) 000 **SALAMINA 7** J O'Brien 3-9-3....... **Shay Wallace (7) 70**
11 (6) 6502236 **STAR OF BEAUTY 31 (V)** K Condon 3-9-3....... **Billy Lee 98**
12 (9) 08 **SWEETIE TOO 22** B Duke 3-9-3....... **Rory Cleary 73**
13 (2) **TAX ME LATER** D McLoughlin 3-9-3....... **Nathan Crosse —**
14 (8) 00 **WHATSIN THE STARS 22** P Flynn 3-9-3....... **Leigh Roche 70**
15 (10) 00 **WOOLOONGABBA 38** J McConnell 3-9-3....... **Shane Foley 70**

BETTING: 2 Karrygrant, 3 Star Of Beauty, 4 Camino Lad, 7 Mosel, 10 Willofthepeople
WHERE FAVOURITES FINISHED: 1 1 7 1 1-2
2025: Touted Plan 3-9-3 C Keane 10-3 JtFav (Joseph G Murphy) drw 10, 14 ran.

4.55 PLOUGHMAN BAR & GRILL HANDICAP (DIV 1); value to the winner €6,000; 1m. (15 runners)

1 (5) -149317 **LAUNCH TIME 11 (V;D)** C Hughes 4-10-0....... **Colin Keane 98**
2 (12) 69-7006 **SUERTE 19** S Lavery 4-9-13....... **Robbie Colgan 95**
3 (15) 44550-8 **WEGOTOGETHER 101 (P★)** G Cromwell 4-9-13....... **Gary Carroll 86**
4 (13) 4123-00 **WELLWHATSHAPPENIN 19** E & P Harty 4-9-13....... **Jamie Powell 89**
5 (11) 49-2700 **DISTILLATE 148 (C)** A McGuinness 6-9-10....... **Adam Caffrey 85**
6 (6) 6800008 **HEART OF ETERNITY 9 (B)** D Hogan 4-9-9....... **Chris Hayes 74**
7 (16) 099 **PETTUS BRIDGE 28** D Foster 4-9-5....... **Ben Coen 79**
8 (8) 0000008 **LOHENGRIN 13** E Delany 6-9-2....... **Siobhan Rutledge 73**
9 (3) 8190-43 **DRAIOCHT 19 (H;D)** T O'Mara 6-9-0....... **Wayne Lordan ●99**
10 (4) 5-07547 **LA CAMPANELLA 13** G Keane 4-9-0....... **James Ryan 96**
11 (14) 8670078 **RAMPAGE 10 (D)** T McCourt 7-9-0....... **Sadhbh Tormey (7) 90**
12 (1) 008-8 **TULLYESKER 55 (P★)** D Kinsella 4-9-0....... **Rory Cleary 83**
13 (2) 0090060 **BANG PO 54 (D)** L McAteer 6-8-11....... **Jack Cleary (5) 86**
14 (9) 0667300 **HALE BOPP 75 (D)** P Sweeney 8-8-11....... **Patrick McGettigan (5) 91**
15 (10) 60-7980 **JAZZ DREAMERS 31 (P★;CD)** S Fahey 8-8-11....... **Shane Foley 88**
16 (7) 4265756 **BRAINS 5 (B;D)** R Donohoe 10-9-13....... **RESERVE 93**

BETTING: 3 Draiocht, 4 Launch Time, 6 La Campanella, 7 Suerte, 10 Wegotogether
WHERE FAVOURITES FINISHED: 5 4 4 1 2
2025: Sayfa Fad 4-9-2 Dylan McMonagle 10-1 (P W Flynn) drawn 4, 15 ran.

5.30 PLOUGHMAN BAR & GRILL HANDICAP (DIV 2); value to the winner €6,000; 1m. (15 runners)

1 (7) 09-8490 **ALBION POWER 60 (D)** K Clarke 5-10-2....... **Luke McAteer 83**
2 (15) 2606-03 **GIVEHERTILXMAS 56 (P★)** G Keane 4-10-2....... **Colin Keane 96**
3 (9) 0395170 **DINAMINE 9 (CD)** M Mulvany 8-10-1....... **Terry Casey (7) 91**
4 (5) 8304762 **MEDIEVAL NIGHT 13 (B)** D Hogan 4-10-1....... **Billy Lee ●99**
5 (13) 4777502 **PERFECT JUDGEMENT 13 (D)** P Murphy 5-10-1....... **Ronan Whelan 97**
6 (4) 0373604 **LAND OF THE GIANTS 13** A McGuinness 4-9-13....... **Adam Caffrey 93**
7 (8) 9-80570 **THINK ABOUT IT 20** T McGettigan 4-9-8....... **Dylan McMonagle 90**
8 (1) 150093/ **BRIGHT DICK 775 (D)** L Comer 6-9-7....... **Robbie Colgan —**
9 (6) 620-100 **MICASSO 19 (CD)** D Kinsella 4-9-7....... **Seamie Heffernan 87**
10 (14) 7809/99 **OITENTINHA 67** O McKiernan 4-9-2....... **Leigh Roche 79**
11 (10) 000- **CHANT D'OR 308 (B★)** D McLoughlin 4-9-1....... **Nathan Crosse 74**
12 (12) 00038-0 **SUNDAY SOVEREIGN 81 (CD)** G Kingston 9-9-1.. **Zoe McMullan (10) 81**
13 (11) 8006-42 **DUCHESS ANNE 31** D Foster 5-8-13....... **Ben Coen 98**
14 (2) 5750397 **MASTER GARVEY 10 (B;D)** J Murray 6-8-10....... **Declan McDonogh 92**
15 (3) /00900- **MONZOON 256 (D)** P Sweeney 9-8-10....... **Sadhbh Tormey (7) 71**

BETTING: 3 Givehertilxmas, 4 Perfect Judgement, Medieval Night, 5 Duchess Anne
WHERE FAVOURITES FINISHED: 4 2-9 3-6 5 1
2025: Dinamine 7-9-4 Wesley Joyce 11-2 Fav (M Mulvany) drawn 4, 15 ran.

6.02 GLEESON'S BAR, DROGHEDA, HOME OF RACING HCAP; value to the winner €18,000; 1m. (15 runners)

1 (18) 1-07534 **GLYNDWR 26 (D)** G O'Leary 4-10-0....... **Nicola Burns (5) 97**
2 (13) 4073604 **EXQUISITE ACCLAIM 13 (V;D)** A McGuinness 7-9-12....... **Sam Coen (5) 95**
3 (2) -203144 **GOAL EXCEEDED 16** A McGuinness 5-9-10....... **Adam Caffrey 95**
4 (17) 4062332 **ZARAAHMANDO 26 (D)** A Slattery 4-9-8....... **Andy Slattery 98**
5 (11) -800336 **ANVIKA 47** S Lavery 5-9-7....... **Robbie Colgan 94**
6 (7) -405093 **MOREHAMPTON 18** J Murtagh 3-9-7....... **Ben Coen 92**
7 (8) -880464 **PILLAR OF HOPE 24 (D)** P Sweeney 8-9-6....... **Patrick McGettigan (5) 90**
8 (16) 437-077 **BUNDLE OF INTEREST 9 (V)** W McCreery 4-9-4....... **Billy Lee 84**
9 (10) 323 **ELUSIVE PATH 41 (BF)** G Lyons 3-9-4....... **Colin Keane ●99**
10 (5) 0-99033 **FELIX SOMARY 23 (V)** J O'Donoghue 3-9-3....... **Rory Mulligan (5) 93**
11 (6) -694093 **SLIGHT OF FOOT 13** R Cody 3-9-1....... **Dylan McMonagle 97**
12 (1) 0906210 **RAPPELL 22 (B)** P Flynn 5-9-0....... **Rory Cleary 92**
13 (12) 507-06 **GOOFY GANDER 76 (H)** J Harrington 3-8-12....... **Shane Foley 87**
14 (9) 06-0131 **DREAM LEGEND 54 (CD)** E Delany 3-8-11....... **Leigh Roche 98**
15 (15) 3-79378 **GIRL BEAR 29** J Foley 3-8-10....... **Luke McAteer 90**
16 (14) 3125641 **COMFORT LINE 9 (V;D)** A McGuinness 9-8-13....... **RESERVE 95**
17 (4) 8138520 **GLORIOUSLY GLAM 24 (D)** C O'Connell 4-8-13....... **RESERVE 90**
18 (3) -084121 **REPONSE FINALE 10 (D)** G Cromwell 4-8-7....... **RESERVE 97**

BETTING: 7-2 Elusive Path, 9-2 Dream Legend, 6 Zaraahmando, 13-2 Morehampton
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

Sunracing FORM

ZARAAHMANDO (8-12) 5-1 led 1 1/2f out, headed last 50 yards, btn 1 3/4l by Cala Bonita (8-7) **GLYNDWR** (9-5) 16-1, kept on final furlong, 4th (btn 4 1/4l) **EXQUISITE ACCLAIM** (9-5) 50-1 no extra 2f out, last (btn) (13 ran) (Galway 1m hcap €12,000 yielding).
EXQUISITE ACCLAIM (9-11) 11-1 no extra, 4th of 7 (5l) to Lohoobb (9-0) (Gowran Park 7f hcap €15,000 good).
GOAL EXCEEDED (9-1) 12-1 tracked leaders, ridden 1f out, soon no extra, 4th of 10 (1 3/4l) to Kalir (9-3) (Curragh 1m hcap €18,000 good to firm).
ANVIKA (8-7) 18-1 never nearer, 6th of 11 (4l) to Thread Of Gold (8-9) (Leopardstown 1m 1f hcap €60,000 good).
MOREHAMPTON (9-7) 11-2 kept on well final 150 yards, 3rd of 12 (btn 1/2l) to Alfred Tennyson (9-12) **BUNDLE OF INTEREST** (9-7) 22-1 not clear run 1f out, not recover, 7th (btn 3 1/2l) (Gowran Park 7f hcap €9,000 good).
PILLAR OF HOPE (9-1) 12-1 tracked leaders, ridden 1f out, no extra, 4th of 16 (btn 3l) to Sir Jeremy (9-1) (Galway 1 1/2m hcap €10,800 yielding).
COMFORT LINE (9-6) 5-1 mid-division, kept on well to lead close home, bt Avec Grand Plaisir (9-2) nk **BUNDLE OF INTEREST** (10-1) 17-2 kept on final furlong, 7th (btn 1 1/2l) (13 ran) (Curragh 1m hcap €10,800 good).
ELUSIVE PATH (9-8) 6-4 fav tracked leader, ridden 2f out, kept on one pace, 3rd of 9 (btn 4 1/4l) to Kalir (9-8) (Killarney 1m mdn €9,000 good).
FELIX SOMARY (8-13) 9-1 kept on same pace inside final furlong, 3rd of 11 (btn 1 3/4l) to Blue Blue Moon (9-3) (Galway 1m hcap €10,800 yielding).
SLIGHT OF FOOT (9-2) 28-1 nearest finish, 3rd of 15 (1 1/2l) to Minaun View (8-11) (Gowran Park 1m €6,000 good).
RAPPELL (9-10) 5-1 no extra 1f out, 12th of 16 (btn 5 1/2l) to Zheleznaya Dama (9-0) (Naas 7f hcap €7,200 good).
GOOFY GANDER (9-4) 25-1 stayed on to dispute 1f out, no extra, 6th of 15 (btn 4l) to Java Wood (9-6) (Limerick 1m hcap €7,200 good to yielding).
DREAM LEGEND (9-10) 9-2 fav led 2f out, clear 1f out, kept on well, bt Cause I Like You (8-8) 5 1/2l (15 ran) (Bellewstown 1m hcap €6,000 good).
GIRL BEAR (9-4) 10-1 no impression 2f out, 8th of 15 (9l) to Dancing Saxon (10-0) **SLIGHT OF FOOT** (9-7) 50-1 no impression 2f out, 10th (btn 15l) (Galway 7f hcap €10,800 yielding).
GLORIOUSLY GLAM (9-11) 25-1 always towards rear, never a factor, 12th of 13 (well btn) to Faoladh (9-5) (Galway 7f hcap €10,200 yielding).
REPONSE FINALE (9-3) 6-4 fav in rear, led 100 yards out, kept on well, bt Roman Harry (9-11) 3/4l (14 ran) (Dundalk 1m hcap €6,000 AW).

6.32 IRISH EBF AUCTION SERIES MAIDEN; 2-y-o; value to the winner €15,000; 5f. (8 runners)

1 (7) 344432 **BIT OF A BUZZ 39** G Cromwell 9-5....... **Gary Carroll ●99**
2 (2) 0 **LION OF FORTUNE 9 (P★)** K Cotter 8-13....... **Rory Cleary 73**
3 (5) 236068 **BELLE ISLAND 32 (T★)** R Aguiar 8-12....... **Chris Hayes 90**
4 (1) 0U47 **BEST LOVE 11** E & P Harty 8-12....... **Jessica O'Gorman (7) 96**
5 (6) 00 **MAGNA FORTUNA 56 (H★)** P McEnery 8-10....... **Nathan Crosse 70**
6 (8) 20 **ANNIE BATT 45** A Slattery 8-8....... **Andy Slattery 93**
7 (4) 00 **SADIE ROSE 2** F Hand 8-8....... **Siobhan Rutledge 71**
8 (3) 65 **TANGO CLUB 20** J Fahey 8-8....... **Leigh Roche 97**

BETTING: 11-4 Bit Of A Buzz, 10-3 Tango Club, 7-2 Best Love, 6 Annie Batt, 7 Lion Of Fortune, 8 Belle Island, 16 Magna Fortuna, 20 Sadie Rose
WHERE FAVOURITES FINISHED: 2 3 4
2025: Methodtomy Madness 9-1 Shane Foley 20-1 (D Murphy) drw 4, 13 ran.

7.02 GIBNEY'S OF GORMANSTOWN HANDICAP; value to the winner €9,000; 5f. (11 runners)

1 (3) 4-31423 **NAMIID 38 (D)** J Murtagh 3-10-3....... **Patrick McGettigan (5) ●99**
2 (1) 1D-1104 **PRAIRIE GIRL 16 (D)** D Murphy 4-10-3....... **Terry Casey (7) 92**
3 (11) 5179435 **CUBAN GREY 10 (D)** P McKenna 6-9-13....... **Luke McAteer 96**
4 (5) 21-2354 **BAD BOY RIZZ 34 (D)** R O'Sullivan 3-9-11....... **Shane Foley 97**
5 (2) 1602030 **SMOKE THEM OUT 22** T McCourt 4-9-8....... **Sadhbh Tormey (7) 94**
6 (4) 1-31560 **BUDDY BATT 58 (CD)** T Collins 5-9-7....... **Ronan Whelan 88**
7 (7) 7060621 **HARRY'S HILL 9 (CD)** M Hassett 8-9-7....... **Paddy Harnett (3) 98**
8 (6) 3453540 **TREASURED ROYAL 3** G Cromwell 3-9-3....... **Reese Holohan (7) 89**
9 (8) 3313159 **HAPPY HENRY 9 (BF,CD)** W McCreery 5-9-0....... **Leigh Roche 95**
10 (9) 02-0409 **ASDANA 79 (D)** W McCreery 4-8-9....... **Megan Telford-Kelly (7) 89**
11 (10) -441427 **BYE BYE NOW 39 (BF,D)** J McConnell 4-8-8....... **Siobhan Rutledge 92**

BETTING: 3 Harry's Hill, 7-2 Namiid, 11-2 Prairie Girl, 13-2 Bad Boy Rizz, Cuban Grey, 10 Happy Henry, 12 Treasured Royal, 14 Buddy Batt, Asdana
WHERE FAVOURITES FINISHED: 1 2 6 1-0 6
2025: Escaping Thejungle 5-9-7 Colin Keane 7-1 (E D Delany) drawn 5, 9 ran.

7.32 DOLLY'S BAR & PANTRY FILLIES MAIDEN; value to the winner €7,200; 1m 4f. (11 runners)

1 (1) 84 **FRAHER FIELD 12** J & T Kiely 6-9-12....... **Billy Lee 90**
2 (2) **HELEN'S BLAZE** H Rogers 4-9-12....... **Declan McDonogh —**
3 (10) 0- **NUGENTSTOWN SUE 272** H Finegan 7-9-12....... **Nicola Burns (5) 70**
4 (4) 28 **PAMPAR LADY 25** G Cromwell 7-9-12....... **Gary Carroll 91**
5 (3) 95-34 **SHEMIYKA 20 (V;BF)** M O'Callaghan 4-9-12....... **Colin Keane 96**
6 (6) 97-5524 **COSMETIC 25 (BF)** A P O'Brien 3-9-3....... **Wayne Lordan 98**
7 (8) **KIGALIENNE** J Harrington 3-9-3....... **Shane Foley —**
8 (5) 542 **MAWHIBAH 10 (BF)** J O'Brien 3-9-3....... **Dylan McMonagle 97**
9 (7) 85 **OCEAN FIRE 25** R Cody 3-9-3....... **Ben Coen 88**
10 (11) 0 **VENTRILOQUIST 82** J McConnell 3-9-3....... **Siobhan Rutledge 70**
11 (9) 432 **ZADAWA 11 (H)** D Weld 3-9-3....... **Chris Hayes ●99**

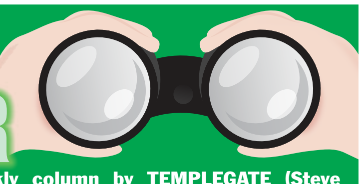
BETTING: 11-4 Zadawa, 10-3 Cosmetic, 7-2 Mawhibah, 13-2 Shemiyka, 8 Pampar Lady, 10 Kigalienne, 12 Fraher Field, 14 Ocean Fire
WHERE FAVOURITES FINISHED: 1 1 4 3 3-9
2025: Stellar Quality 3-9-3 Shane Foley 7-2 (J Harrington) drawn 9, 10 ran.

8.02 GIBNEY'S OF MALAHIDE (Q.R.) HANDICAP; value to the winner €9,000; 2m 1f 110yds. (11 runners)

1 (9) 424/65- **BALTIC BIRD J25 (V)** W Durkan 7-12-2....... **Ms K Ryan (7) 96**
2 (4) 51-8681 **BOXING GREAT 19** K Thornton 6-11-11....... **Mr P Cawley (7) ●99**
3 (10) 8339-32 **FRIARY ROAD 33** T Walsh 6-11-9....... **Mr L Shanahan (7) 97**
4 (8) 07296 **KIMY 12** T Mullins 6-11-9....... **Mr C Mullins (7) 95**
5 (6) 440730- **JERANDME J103 (D)** E & P Harty 12-11-8....... **Mr P Smullen (7) 94**
6 (11) 48/23-3 **SEQUOIASPIRIT J24** R Hackett 9-11-8....... **Mr L Hackett (7) 92**
7 (7) 44493 **CATALANI 19** J Foley 7-11-7....... **Mr B Stone (7) 94**
8 (5) /06-002 **DAY TRADER 26** A Martin 5-11-7....... **Mr F Maguire 97**
9 (1) -833102 **COOLEY'S MIST 5** H Rogers 4-11-2....... **Mr H Swan 98**
10 (2) -098032 **MISS GITANA 10** J Murray 5-11-2....... **Mr J Martin (7) 93**
11 (3) 1264/54 **LIBERATED LIGHT 18** J & T Kiely 7-11-1....... **Mr J Gleeson 88**

BETTING: 9-4 Boxing Great, 6 Cooley's Mist, 13-2 Day Trader, 15-2 Friary Road, Sequoiaspirit, Catalani, 8 Miss Gitana, 12 Kimy, Liberated Light
WHERE FAVOURITES FINISHED: 2 4 2 7 4
2025: Zanahiyr 8-11-2 J H Williamson 11-4 (G Elliott) drawn 7, 8 ran.

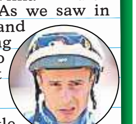
THE EYE CATCHER



WELCOME to this weekly column by TEMPLEGATE (Steve Mullen) where he pinpoints horses to follow from the past week or two and takes a first look at big races to come. Let's give the bookies a right good kicking!

VALEDICTORY (York, Wednesday)

THE Gosdens' four-year-old was kept out the back by William Buick (*right*) despite a sedate early pace in the Stayers Handicap. As we saw in many races over the week, it paid to be close to the pace and it took Valedictory a little while to get going. Once motoring he ran on to finish seventh and I'd say he did stay the two miles. The grind of something like the Cesarewitch might suit and the 20-1 on offer isn't bad each-way.



OLD IS GOLD (York, Wednesday)

ANDREW Balding had a stellar Ebor week but he had little luck with this three-year-old who got stuck in traffic in this sprint. He improved for the first-time visor and got closer as the race went on, so a crack over 6f would be a good idea.

SATELLITE OF LOVE (York, Thursday)

CLIVE Cox's (*left*) youngster didn't enjoy these most testing conditions he's faced and did well enough to box on for fifth. He did have to weave his way past a wall of horses too which didn't help but the ground was clearly his undoing. There are other valuable sales races to come this season and he can figure on quicker going.

SUMMERSON (York, Thursday)

ROGER Varian's (*right*) Kingman filly ruined her chance in the Sir Henry Cecil Stakes with a dozy start. That meant she was always playing catch-up and had to come round the field to challenge. She finished well for fourth and does look up to this standard – or a decent handicap – if starting better.

EKLLEEM (York, Friday)

THERE was 20-1 on offer for the Cambridgeshire after this excellent second in the mile heritage handicap and it's surprisingly still there in a place or two. He went through what was now tacky ground nicely and, while he was no match for the excellent Blue Courvoisier, there was a good gap to the third home. The extra furlong at HQ would be a plus.

WHO'S LOPE (York, Saturday)

NICOLA Currie (*left*) had a tough job settling this strapping Lope De Vega gelding in the Melrose so it was a promising sign that he stayed on strongly into third. Stepping up to two miles would be a smart move and he's got a lot more improvement in him as a stayer.

GREYHOUNDS TIPS AND RETURNS

SELECTIONS

■SHEFFIELD: 11.01 Slippy Daniel (nap) (6-3-5) 11.18 Rowington Rebel (2-6-5) 11.34 Olwinn Win (3-2-1) 11.52 Drumdoit Juniper (nb) (5-3-4) 12.09 Gwladys Queen (1-6-3) 12.26 Drumdoit Belle (5-6-2) 12.42 Shelone Sky (2-3-4) 12.59 Wholovesye (1-5-4) 1.17 Queen Farrah (5-4-1) 1.33 Fugazi (2-6-5) 1.51 Fakebook Zombie (6-4-1) 2.07 Thats Mikeys (1-3-5)
■ROMFORD: 2.23 Pharis Cashout (1-2-6) 2.41 Moaning Dolly (6-2-5) 3.01 Luminous Flyer (2-6-4) 3.19 Bubbly Fury (nap) (1-2-3) 3.38 Hams Twin Turbo (4-3-2) 3.57 Ballybeg Robin (5-1-6) 4.16 Jan Jan (4-6-2) 4.34 Aminutetooten (1-6-4) 4.53 Innfield Melody (nb) (4-1-3) 5.12 Holding Lizzy (2-5-1) 5.31 Hollywood Topcat (6-4-5) 5.49 Louises Summer (6-5-4)
■MONMORE: 2.31 Bangon Mrs Clock (nb) (3-6-1) 2.49 Longacres Brett (nap) (3-1-6) 3.09 Mystical Cash (2-5-6) 3.27 Jayavakno (1-2-6) 3.47 Catchem Flawless (5-4-2) 4.04 Longacres Creed (6-1-3) 4.24 Aurora Sky (5-4-6) 4.42 Get In Line (3-4-6) 5.01 Aero Benny (4-3-5) 5.19 Millview Mags (3-6-5) 5.37 Ballybough Mikey (5-3-1) 5.57 Skylars Vision (5-3-1)
■CENTRAL PARK: 6.14 Westwood Gracie (1-5-4) 6.31 Savana Mai (5-6-4) 6.48 Swift Dallas (5-2-1) 7.06 Baggios Diva (5-2-6) 7.22 Havana Jetstream (3-1-2) 7.39 Ferryforth Bluey (nap) (2-6-1) 7.56 Knockroe Lucy (5-4-1) 8.13 Hollyhill Melody (6-4-5) 8.31 Harlequin Missy (nb) (6-2-1) 8.47 My Jaspie (3-5-6) 9.04 Swift Youth (1-6-2) 9.23 Speedy Uso (3-5-1)
■SUNDERLAND: 6.37 Crokers Derek (1-2-3) 6.53 Roaming Ariana (2-3-5) 7.11 Burkos Criminal (5-1-3) 7.27 Crossfield Conni (nb) (6-2-1) 7.44 Rosstemple Ben (3-4-2) 8.01 Thors Hope (nap) (6-5-2) 8.19 Dairyland Maeve (3-2-6) 8.36 Distant Barbie (4-6-3) 8.54 Cape Quest (6-3-2) 9.11 Hollyhill Tommy (5-1-4) 9.28 Cloncunny Black (6-3-2) 9.46 Black Rikke (2-3-5)

RETURNS

■DUNSTALL PARK: 11.01 Headford Minella 5-2 (4-3-2 BAGS F £5.63). 11.18 Porthall Tess 5-2 (6-4-5 £9.79 TC £27.35). 11.34 Knock Voodoo 8-1 (6-4-1 £70.55 TC £168.93). 11.52 Malaika Queen 7-1 (3-2-4 £28.31 TC £104.99). 12.09 Swift Faelhem 11-4 (4-6-5 £10.26 TC £58.18). 12.26 Zip Away 6-1 (3-2-1 £26.15 TC £89.24). 12.42 Brosna Lenson 5-1 (3-6-2 £21.77). 12.59 Attitude 6-4jt (3-6-4 £4.36 TC £9.92). 1.17 Churchfield Cody 6-1 (2-5-4 £25.26). 1.33 Flush Seskin 9-2 (1-4-5 £22.09 TC £74.19). 1.51 Swift Vein 7-4f (3-2-4 £15.18 TC £63.24). 2.07 Tommys Ina 2-1 (1-3-2 £7.13).
■ROMFORD: 11.09 Allowdale Chloe 5-1 (1-2-3 BAGS F £18.07 TC £43.46). 11.27 Emers Marnie 4-1 (2-6-1 £26.05 TC £60.15). 11.43 Harley Hitch 5-1 (5-6-1 £34.23). 12.01 Biscuit Dunker 6-1 (6-1-3 £33.06). 12.18 College Twain 9-4jt (1-4-5 £10.37). 12.34 Potentia Forever 11-4 (2-3-1 £19.55). 12.51 Sparkling Katie 11-4 (1-4-5 £10.96 TC £23.74). 1.08 Hasty Halley 11-10f (1-4-3 £3.81). 1.26 Back To Front 7-1 (1-4-3 £33.10). 1.42 Newtown Champ 5-2 (3-1-2 £9.31). 1.59 Toems Jess 2-1f (1-3-2 £10.08). 2.14 Bingo Tina 2-1f (1-6-3 £11.92 TC £42.24).
■MONMORE: 2.23 Bogger Una 5-1 (1-2-4 BAGS F £18.03 TC £36.46). 2.41 Vixons Eggshell 15-8f (1-6-3 £40.26 TC £126.37). 3.01 Final Episode 4-1 (4-6-3 £15.94). 3.19 Tromora Diamond 10-3 (4-3-2 £13.51 TC £42.06). 3.38 Ropewalk Star 9-4jt (2-5-1 £9.87 TC £22.12). 3.57 Downmexicoway 3-1 (4-3-6 £11.36 TC £37.49). 4.16 Kurious George 4-6f (6-5-3 £11.82 TC £36.31). 4.34 Emers Julie 5-4f (1-2-5 £28.67 TC £94.93). 4.53 Flyaway Lizzie 5-6f (1-4-2 £6.09 TC £24.76). 5.12 Vixons Cruise 15-8 (2-4-3 £17.07). 5.31 Like Lightning 6-1 (6-2- £30.19).

PRO BETS

EYECATCHER: LAURALYNN (2.45 Musselburgh) was a solid third at Carlisle and looks capable of going close again.
SUPER SPEED: AMBER
HAMUR (3.15 Musselburgh) clocked a fast time when winning at Ripon last time.
GAMBLED ON: MI SUENO (6.45 Stratford) was backed into 2-1 before coming second in a similar race to this at Newton Abbot on his last outing.